



RAYS OF CARMEL

Upcoming Meetings

Jul. 12, 2020. Online due to Pandemic
 Aug. 7-9, 2020 (Retreat at Maria Stein)
 Aug. 9, 2020 3pm on Zoom; Formation only
 Sept. 13, 2020
 Oct. 11, 2020
 Nov. 14, 2020 (Saturday, Promises & Vows, also Formation)
 Dec. 13, 2020
 Jan. 10, 2021
 Feb. 14, 2021
 Mar. 14, 2021
 Apr. 11, 2021

Prayer Intentions for July 2020

This month our Community will be praying for **St. Michael Parish in Mechanicsburg** with **Fr. Matthew Lee**.

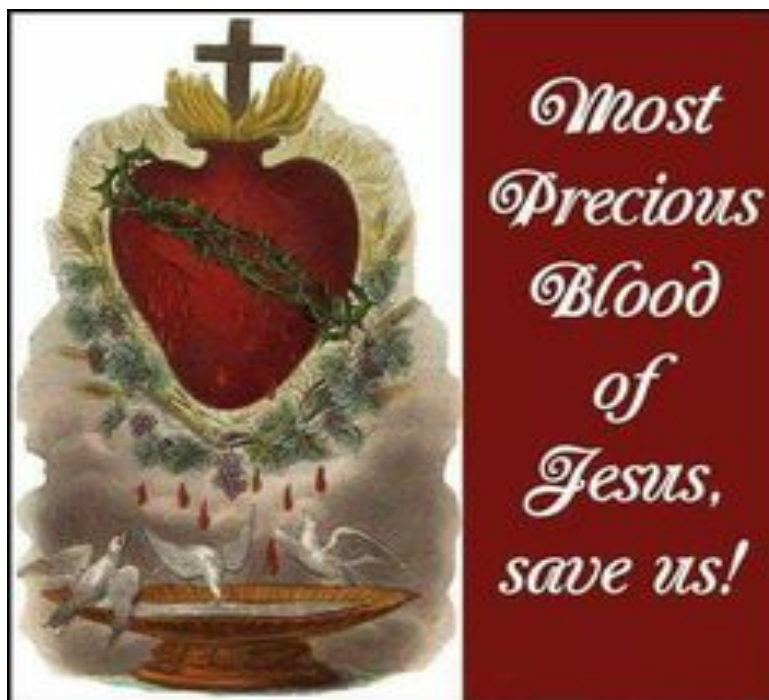
Pope Francis's intention for the month is for **Our Families**:
 We pray that today's families may be accompanied with love, respect and guidance.

Monthly Devotion:

"The Precious Blood of Jesus"

+ "ETERNAL FATHER,
 I offer Thee the most Precious Blood of Jesus Christ, in satisfaction for my sins, in supplication for the holy souls in Purgatory and for the needs of Holy Church [especially for the soul of (Name)]."

Amen. +



Upcoming Discalced Carmelite Feast Days



- 07/12 Sts. Louis Martin & Marie Azelie Guerin, Spouses
 07/13 St. Teresa of Jesus de Los Andes, virgin
 07/15 **Fast day** for Solemnity of Our Lady of Mount Carmel
 07/16 **Solemnity of Our Lady of Mount Carmel, Patroness and Head of Our Order**
 07/17 B. Teresa of St. Augustine and Companions, virgins and martyrs
 07/19 **Fast day** for Feast of St. Elijah
 07/20 Feast of St. Elijah, Prophet and Our Father
 7/23 Our Lady, Mother of Divine Grace
 7/24 Bls. Maria Pilar, Teresa & Maria Angeles & Maria Mercedes Prat, virgins and martyrs
 7/26 Sts. Joachim & Anne, parents of the Virgin Mary, secondary protectors of our Order
 7/27 Bl. Titus Brandsma, priest and martyr
 8/7 St. Albert of Trapani, priest
 8/9 St. Teresa Benedicta of the Cross, martyr

Teresian Prayer Groups

Ascension Catholic Church,

Kettering, Ohio:

- First Tuesday of the month at 6:30 pm (postponed)

Ascension Catholic Church,

Kettering, Ohio:

- Third Wednesday of the month at 6:30 pm (postponed)

St. Paul Catholic Church, Yellow

Springs, Ohio:

- Every Wednesday
- Mass 6:00pm
- Teresian Prayer Group at 6:40 pm

"NEW" Meeting Schedule: Zoom For July 12, 2020 In-Line

2:00 pm General Meeting

2:15 pm Presentation by Paul Adams, OCDS:

"St. Pope John Paul II on Mary to the Carmelites"

2:30 pm Formation Groups

Important Announcements:

1. A special Mass will be celebrated on **Thurs., July 16 for the Solemnity of Our Lady of Mt. Carmel** at Emmanuel Parish at 6 pm with Fr. MacQuarrie, celebrant. Please wear your ceremonial brown scapular. Remember to **fast** on Wed., **July 15th** in preparation. The OCDS Proper will be sent to members via email, but will not be recited in common that night. It should be prayed individually. There will be no social after mass.
2. For those unable to attend in person, here is a link to join in with the Carmelite Friars in their celebration of this **Solemnity Holy Mass at Holy Hill in Hubertus, WI.** <https://www.holyhill.com/online-mass>.
3. Our **New Group Email:** DaytonCarmel@googlegroups.com
4. **Remember to Register** for on-site or virtual attendance at our **August 7-9 OCDS Retreat**. Information was sent in an email from Lynn. You may also register at: www.daytoncarmelites.org/district-2-events. The Retreat Master is Fr. Gene Wehner, OCDS.
5. **Deacon Baldwin's talk** from Jun 28th, called *"Maintaining Our Carmelite Identity,"* is now recorded online www.carmeliteconversations.com
6. **Remember to keep each other in prayer, especially the person you were paired with during this time of the pandemic.** While we are not able to meet in person, we can strengthen our community bond through prayer partners: each community member prays especially for another. The list is posted on another page.

Council News:

Elections were held via snail mail due to the Covid -19 virus. Congratulations to our new council! May God bless you! The new council had their first official council meeting on July 5th. They continue to meet via zoom. Next meeting will be Aug. 16th at 2pm or Aug 23 at 2 pm.

Please keep in your prayers those members up for advancement. Interviews are in Sept. and Oct.

Featured Books in Our Library

by our Librarian, Joyce W.

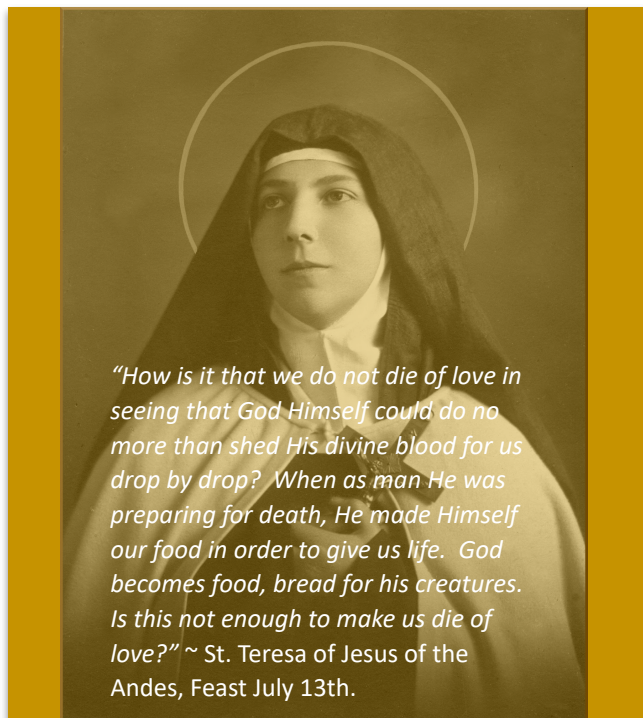
"God the Joy of My Life:

St. Teresa of the Andes"

By Michael D. Griffin, OCD

with the Saint's "Spiritual Diary"

Known as the "*Flower of the Andes, the Saint of Joy, and Patron of Young People,*" this book was written to introduce English speaking readers to St. Teresa of Jesus of the Andes, a young Chilean Discalced Carmelite nun and mystic who is referred to abroad as "*the newest star in the firmament of Carmel.*" [St.] Pope John Paul II said "*For her, God is infinite joy. This is the new hymn of Christian love that arises spontaneously from the soul of this young Chilean girl....*"



Council/Coordinators

Spiritual Assistant: Fr. John MacQuarrie

Assistant to Spiritual Asst: Deacon Rusty B

Council:

President: Marika Z

Director of Formation: Colleen S

Councilors: Tim B, Herb E, and Paul A

Secretary: Marguerite S

Treasurer: Teresa G

Operations Committee: Susie G, Marguerite S, De Z, Marika Z

Attendance: Lynn B

Book Coordinator: Susie G

Deceased Desires: Marika Z

Hospitality: De Z

Infirmarians: Theresa R

Librarian: Joyce W and Joan L

Liturgist: Marika Z

Liturgy of the Hours Help: Angela W

Newsletter: Lynn B

OLMC Statue: Angela W

Prayer Warriors: Ed F, Francesca F, Dorothy G, Rose Ann L, Jeanne P, and Sheila W

Setup/Cleanup: Marguerite S

Visitors: Maureen E, Tammy J, Mark O

Website: Lynn B

Big Brothers & Big Sisters: Paul & Caroline A

Attendance Policy

Participation in community life is an essential part of the Secular Carmelite's vocation. Everyone is expected to attend all meetings, retreats, and days of recollection.

Aspirants and members are responsible for contacting the President or their Formation Facilitator, as soon as possible, when s/he is unable to attend a monthly meeting, retreat, or day of recollection.

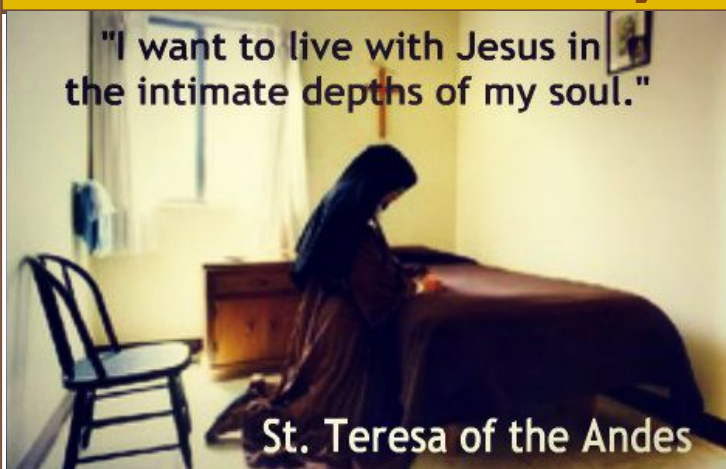
Excused absences will be granted for illness, transportation, unavoidable family obligations, or an extraordinary circumstance.

Those in formation should expect to make up missed sessions and/or have their formation extended.

If there are more than three absences in a calendar year, the Council will review the situation on a case-by-case basis.

St. Teresa of the Andes and Prayer

"I want to live with Jesus in the intimate depths of my soul."



St. Teresa of the Andes

(excerpt from English translation of article by Rev. Marino Purroy, OCD, who was vice-postulator of Teresa's canonization cause) <https://teresadelosandes.org/1english/saint-mission.php>

"How much I would like that all would love God, but before anything else that they would know him", she wrote (Letter No. 60). Her life and writings are an enthusiastic invitation to deal with God through Christ in a familiar way. From her first communion on, *"I would receive holy communion every day and would speak a long time with Jesus"* (Diary No. 6). Before even entering the Carmel she already longed for her entire life to be a continuous silent prayer. Everywhere, even in the street and in the feasts, she would speak to Jesus. Her brother Lucho said that *"her soul was kneeling before God"*. Teresa felt a pressing need to pray. From the cloister she said that as people in love look for solitude to share their love, she finds her happiness to live hidden in Christ, immersed in infinite Being, without the interposition of any creature.

Teresa is convincing when she invites us to enter into relationship with God. She teaches us how to deal with Jesus in a familiar way, to speak to him heart to heart, without affected speech or complex methods. She is convincing because this conversation with Jesus is neither an evasion nor an alienation. It requires to listen to Christ's voice, to be available to accomplish the divine will, to commit oneself to eliminate everything in us that displeases the Lord, until reaching configuration with Christ (Letters No. 56, 58; Diary No. 16, 22, 28). Teresa is convincing because the fruit of this conversation is to sacrifice egoism, to be buried with Christ to raise as new men, spiritually united to the entire world (Diary No. 58), as Teresa sacrificed herself to get the happiness of others (Diary No. 20; Letter No. 35) and made her life an offering for the salvation of mankind.

She is convincing because she invites us to a prayer in which we learn to know and love Jesus, to choose him with determination and in which we gather spiritual energy to love him for the entire day (Letter No. 105), which is the way to make our life a continuous silent prayer. Praying in this way, the ordinary person, who just cannot live in a permanent dialog with God as the monk, can and must live his entire day for God and according to God, always accomplishing his divine will, transforming his life and work into a melody of love, into a host of praise to the Most Holy Trinity.

