

Art in focus

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Kitchen Collages Garnish walls with shadow boxes with items can probably be found in the food training area: pulp sponges, bottle caps sporting graphic logos, stainless steel kitchen tools. Make bright backgrounds from the art-supply paper cut to fit inside the box. Create dynamic mechanisms with asymmetrical groups. Alternate the orientation of sponges vertically and horizontally (to preserve the colors of sponges, rinse them in 50-50 solution of water and mineral oil, squeeze and let dry for one hour). Place the bottle lids in a diamond pattern; pull one hat away from the others. Place the whisk to the left of one box and then repeat it to the vertical line throughout the display with the pairings of small instruments, one above the other; Set one pair a little higher than the rest. Attach sponges and bottle covers to their backgrounds with glue gun, tools with Velcro back clasps (available at vehicle stores). Living-Area Artwork Fabric swatches, brushes, paint chips, tiles, and coil threads give the designer a flair for shady boxes. For visual unity, choose boxes with the same colored frames and use the same fabric as the background. Wrap the fabric around 1/4-inch-thick parts of the pre-cut foam board to fit the boxes; safe fabric edges to the back of each board with 1 1/2-inch-wide packaging tape strips. Let the fancy velvet brush take center stage in one box. In another, an alternative eight reels of thread in two columns, forming a pattern of a chessboard. Overlap flat elements, such as paint chips and swatches, in the third box, both on the design of the board decorator. Attach lightweight objects to the background with 1 1/2-inch T-contacts (available in craft stores); Use glue guns to stick to heavy items such as tiles and coils. Tip: Stunning objects fill arrangements with energy; symmetrical layouts convey order and balance. Office-Space Decorations of desktop accessories can be surprisingly graphic when presented in a silver-brushed metal frame. For backgrounds, trim five pieces of art-supply paper (here: two gray, one rust, two brown) and three pieces of 11/44-inch-thick foam board to match the frames. For the top frame, mount a piece of gray paper on one board with a multipurpose glue spray (available in craft stores). Using 1 1/2-inch T-pins, fasten one end of six pairs of large red, blue and purple rubber bands (alternative colors) in a cluster in the upper left corner of the background. Stretch each pair diagonally to the bottom right corner, forming a star formation pattern; Safe free ends with T-contacts. For the middle frame, spray-mounting rust paper on another board. With an X-acto knife and a ruler, cut the sign plus in the center of the board. To be done in every corner with metal pushpins. Slide a sheet of brown paper under the board; It will show through the plus sign. For the bottom frame, spray-mounting the second piece of brown paper on the Council. Use a knife and ruler to cut a thin, stupa, incontinence border. Then, working outward from the center of the board, overlap self-adhesive notes in three colors, creating a woven pattern. Leave some space between the notes and the cutout boundary. Slip the rest of the piece of gray paper under the board; It will show through the cutouts. This content is created and supported by a third party and is imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content piano.io opinions expressed by Entrepreneur savers are their own. You read Entrepreneur India, the international media entrepreneur franchise. With so much digital influence in our lives, the focus was the most persecuted thing. With each beep message, flashing lights notifications for email and ringing phone calls all of these technologies are enough for those who to divert concentrated beams. In today's world, where technology is simultaneously in the workplace and makes it easier for employees, it affects employee productivity and productivity. The level of concentration is deeply immersive and impatience has reached the crest. This affects the greater productivity and working life of employees. Imagine you're sitting in a theater. There is a spotlight shining on all the basic elements of your life. This is how you need to focus on all the important things while working and eliminating anything that is in the dark. But sticking to the task is not so easy. There are many hacks, tricks and exercises performed for the focused mind. However, it can only be achieved if your mind is ready to focus on focusing on attention. Eliminating technology will certainly lead you to ancient times, and that would make the situation even worse. The entrepreneur of India has been talking with a new era of entrepreneurs about achieving indivisible attention in the workplace. Here are some ways to regain focus. Identify Distraction- To eliminate what you have to find the root cause of it. Watch what really distracts you. Is this your place of work? Is it your environment or the people around you? It could be anything. You just have to keep a keen eye on it. Sukriti Roy, co-founder of Bihar Baytes, said that identifying the causes for distractions and solving the problem is necessary. She believes that it is possible to work with full dedication only if a person lives both a solid professional and a personal life. She added: If we are