

LEARNING at HOME

by CHILD CARE RESOURCES INC.

INFANTS PLAYLIST

A multi-sensory family plan for teaching the whole child. For infants, we recommend spending up to 30 minutes total per day on these activities (between 5 and 10 minutes on each activity), depending on your child's interest and developmental level.

WEEK E	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Good Morning	Are You Ready for a Change?	Mobiles	Book Time – Find a cozy place and read!	Wheels on the Bus	Are You Ready for a Change?
Good Afternoon	Meals, Meals, Meals	Flashlight Tummy Time	I Can Hear You – Megaphones	Meals, Meals, Meals	Flashlight Tummy Time
Good Night	Flashlight Tracking	Naptime Routines	Baby Massage	Sticky Ball	Grasp and Grab