

## Astrological color of the day

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I was recently introduced to the fact that, in some cultures, the days of the week have associated color, and that one might take this into account when choosing what to wear, to eat or drink. I searched it and found an explanation. This is the color of weekdays, as defined by Ayurveda, an ancient system of health care originating from the Indian continent.

Monday: Rule of The Lord Shiva on Monday. White is the color for Monday and therefore wearing a white dress and keeping white flowers at home is recommended on Mondays. This is a good day for men who seek help from women and to make new friends. Eating honey and cucumbers on Monday is likely to produce good results. Tuesday: Red is the most suitable color for Tuesday, wearing red clothing and keeping red flowers at home on the day may prove good. Men will be brave on that day and Tuesday is the most suitable day to solve old problems with the police and army. Administrative and hardworking work is to be carried out on Tuesday. Wednesday: Ruled by Mercury, today is best suited for activities involving faculties of brain, banking, finance, crop and grain trading and wealth acquisition. Wednesday is ideal for romance. All activities requiring brain input and intellectual faculty are recommended on Wednesday. (...) Today it is ideal to plant trees, because green is the color of the day. Keeping the greenery at home, wearing green clothes and eating beans and gota mungdal on Wednesday will ensure a good effect. Thursday: Although traveling is almost taboo on Thursdays, efforts to retrieve wealth and missing articles are expected to succeed if made on Thursday. Thursday is an excellent day to join any educational institution or to begin an academic pursuit; such activities should be carried out in the first half of the day. (...) Wearing yellow or off-white clothing, storing yellow or off-white flowers at home and eating arhar dal, papaya and rice with ghee on Thursday can bring good results. Friday: Shukra (Venus) and Bhubaneswari Devi rule Friday and promise success, especially to women. Happiness seeps into the day. The flower of friendship and easy profit is the natural event of the day. Best suited for the purchase of new vehicles, Friday is also a good day for the medical treatment of serious diseases, because the healing energy is most active on the day. This is the day to buy jewelry, precious stones, ornaments and a new home. (...) A very bright blue or white is the color of the day. Saturday: If you're besieged by a nag of legal issues that can be minimized, launch an effort to resolve the issue on Saturday. Any work that starts in the first half on Saturday carries a high chance of success, anyone who lived a pious lifestyle on the day, bereft of luxury, ate sesame seed paste and roasted black keep purple flowers at home and wear black clothing, will likely receive success and blessings from Shani or Saturn. Sunday: An excellent day to travel, Sunday is also a very conducive day to resolving old disputes. Sunday, being a day for celebration, is the most suitable day to feed and entertain friends and family. (...) If someone wears pink or maroon clothing on Sundays one can make friends easily and will improve one's personality. This is the most suitable day to start discussions and negotiations about new projects with government officials. (via Let's double check out another page: Monday: Monday is for the month. The main color is milky white. Other colors are shades of white or pale blue, green and pink. Tuesday: Tuesday represents Mars. The main color is bright red. Other colors are jet black and bright shades of orange and pink. Wednesday: Wednesday represents Mercury. The main color is green, especially pear green. Other colors are neutral or light tones of blue, gray and brown. Thursday: Thursday is Jupiter day. The main color is yellow. Orange, gold and bright colors in general are always appropriate on Thursdays. Friday: Friday belongs to Venus, the planet of beauty. The main color is luminous white, which contains all colors. Saturday: Saturday belongs to Saturn. The main color is black or dark blue. Sunday: Sunday represents the sun. The main colors are gold and brown, but bright colors such as red, yellow or orange correspond. Color of the day redirects here. For the signal method used by the undercover police, see Color of the day (police). According to ancient customs in Thailand, there is an