PRAYER PARTNERS



Caroline A will pray for Herb E
 Paul A will pray for Maureen E
 Mark A will pray for Edward F
 Deacon Rusty will pray
 for Francesca F
 Lynn B will pray for Teresa G
 Tim B will pray for Dottie G
 Chris C will pray for Susie G
 Jean C will pray for Frances H
 Mark D will pray for Tammy J
 Michael D will pray for Fr. Joe K
 Herb E will pray for Rose Ann L
 Maureen E will pray for Joan L
 Edward F will pray for Fr. John
 Francesca F will pray for Ron M
 Teresa G will pray for Mark O
 Dottie G will pray for Jeanne P
 Susie G will pray for Paula P
 Frances H will pray for Julie P
 Tammy J will pray for Theresa R
 Fr. Joe K will pray for Jacqueline R
 Rose Ann L will pray for Marguerite R
 Joan L will pray for Colleen S
 Fr. John will pray for Denise T
 Ron M will pray for Teresa T
 Mark O will pray for Joan U
 Jeanne P will pray for Sheila W
 Paula P will pray for Angela W
 Julie P will pray for Joyce W
 Theresa R will pray for Deloris Z
 Jacqueline R will pray for John Z
 Marguerite S will pray for Marika Z
 Colleen S will pray for Caroline A
 Denise T will pray for Paul A
 Teresa T will pray for Mark A
 Joan U will pray for Deacon Rusty
 Sheila W will pray for Lynn B
 Angela W will pray for Tim B
 Joyce W will pray for Chris C
 Deloris Z will pray for Jean C
 John Z will pray for Mark D
 Marika Z will pray for Michael D



*Precious
Blood,*
Ocean of
Divine Mercy:
Flow upon us.

*Precious
Blood,*
Most pure
Offering:
Procure us
every Grace!

*Precious
Blood,*
Hope and
Refuge of
sinners:
Atone for us!

*Precious
Blood,*
Delight of holy
souls:
Draw us!
Amen.

St. Catherine of Siena

-Catholics striving for Holiness-

How to Offer the Precious Blood To the Eternal Father

TAKEN FROM DEVOTION TO THE PRECIOUS BLOOD

Tan Books and Publishers/**excerpt** from www.catholictradition.org/Chirst/precious-blood30.htm

One of the best means of participating in the graces and blessings of the Precious Blood is to offer it to the Eternal Father. "An offering," says Father Faber, is "more than a prayer." In prayer, we are the recipients, but when we make an offering, God deigns to accept something from us. **St. Mary Magdalen de Pazzi** exclaimed on one occasion when in ecstasy: *"Every time a creature offers up this Blood by which he was redeemed, he offers a gift of infinite worth, which can be equaled by no other!"* God revealed to this sainted **Carmelite nun** the practice of making this offering when He complained to her that so little effort is made in this world to disarm His Divine justice against sinners. Acting upon this admonition, she **daily offered the Precious Blood fifty times for the living and the dead**. She did this with so much fervor that God showed her on different occasions the numerous souls whose conversion she had brought about in this manner and all the Poor Souls she had delivered from Purgatory. *"This devotion,"* says Longius, *"is pleasing to God, because He is thereby honored by the best and the most sublime gifts."* In order to obtain special graces through the Precious Blood of Jesus Christ, let us ask the Blessed Virgin to offer it in our stead. This advice is given to us by many devout servants of God, in particular by St. John Vianney, the Cure of Ars, who says that this is the best method of prayer. Furthermore, he adds, *"My children, mark this well: whenever I obtained some grace, it was obtained in this manner, which I never found to fail."* In the life of St. Dominic we read that on one occasion when he was preaching about venerating Mary, he saw the Blessed Virgin sprinkling his devout hearers with the Blood of her Divine Son. Once while the Saint was celebrating Mass, three hundred persons, among them the king and queen, saw the Mother of God, at the Elevation of the Chalice, pouring the Precious Blood over all Who were present there and over the whole Church.

Let us in particular during the Holy Sacrifice of the Mass beseech Mary to offer to the Eternal Father the Blood of her Son in the Chalice---for Holy Mother the Church, for the conversion of sinners, for the souls in Purgatory, and for all our various needs. We may enumerate them to her with full confidence, and the greater their number, the better is she pleased. What we offer to God in the Holy Sacrifice of the Mass is of infinitely greater value than what we ask for. God remains our debtor, as it were, so great is the value of the Precious Blood.

