
*Rosary decade: 5th Sorrowful Mystery
The Crucifixion And Jesus cried out
in a loud voice saying, 'Father, into
Your hands I commit My Spirit.' With
these words He breathed His last. Luke
23:46*

Soul of my Saviour sanctify my breast,
Body of Christ, be thou my saving guest,
Blood of my Savior, bathe me in thy tide,
wash me with waters gushing from thy
side.

Strength & protection may thy passion
be,
O blessèd Jesus, hear and answer me;
deep in thy wounds Lord hide& shelter
me
so shall I never, never part from thee.

Guard and defend me from the foe
malign,
in death's dread moments make me only
thine;
call me and bid me come to thee on high
where I may praise thee with thy saints
for ay.

Personal questions to take away.
Is the Mass the centre of my day?
Would I like it to be?



La mia autostrada per il Cielo DVD produced by the Vatican. It has an English translation button. This was released in 2016 when Carlo's cause was transferred to Rome. It remains a wonderful resource.



Blessed Alexandrina Maria da Costa
The Exhibition also contains Panels of Holy men and women who have had an extraordinary relationship with the Holy Eucharist. One of these is Blessed Alexandrina. Do search out her Panel. Having become paralysed, due to a fall, she compared being immobile in her body to Jesus being a prisoner in the Tabernacle. She wanted to bring Christ joy by her fervent love for Him. For the last 13 years of her life Alexandrina consumed nothing but the Holy Eucharist.



Abide in Me Session 2
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Life as the
Beloved Disciple
Part 2

Abide in Me
Session 2

Calvary and the Mass

*Standing with John and
Mary at the foot of the
Cross.*



Buenos Aires, 1996

Initial questions

Is there anything you would like to share about your response to the last meeting, or Panels that you have looked at since?

Dr Zugibe, an eminent cardiologist and forensic pathologist was asked to blind test a sample from the series of Eucharistic Miracles that occurred in **Buenos Aires** in the 1990s.

He became troubled. He found white blood cells, as well as evidence that the person from whom the sample had been taken had been tortured, probably with blows above the chest. The significance of the white blood cells is that these die 15 minutes after leaving the body. Was the sample taken from a living heart, moreover someone who was experiencing torture? Dr Zugibe was both relieved and astounded to learn that his sample was taken from a Eucharistic Host.

John 19: 25-30

Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, "Woman, here is your son." Then he said to the disciple, "Here is your mother." And from that hour the disciple took her into his own home.

After this, when Jesus knew that all was now finished, he said (in order to fulfil the scripture), "I am thirsty." A jar full of sour wine was standing there. So they put a sponge full of the wine on a branch of hyssop and held it to his mouth. When Jesus had received the wine, he said, "It is finished." Then he bowed his head and gave up his spirit.

Questions. Have you ever considered that when you go to Mass, you can be like Saint John, the Beloved Disciple at the foot of the Cross? Does Jesus' suffering out of love for each one of us, move you? Do you offer up your suffering, during Mass, in union with Christ's suffering for the redemption of the world?

Saint Carlo's famous saying: 'The Eucharist is my motorway to heaven.'

Extraordinary and mysterious though it seems, for a young child to have had such powerful insight and commitment, from the age of 7 Mass was the centre and high point of Carlo's day. When he was 11 he became a parish catechist and he was always searching for fresh metaphors to explain the Catholic faith to his contemporaries. (Ref the Animation film on the ukmiracles.com website- The Eucharist, my highway to heaven and Lanciano). Carlo pointed out that just as we can be like the Beloved Disciple when we adore Jesus present in the Eucharist, so too we are like the Beloved Disciple when we go to Mass. Like Saint John, at the foot of the Cross on Calvary, we are also at the foot of the Cross during the holy Sacrifice of the Mass.

In October 2006, Carlo was to meet, suddenly and unexpectedly, his own personal Calvary. At first it was thought he had a virus, but within a week he could no longer walk, and he was admitted to hospital where he was diagnosed with fulminant Leukemia. Carlo suffered and died as he had lived, in the serenity of his closeness to Jesus. He offered up all his suffering for the Church and for Pope Benedict XVI. Carlo had taught that the Eucharist is the Motorway to Heaven. His consultant said that he passed through their care like a meteor. It seems that Heaven could wait no longer to be united with this Beloved Disciple.