astrological rule (which has the influence of Hindu mythology) that sets the color for every day of the week based on the color of God protecting the day or Navagraha. [1]:22 For example, the Sunday God is surya which has a red color. Today's colors are traditional Thai birthday colors. When King Bhumibol and his son were born on Monday, Thailand was decorated in yellow on their birthday. Thais often wear clothes that match the color of the day. Color of the Day[2][3] Pesky color[citation needed] Celestial Body Deity Sunday Sun Blue Red Sun Monday Yellow or Chandra Red Moon Cream Tuesday Pink Yellow and White Mars Man gala Wednesday (Day) Green Red Mercury Budha Wednesday (Night) Grey Orange-Red Rahu Thursday Orange or Brown Purple Jupiter Brihaspati Friday Light Blue Dark Blue or Black Venus Shukra Saturday Purple or Black Green Saturn Shani See also Thai solar calendar Royal Flags of Thailand References ^ Lee, Tien-Rein (December 2013). The color we use in Sehari-hari -berkomunikasi dengan warna - (PDF). SilkWorm Book. ISBN 9781628400083. ^ Travel in numbers and colors: Wear pink for good luck on Tuesdays. Independent. 2015-06-02. Retrieved 2017-05-20. Obtained from Tuesday Ruler: Mars Color: Red Stone: Red Coral, Carnelian Qualities: The fiery planet Mars gives us our spirit and energy. Due to its vibrant side, Mars is traditionally considered a malefic planet (having an unfavorable influence). Jyotish advises avoiding Tuesdays for travel, weddings, conceptions, or negotiations. But, because aggression is rampant in the martian days, this is a great time to pursue athletic efforts and competition. Mars is considered an engineer, so it's also a good day for math or research. Honor and proper intent are very important themes to consider on Tuesday. What to wear: Similar to Sunday, Tuesday also requires a flaming red. Red corals are recommended as rocks to calm Mars. If you tend to have a preponderance pitta (fire) dosha in your constitution, a necklace made of red coral can help soothe it. Wednesday Rulers: Mercury Color: Green Stones: Emerald, Aquamarine, Green Tourmaline, Peridot Qualities: Mercury's brain planet is known for its lightning-fast intelligence, excitement, and child-like energy. The planet rules communication, education, and commerce. Wednesday is a day to take care of the mind and take care of yourself. What to wear: Mercury is represented by green, so wear something green on Wednesday, be it a piece of jewelry with emeralds or a pair of your favorite Chuck Taylors. Thursday Ruler: Jupiter Color: Yellow Stone: Yellow Sapphire, Amber, Topaz. Citrine Qualities: Jupiter, planet abundance and luck, rules Thursday. This is a planet of kindness and generosity; thus, service actions and donating your time are considered profitable on Thursdays. Like the Moon, Jupiter is a social planet, and Thursday is best spent in the company of loved ones. What to wear: Hoping to bring more abundance and luck into your life? Find something yellow to wear on Thursday. I have an amber ring that I use as my default Jupiter day accessory. Friday Rulers: Venus Color: Pinks, White, Light Purple Stone: Diamond, White Sapphire Qualities: Lovely Venus is a planet of art, so this is the best day to explore all aspects of art. Get creative and take advantage of your inner rock stars. Fun Venus can look like making music, dancing, or drawing. Friday is also perfect for romance, as Venus divine feminine planet, very connected to love. What to wear: Similar to Monday, Venus and the Moon are both represented by whites. Often, I'll tuck some pink or light purple into my ensemble on Friday. Why we feel gloomier on Monday (the day of the month) or past another Wednesday? Mercury represents Wednesday - by not speaking our truth and living our passions could we not tune into the beauty of our environment? Shouldn't we feel excited at the beginning of the week and happy to be alive on Wednesday? With Venus the planet LOVE represents Friday are there more to be happy on this day than the prospect of another looming weekend? Through the ancient practice of Vedic Astrology, which is over 5,000 years old and Feng Shui – balancing the earth, fire, air and water we can bring more abundance, luck and good 'chi' life force energy into our lives by working on the colors assigned to each day. Feng Shui isn't just about your house it's also about you. Everything is energy. Color plays a big role in our lives. Color can make us feel happy, attractive, excited and strong or tired and