~ **Our Lord told Sister Mary of St. Peter, a Carmelite:** *"Ask My Father for as many souls as I shed drops of Blood during My Passion."* By asking for the Precious Blood to be poured out on souls we prevent Its being, as it were, spilled out on the ground in vain. In His mysterious Providence God has put the salvation of others in our hands: we must ask for it, and ask fervently and often.

~ **St Mary Magdalene de Pazzi:**

"It is not as severed from Jesus' Sacred Body that the Precious Blood is now to be adored and offered, but as It is, at this moment, within the living Jesus, in heaven and in the Blessed Sacrament. Therefore, the soul that possesses the Precious Blood has everything and desires nothing more. The offering of the Precious Blood is of infinite efficacy. It begs remission for past sins or rather exacts it; It is a remedy against future sin; It returns thanks for all graces general or personal; It procures help from on high and brings comfort to the living and the dead. The practice of offering the Precious Blood is most pleasing to God; because, through It, He is glorified in the most sublime and excellent manner. As often as a creature offers the Precious Blood by which it was redeemed, it offers a gift of unequalled and infinite price."

Litany of the Most Precious Blood of Jesus

Lord, have mercy on us. *Christ, have mercy on us.*
 Lord, have mercy on us. Christ, hear us. *Christ, graciously hear us.*
 God the Father of Heaven, *Have mercy on us.*
 God the Son, Redeemer of the world, *Have mercy on us.*
 God the Holy Ghost, *Have mercy on us.*
 Holy Trinity, One God, *Have mercy on us.*
 Blood of Christ, only-begotten Son of the Eternal Father, *Save us.*
 Blood of Christ, Incarnate Word of God, *Save us.*
 Blood of Christ, of the New and Eternal Testament, *Save us.*
 Blood of Christ, falling upon the earth in the Agony, *Save us.*
 Blood of Christ, shed profusely in the Scourging, *Save us.*
 Blood of Christ, flowing forth in the Crowning with Thorns, *Save us.*
 Blood of Christ, poured out on the Cross, *Save us.*
 Blood of Christ, Price of our salvation, *Save us.*
 Blood of Christ, without which there is no forgiveness, *Save us.*
 Blood of Christ, Eucharistic drink and refreshment of souls, *Save us.*
 Blood of Christ, river of mercy, *Save us.*
 Blood of Christ, Victor over demons, *Save us.*
 Blood of Christ, Courage of martyrs, *Save us.*
 Blood of Christ, Strength of confessors, *Save us.*
 Blood of Christ, bringing forth virgins, *Save us.*
 Blood of Christ, Help of those in peril, *Save us.*
 Blood of Christ, Relief of the burdened, *Save us.*
 Blood of Christ, Solace in sorrow, *Save us.*
 Blood of Christ, Hope of the penitent, *Save us.*
 Blood of Christ, Consolation of the dying, *Save us.*
 Blood of Christ, Peace and Tenderness of hearts, *Save us.*
 Blood of Christ, Pledge of Eternal Life, *Save us.*
 Blood of Christ, freeing souls from Purgatory, *Save us.*
 Blood of Christ, most worthy of all glory and honor, *Save us.*

Lamb of God, Who takest away the sins of the world, *Spare us, O Lord.*
 Lamb of God, Who takest away the sins of the world, *Graciously hear us, O Lord.*
 Lamb of God, Who takest away the sins of the world, *Have mercy on us.*

Thou hast redeemed us, O Lord, in Thy Blood, *And made of us a kingdom for our God.*

Let Us Pray:

Almighty and Eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world, and willed to be appeased by His Blood. Grant, we beseech Thee, that we may worthily adore this Price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in Heaven. Through the same Christ Our Lord. *Amen.*

Source: *Treasury of Novenas*, Fr. Lawrence G. Lovasik



The Seven Offerings of the Precious Blood

Eternal Father, we offer You the precious blood of Jesus, poured out on the cross and offered daily on the altar, for the glory of Your name, for the coming of Your kingdom, for the salvation of all people.
 Glory be to the Father, and to the Son, and to the Holy Spirit, As it was in the beginning, is now, and will be forever. Amen.
 Praise and thanksgiving be evermore to Jesus, Who with his blood has saved us.

