

Obgyn shelf reddit



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Does anyone have any tips for the OB shelf? How are the questions compared to blueprints and pretest? How many questions are on the exam? Anything else I should know? OB was my first rotation last year, so my memory is a bit sketchy. There were 100 questions on the test. It looked like we had two hours and 10 minutes to take the exam. I thought the clinical vignettes were long and I was done when time was called. However, the question of time may have been due to the fact that this was my first shelf exam of the year and I didn't know what to expect. Some great topics I remember being in my version of the exam were urinary incontinence, what to do with a newborn whose mother was exposed to various infections (chicken pox, HIV) and some things of ovarian cancer. I thought blueprints were too good for the exam. I also think kaplan's Q Bank questions were helpful. The pre-test seemed a bit easy compared to the actual test. Good luck! Great help for the shelf Ob/Gyn is Case Files: Ob/Gyn. This had 30-40% of the test within its pages. Some of my friends who barely studied did very well on the exam by reading it a few days before the exam. If you know Blueprints well (especially the blue boxes), you can help yourself too. Also check out the other topics on the topic, such as: BLUEPRINTS enough for OB/GYN???? Case files are essential for the OB/gyn shelf. I also agree with everyone else that Blueprints is very good. I have Pretest. Any idea of those who caught him? What are you going through on this exam? Of course it depends on personal preference, but I agree with the above post-case files ob/gyn is the way to go. I honored the course by reading this once in recent weeks and referencing Plants here and there for several good sections OB-ex: placenta previa, placental abruption... I have Pretest. Any idea of those who caught him? What are you going through on this exam? I have Pretest. Any idea of those who caught him? What are you going through on this exam? At our school we were told that 58% is passing and 78% are honors for the test. People who honored the shelf: was this your first rotation? It's my first and I'm just wondering how likely I am to honor it considering that I have no idea what to expect from this exam. I have Pretest. Any idea of those who caught him? What are you going through on this exam? Pre-testing is off-the-mark for OB/Gyn. There are chapters that are useless in terms of shelf (i.e. ultrasound). I would recommend the questions at the end of the plants, or if your institution has access to practical ACOG issues like mine, those questions are dead. Plants and the A&L question book were all I used for rotation. OB was my 3rd rotation (after FP, and my 87 on the shelf was the highest score of my group, which made it enough for honors. I think I think of my group, in particular, really hated OB. At our school we were told that 58% is passing and 78% are honors for the test. People who honored the shelf: was this your first rotation? It's my first and I'm just wondering how likely I am to honor it considering that I have no idea what to expect from this exam. The ob/gyn shelf was by far my best 3rd grade score (99%ile). Interestingly, I also studied much less for him than most other rotations. Overall I'm not a fan of plants and haven't used it for any other rotation, but for OB/gyn it was AMAZING and IMO really everything you need to do well. The only additional sources I used besides the plants were casefiles (which I haven't read all of) and I did the 2 ob tests of 50 questions in kaplan step 2 qbook. No First Aid, no pre-test, no A&L. Good luck! Are the questions at the end of the representative shelf plans? How much detail should I focus on? I started my rotation of Ob a week ago, and unlike most people, I'm enjoying it. It's not what I want to do with my life, but I'm enjoying it a lot more than I expected. I was wondering how many details the shelf went into drugs and dosage, etc. thanks sm I started my ob rotation about a week ago, and unlike most people, I'm enjoying it. It's not what I want to do with my life, but I'm enjoying it a lot more than I expected. I was wondering how many details the shelf went into drugs and dosage, etc. thanks sm The only thing I was surprised to find out on the shelf was that there were several detailed questions about antibiotics. I'm not saying go back and re-read your text from pharm or anything, but be aware that there may be some questions off the wall like that. Otherwise, I would focus more on the main obstetrician/gyn topics and which drugs to use instead of the doses. For example, be sure to know when to use Pitocin, Citotec, antihypertension, mag