painful. Think about it. In the US, inmates in state prisons must wear pink that reduces fighting inside inmates. The red car had more accidents. In the western world, brides wear white clothes for purity. The funeral was attended in black - ruled by Saturn. You and me – we all have extra lucky days, once a week actually on the day our astrology is born. Thursday's mine is ruled by Jupiter, the color for Jupiter is yellow and gold. Jupiter represents sport, teaching, and spiritual pursuit – when I express this energy, I feel so amazing actually and in my element. Recently on my extra lucky day Thursday, representing Jupiter I wore a yellow dress and embraced the associated energy (more on that below). I received compliments from strangers, neighbors and friends. New ideas came for my business, I felt empowered to release some outdated patterns. My dog even looks like he's smiling. I'm energized. Short on a colorful wardrobe or just not wearing yellow on Thursday? Other ways to embrace daily astrological colors include buying blue or whiteish flowers on Mondays represented by the moon. Underwear or a piece of clothing representing the astrological colors of the planet, or jewelry such as jade green on Wednesdays, is represented by Mercury. With different currencies, time zones and languages around the world can you imagine if we also had a different day of the week? That could be almost the case with West Africa wanting a four-day week and China 15 days. Back in 1929 the Soviet Union did try a six-day week that didn't really work. Wondering how our seven-day week came about? This We're beautiful... Unlike years and moons, which correspond to the earth's movement around the sun and moon around the earth, our week has no astronomical similarities. Seven days is roughly the same length of the moon phase (approx. 7.4 days) but the recording time falls apart as additional hours accumulate. Officially adopted by the Emperor Emperor in A.D. 321, a seven-day week running back thousands of years began with the first civilization of the Middle East. Mesopotamian astrologers point to one day for each of the seven most prominent planets in the sky—the Sun, moon, and five main planets visible to the naked eye. And this is where weekday astrology is born. In 1929 the Soviet Union embraced colour for a week for 11 years - for different reasons though. Here's a bit of amazing world history thanks to the Old Farmers Almanac... The Jews also adopted a seven-day cycle, based on the time it took God to create the universe as reported in Genesis. The new wrinkle of their week is the Sabbath, the day set aside to rest. This is the first time culture has found holidays that occur regularly, unrelated to natural phenomena. The Romans adopted a different week for business reasons; they think of a week as 8 days between market days. West Africans prefer a four-day market cycle. In Assyria, 6 days is the rule; in Egypt, 10; in China, 15. The ancient Germans used a five-day cycle named for their main deity which is how our week finally honored Norse gods such as Tiw (Tuesday), Odin (Wednesday), Thor (Thursday), and Frigga (Friday). Our word of the week probably comes from the Old Norse word vikja, which means to turn around. Sundays and Mondays, in honor of the Sun and Moon. Revolutionary atheists tried, unsuccessfully, to get rid of the seven-day week. In 1793 the leaders of the French Revolution produced a new calendar divided into three decades and ten days. It was never caught, and Napoleon left it in 1805. In 1929 the Soviet Union tried five days a week, with one day of rest. Instead of the name of the traditional day, the days are colored: yellow, orange, red, purple, and green. To keep mass production running, every Soviet citizen was given a different rest day, so that a husband might have a yellow holiday and a wife on a green day. Due to mass confusion, the plan was revised in 1932 to a six-day week, with numbers replacing colors. In 1940, Russia returned to a familiar seven-day cycle like the rest of the world. Someone always tries to come up with something better! I've put together a list of weekday astrological colors for you to explore. Think about the color and energy it holds for the day with the intention of bringing prosperity and luck to your life. How does this color and its energy make you feel? E.g., Mars represents Tuesday, in passionate reds and oranges. Wear this color and focus on something you want to inspire in your life. Maybe you have to the habit of wearing