Eternal Father, we offer You the precious blood of Jesus, poured out on the cross and offered daily on the altar, for the spread of the Church, for Pope N., for bishops, priests and religious, and for the sanctification of all the people of God.
 Glory . . . Praise and thanksgiving . . .

Eternal Father, we offer You the precious blood of Jesus, poured out on the cross and offered daily on the altar, for the conversion of sinners, for the loving acceptance of Your Word, and for the union of all Christians.
 Glory . . . Praise and thanksgiving . . .

Eternal Father, we offer You the precious blood of Jesus, poured out on the cross and offered daily on the altar, for our civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
 Glory . . . Praise and thanksgiving . . .

Eternal Father, we offer You the precious blood of Jesus, poured out on the cross and offered daily on the altar, for the sanctification of our work and our suffering, for the poor, the sick and the afflicted, and for all who rely on our prayers.
 Glory . . . Praise and thanksgiving . . .

Eternal Father, we offer You the precious blood of Jesus, poured out on the cross and offered daily on the altar, for our own special needs, both spiritual and temporal, for those of our relatives, friends and benefactors, and also for those of our enemies.
 Glory . . . Praise and thanksgiving . . .

Eternal Father, we offer You the precious blood of Jesus, poured out on the cross and offered daily on the altar, for those who are to die this day, for the souls in purgatory, and for our final union with Christ in glory.
 Glory . . . Praise and thanksgiving . . .

QUOTES FROM ST. TERESA OF JESUS OF THE ANDES

Our youngest Discalced Carmelite Saint

Her Understanding of the Meaning of the Carmelite Vocation:

"I have asked nothing else than to love Him, and nothing more; that I, His soldier, follow Him till death, but always on the condition that He assist me with His grace. The life of a Carmelite is to suffer, love and pray, and in this I find my ideal. Reverend Mother, Jesus has taught me these three things since I was a child."

Her Vocation in Carmel:

"I can also be a martyr in Carmel, dying to self at every instant. That is the vocation of the Carmelite: to be a pure host who constantly offers herself to God for the sinful world."

"How beautiful is our vocation! We are redeemers in union with our Lord. We are hosts where Jesus dwells, in whom He lives, prays and sacrifices Himself for this sinful world. We are co-redeemers of the world. But the redemption of souls is not accomplished without the cross. My idea of being a Carmelite is to be a victim, constantly immolated for souls."

On Rising Above the Burdens of Life:

"Even though birds, like the Condor, have wings and feathers that are heavy, they climb to great heights despite the rains, etc., and in the same way the soul extends its wings and rises up. And the wings are the love of God."

Captured by the Divine Fisherman:

"I long for the day when I can go to Carmel to concern myself only with Him, to abase myself in Him and so to live His life alone: to love and suffer to save souls. Yes, I thirst for souls because I know that it is what my Jesus craves more than anything else. Oh, how I love Him!... Who can refuse the hand of the All Powerful One who abases Himself to the most unworthy of His creatures? How happy I am, my dear sister! I have been captured in the loving nets of the divine Fisherman. I would like to make you understand this happiness."

On Prayer:

"My prayer consists almost always of an intimate conversation with Our Lord; I imagine that I am like Magdalene at His feet, listening to Him, and he tells me what I must do to please Him."

"Sometimes I am very recollected in prayer and have been completely absorbed, contemplating the infinite perfections of God, above all these that are manifested in the mystery of the Incarnation."

On Joy

"In Carmel everything is done with joy because everywhere we have Jesus, who is our infinite joy."

On Rising Above Burdens of Life:

"Even though birds, like the Condor, have wings and feathers that are heavy, they climb to great heights despite the rains, etc., and in the same way the soul extends its wings and rises up. And the wings are the love of God."

On Suffering:

"Suffering pleases me for two reasons: because Jesus preferred suffering from His birth till His death on the cross. It must then be something very great since the All-Powerful One sought to suffer always. And suffering also pleases me because it is in the crucible of sorrow that souls are formed and because Jesus gives this gift to the souls He loves the most."

To her Little Brother about uniting with him:

"My soul is always united to yours; the two form one. Now I am already immersed in God. His love is the life of my soul. I want to raise you up to Him. I want to share with you, my brother, a little of the fire that burns in me. I want to warm you in this infinite fire so that you may have life. I feel wrapped in a divine atmosphere of peace, of love, of light, and of infinite joy."