sulfate, etc. Also, make sure you get a general idea of the Class A-X drug regimen, especially with regard to the common medications that women are taking. Pre-testing is not good for obstetrician/obstetrician files. CASE FILES. CASE FILES. Dr. Toy, the guy who wrote Case Files, was my assistant to OB/Gyn. He knows what will be asked on that shelf, and he shares in CF. Whoever said CF represents 30-40 percent of the test is right. For the OP, get CF and a text, Blueprints is fine. IMO Appleton and Lange, high throughout, pre-test, are just extra reading with very low yield. Reading CF a second time is better than reading all three books once. So I took the shelf today and yes, it wasn't cool... What's going on with this thing? Started Ob's rotation for a week, and unlike most people, I'm enjoying it. It's not what I want to do with my life, but I'm enjoying it a lot more than I expected. I was wondering how much detail the shelf went into drugs and dosage, etc. thanks without dosages if I remember correctly (I don't think there are doses on any shelf). Very little about drugs too, mostly mag stuff, oxytocin, maybe some endocrine stuff, I don't really remember. So I took the shelf today and yes, it wasn't cool... What's going on with this thing? Boy, I thought this puppy was tough... more difficult than the IMO of the peds shelf. I used case files, pre-test, B&W, and read pieces of Magowan and Dife's book and still felt like I was when I got out of there. At least I got out of the obstetrician alive, this ending was difficult. I used Blueprints (read 1.5 times) and asked questions in that lil blueprints question book. My test was heavy for shizzle. No staging, classification etc in cancers. no doses of drugs and just a few questions about drugs. know your amia, DUB, infertility, abnormal bleeding. Questions I hated most was no way OB questions like, some lady is in labor for 4 hours and the baby is at the station whatever it is for 2 hours what you do next or what is the fancy term for this (prolonged descent, normal delivery, etc...). Know how to read fetal heart strips, normal work curve I'm happy for everything done. The plants are very good, the only thing that surprised me was prophylaxis for someone who was sexually abused. That's all I can remember after getting involved in 2 days of alcohol abuse. Keep you pimpin Bono Pretest is off the mark for OB/Gyn. There are chapters that are useless in terms of shelf (i.e. ultrasound). I would recommend the questions at the end of the plants, or if your institution has access to practical ACOG issues like mine, those questions are dead. what are the acog questions? are they online or did your school give you anything? Thank you. and I haven't done as well as I'd like. You can read all the books in the world and still get stuck with a lot of questions. A recodiation I have for your OB/GYN rotation is to ask your residents/attendants to teach you patient management - protocols for diagnosis, treatment, etc. The most difficult questions in shelf IMO were those related to patient management - What is the best next step? - questions like that. And that's the kind of stuff that's not really in any of the textbooks. Are you reading case files??? ALL QUESTIONS IN THE CASE FILES are next step, diagnosis, treatment, and all cases in case of files appear in the test in some way. Am I wrong here? Yes, I read case files and definitely helped... still, I found it very challenging, however, you guys are reading case files??? ALL QUESTIONS IN THE CASE FILES are next step, diagnosis, treatment, and all cases in case of files appear in the case test Way. Am I wrong here? yes, I read case files twice, read the blueprints once, read the hacker and moore twice, and asked all 200 obstetrician questions. There There 100 questions on the shelf - there are only 60 cases in case files. there are definitely questions on the shelf that are not in case files. I thought the case files were good and useful for the shelf, but the explanations were definitely very cut and dried for someone who really wants to learn clinical reasoning. OB/GYN was my first rotation. I just picked up the shelf about 2 months ago. Coming off the shelf, as many people have said... Case files is the way to go. I started reading plants, but I pushed back time, switched to Case Files, and went through it twice. For me, the plants are very dense and spoken that when I finish the chapter, go to the next. I forgot what I read in the first. I just found it very hard to remember the management there while Case Files does an excellent job of it. As for the plants - I would read the things of General OB because 1) we did not receive any of this information in the first two years and 2) all on these