clothes keeps you in your 'comfort zone'. Out of your old routine and mindset you can be evenly distributed in transformation, more balanced energy, living in that moment of course align with the energy of the planet! Sunday - solis sun day ~ Latin (Sun) Color ~ Red and Orange Today you can celebrate the day of the sun in all its glory – even if it is cloudy and rainy because it will only bring a big rainbow. Visualize the reds and oranges that move through your body and around your heart. Wear deep reds, oranges, and magentas to bring creativity and passion to your world. Flowers: roses, carnations or tiger lilies. Foods include turmeric, tomatoes, chili, oranges and pomegranates. Monday - day of the month Lunae ~ Latin (Moon) Color ~ White, Blue, Silver and Gray Embrace the day of the moon, by taking the time to nourish your soul. The moon represents motherhood, water, sleep, intuition and emotion. Visualize white, blue, and silver descending through your crown chakra. Wear white, blue, gray and silver to enhance your spirituality and emotional connection. Flowers: lotus, jasmine and lilies. Meals include yogurt, rice, potatoes, mushrooms and fish. Tuesday Martis ~ Latin (Mars) Tiw (Anglo-Saxon god of war, equivalent to Norse Tyr or Roman Mars) Color ~ Red and In Orange Mars rules our energy, drive and how we move forward in life. To bring more creativity and desire to the world you visualize red through the soul of your feet then the basic chakra, moving through your heart and crown chakra. Red is also protective and grounding. Wear red for good luck, to help achieve your goals and bring fire to your desires. Flowers: red roses, marigolds, chrysanthemums and poppies. Foods include red lentils, cherries, apples, pomegranates, chili, turmeric, tomatoes and onions. Wednesday Mercurii ~ Latin (Mercury) Woden (the Anglo-Saxon equivalent of Norse Odin or Roman Mercury) Color ~ Green and Olive Mercury rules Wednesday. In Mercury astrology also the intellectual rules that ever changed the sign of Gemini. Write, communicate, do something fun, explore your vocabulary or spend time in nature. Change your routine. Green encouraged new views and supported decision-making. It brings hope, harmony and regeneration. Visualize green healing energy through your body. Wear green to bring prosperity and transformation to your life. Flowers: green daisies, chrysanthemums and carnations. Green foods include mint, sage, zucchini, lettuce, spinach, avocado and broccoli. Thursday Jovis ~ Latin (Jupiter) Thor (norse lightning god, equivalent to Roman Jupiter) Color ~ Yellow, Gold and Brown Jupiter verdict Thursday known as the lucky planet. Jupiter represents religious activities, learning new skills, teaching and sports. Focus on yellow and gold for happiness, clarity and knowledge. It also balances the sun's plexus and supports breaking habits. Wear yellow, gold or be happy to let go and increase your confidence. Flowers: Sunflowers and chrysoms. Yellow Yellow including pineapple, grapefruit, sweet potato, pumpkin, lemon, and corn. Friday Veneris ~ Latin (Venus) Frigg (norse god of love and fertility, equivalent to Roman Venus) Color ~ Pink, White, Cream, Venus Red planet rules of love Friday. Venus rules the love you give and receive, relationships, partnerships, sex, marriage and beauty. Focus on pink, white and cream to inspire love in ourselves and for others. Venus and pink and white tenderness bring compassion and kindness and healing. Wear pink, white, cream or red to evoke the love of your life and simplicity. Flowers: roses, dahlias, carnations, jasmine, lilies and tulips. Pink and white foods include: berries, raspberries, coconuts, strawberries, and almonds. Saturday Saturn ~ Latin (Saturn) (Saturn, Roman agricultural god) Color ~ Black, Navy, Dark Blues and Violet Saturn - Saturn-day inspires growth through overcoming obstacles. The black represented by Saturn is protective and mystical. Focus on releasing what no longer serves you today with gratitude. Wearing a black toumaline today can help bring further shield energy to move forward in your life easily. Wear black, navy, purple and grey to inspire our life force connections. Flowers: Lavender, hyacinth, bellflower and blue slices. Meals include: blackberries, grapes, eggplant, blueberries, olives and dark chocolate. I want to hear how weekday astrological colors inspire you. Find out your extra lucky day (the day you were born) here &gt;&gt; &gt;&gt;

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