happy from the inside, then automatically our attention in the work increases. Distractions are the performance killer revealing them can help you focus for the better. Make a Schedule for Every Distraction You Know Why You're Not In get that mind back on track? Have you ever thought that the so-called smartphone to disable it for for if not, do it. Basically things that distract us, our electronic devices. Checking messages, emails, twitters and scrolling on Instagram within hours can be a time consuming. What is balancing social scrolling and at the same time lacking an ounce of your focused energy? Yes, it's possible. On managing distractions, Lokesh Sabharwal, CEO - MotaChashma.com suggests that some of the ways to manage these distractions to schedule time to check emails and messages and music can also help in staying focused. Short breaks, proper nutrition, meditation, specific hours for meetings, blocking social media and cordial communication with colleagues can really help in closing these distractions. He said: Some lifestyle changes are also needed to keep your body and mind at an optimal level and be free from stress and anxiety in the workplace. Take the time to take these events. Enjoy your leisurely activities during this period of time. They should be assigned in such a way that they do not interfere during working hours. Anxiety Breaks-Robin Sharma is one of the bestsellers who will cry when you die, mentions take worry breaks. When your mind is all startled in the turmoil of your deranged thoughts, try Robin Sharma's trick. He said he would write your worries on a piece of paper as he comes to mind and resume his work. When you do with your work, care your worries and think about them. This will help you with better solutions and more productive time. I have used this exercise religiously to practice, and here I pass on to you with all my faith and faith in it. Rishabh Srivastava, founder of the Burdy App he says that everyone faces distractions while working and breaks pick up concentration. Making his point of view on anxiety breaks, he told us that the person would need and take some time to resume work on the same task, with the same condition and level of participation, before the break took place. The practice of Mindfulness-Mindfulness is the exercise of meditation. It is necessary to de-clutter your mind. Wandering, our mind jumps on every unnecessary thing at this point in time, and sometimes irritates. Rishabh deeply believes that mindfulness can make focus easier for employees to act thoughtfully. He said: Instead of responding to stress, feeling depressed, employees will be more in control, more self-aware and will live in the present. This approach and attitude to the practice of mindfulness will have a positive impact on the culture of the organization. Turn off the thoughts that trace you to the wandering earth. Focus on the fact that your attention is not distracted by adhering to these simple remedies who just told you. Google, launched on Tuesday, is not a small business. It's a huge effort in Googleplex to remake the whole each of his proposals into something more social. So how does a company that has committed a host of current Google products and dozens of teams on a mission stay focused? One way is to paint a giant mural in the picture above on the walls near the command center for this mission. Google's project to get Social, dubbed the Emerald Sea, began just over a year ago when Urs Holzle, a senior Google executive who was one of his first hires and his first vice president of engineering, wrote a memo (later to become known as Urs-quake), stating that the Internet's tendency to become more socially organized around people- was a massive paradigm shift, and that that, as Steven Levy writes in In the Plex: How Google thinks works, and shapes our lives, requires a strong and substantial response, including a significant deployment of personnel-immediately. After some discussion, the company's management signed up. Vic Gundotra, Vice President of Design, Responsible for Mobile Applications and Developer Programs, was tasked with leading the work. It was he who decided to name the project Emerald Sea. I thought: What happens if Google can really understand people, their identity, their relationships, and their interests? What can we do with our software? Gundotra tells Fast Company. I thought the opportunity to stand in front of Google was as open and expansive as a beautiful sea. It might not be the whole story. Levy's version in In the Plex suggests there was another motivation. Levy writes that Gundotra told him, We need a code name that captures the fact that either there was a great opportunity to sail to new horizons and new things, or that we were going to drown this wave. In any case, Bradley Horowitz, who was used as a product of lead effort, then went online to look for images representing the emerald sea, and the very first that came up, Gundotra says, was the picture above by German-American artist Albert Bierstadt. The team decided to make it their logo. According to In the Plex, Horowitz instructed some students to paint a mural of the image on the wall next to the team's offices. And now that any of these Googlers are coming out of the elevators on their way to work, that's the first thing they see.E.B. 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