topics. I don't know how many times I've been asked the signs of placental separation and the stages of the decent baby. I read all the obstetrician chapters and some gyn, but I didn't find it as useful as the case files. Topics I remember that were heavy on my exam: 1) VAGINAL BLEEDING!! From 12 y/o to 80 y/o arriving with vaginal bleeding. I felt that 1/2 the exam consisted of that. Definitely know 1st/3rd trimester bleeding and its management (case files did a good job of it) along with bleeding in the older population 2) Did not have much about preeclampsia or gestational diabetes who were stressed in my school - I had maybe 3 questions in total 3) DO NOT memorize the stage / classification of cancers - I asked to many people and it didn't come on their exam and it never came up in mine - and I could only assume it will never appear in any future exam 4) I remember 2 questions about breast cancer (I was really worried about it because I always hated these and never fully understood) 5) I had nothing on contraception or Hope that helps & good luck. does anyone know any conversion between gross score and national percentile on this shelf? Our school just gave us raw grades Let's all be grateful we passed! I accept Felipe's request. Specifically, what is the 3% on the shelf (I picked up September 22, and I heard there's %different for every quarter). Thank you. OB/GYN was my first rotation. I just picked up the shelf about 2 months ago. Coming off the shelf, as many people have said... Case files is the way to go. I started reading plants, but I pushed back time, switched to Case Files, and went through it twice. For me, the plants are very dense and spoken that when I finish the management there while Case Files does an excellent job of it. I totally agree. It seemed many questions about the test were taken directly from the Case Files. I've only done three rotations, but so far it's the only book I've felt prepared for an exam. I just got the shelf on Friday. The post of Medical123 at the beginning of this post is exactly right, I received several questions about the topics he mentions. I studied and took notes of Plants, asked all the questions in the background, the questions in the Q&A book of the projects, studied notes of our lectures on high-performance topics, and went through 1/4 of case files. I still found the test quite challenging. It was definitely a very clinical test, with most questions about a patient's symptoms at several different times and then asking what the disease was or what you would do next. Definitely know the STIs, the basics of MONITORING the ESF, and the symptoms of as many different obstetric/obstetric diseases as you can, and when symptoms occur, it is just after delivery, one week after delivery, etc. I'll know more about how my preparation went after I got my score. Dig up an old wire instead of starting a new... Has anyone used uWise's questions on the APGO website? How does that hold the shelf? Also, do those who recently took it still feel that the plants were good? If not what else? Dig up an old wire instead of starting a new... Has anyone used uWise's questions on the APGO website? How does that hold the shelf? Also, do those who recently took it still feel that the plants were good? If not what else? I thought the questions were the best preparation for the shelf. I wish there was something similar for all the other rotations. Has anyone used uWise's questions on the APGO website? How does that hold the shelf? Also, do those who recently took it still feel that the plants were good? If not what else? The uWise questions are good, but much shorter than the shelf questions. The shelf focused much more on urogyn than I expected. There were also a lot of questions about STDs. For me, the uWise questions were good for postpartum questions (i.e., postpartum hemorrhage, etc.), but did not focus on prepartum issues (i.e., fetal distress, significance of late decels, r/o ROM, and infections). I thought uwise's questions were fine at the time, but now that I've picked up the shelf I realize they're rubbish. I compared them to QBank for Step 1:

they test a lot of details, and they're nothing like the actual shelf. I trusted them a lot and I'm sure it burned me in the end. Care. I thought uWise's questions were fine at the time, but now that I've picked up the shelf I realize they're rubbish. I compared them to QBank for Step 1: they test a lot of details, and they're nothing like the actual shelf. I a lot in them and I'm sure it burned me in the end. Care. So you're saying shelf has easier questions? I'm not sure I'm taking what you're lying down to. So you're saying the shelf has easier questions? I'm not sure I'm taking what you're lying down to. yes, I don't think I made that clear. I thought the shelf questions were more difficult (although they didn't test in random detail how the uWise questions seem) and different in their uWise presentation. The. If you just want to do some quick tests to know these questions are good, but don't use them as your primary question bank for the shelf. It's just an opinion, but I thought uWise left me tall and dry when shelf time came. The uWise questions were much more about simple diagnosis or first-order pathophysiology, while the shelf (like all of them) is more about what to do next. I just got it today. Everything was fine. It's not horrible, it's not easy. The weather was definitely a problem --- the issues are all huge passages, which I was hoping for, but I still barely finished the exam. I did Blueprints once, 43/60 cases of Case Files, some of the appleton and lange questions, and some of the uWise questions. The plants were very good --- sometimes many details with the various cancers. The questions on the back of Blueprints were a bit too easy. I had no questions about staging, and only 1-2 questions about cancer treatment. The test was definitely heavier in obstetrics. Case files are excellent. There were some questions that I got over just because of that. I wish I'd had time to finish all the cases, but at least I got most of them. I hated the appleton and lange question book. It's nowhere near representative of the actual test. Tests a lot of details. UWise's questions were great --- I just wish I had time to make more of them. A colleague emailed me about it last night, which means I only have to ask 40 questions. I did case files and USMLEWorld questions, felt very prepared for what I saw on the shelf today. I looked at some plant chapters at the beginning of the rotation just so I knew what the hell was going on, but didn't really use it for shelf preparation. USMLEWorld has been spectacular for shelf exams so far for me. This was an evil shelf... I picked it up about a week ago, and neither USMLEWorld, nor CaseFiles, nor Qbook really helped me much. Maybe it's just me, but I went in there feeling like I at least knew the stuff, and yet I ended up doubting myself a lot. I still have to get my score so I really can't tell you how well I actually did, but from the look of things, I'm not feeling very well... This was an evil shelf... I picked it up about a week ago, and neither USMLEWorld, nor CaseFiles, nor Qbook really helped me much. Maybe it's just me, but I went in there feeling like I at least knew the stuff, and yet I ended up doubting myself a lot. I still have to get my score, so I I can't tell you how well I actually did, but from the look of things, I'm not feeling very well... I wouldn't worry. According to me I guessed at least 70% of the questions on the shelf, but I still ended up passing by with a good margin. I picked it up a week ago, i wasn't a fan. The questions are too long. It seemed to be a substantial amount of OB. (As 75%) I used blueprints, your corresponding case book, and uWise questions. I really liked the questions of UWise, actually I think there were some of the same questions on the shelf. I passed with 70% percentile. I think that said, maybe try to find better sources for you. I used the following on the advice of a classmate and did very well 1) Blueprints - read twice (except gyn-onc - sailed through once) 2) Kaplan Qbook questions - quite representative 3) Crush step 2 - read the obstetrician section the night before and thought it was short, sweet and totally high yield If I remember correctly, there was very little gyn onc. I hope this helps. Is there anyone here who would be super cool and pm me your username/password for the questions ago uWise? My shelf exam is tomorrow and I just found out about it... it takes 3 days to register. Thank you very much! I used usmleworld, case files, and Beckmann's book of Obstetrics and Gynecology that was loaned to us for the position. I didn't use the APGO questions. I felt that all three sources were excellent, and would greatly recommend UW and Beckmann. There were no surprises on the exam, and I ended up doing well. Good luck! I went through the UW Q and Case 2x Files. We'll see. I failed the OBGYN shelf exam by 1%. I have to redo the shelf again. Oh crap I study UWISE, UW, BLUEPRINT and Casefiles. I don't know what else is there. Maybe I wasn't lucky that someone had problems with the questions of ago uWise being overtaken now? I feel like I'm having a hard time relying on the guidelines for pap smear and stuff because they don't seem to align with what we've learned in rotation. Will I look good with older editions of plants and box files? Page 2 My 2 cents on the Ob/Gyn shelf, I used: Blueprints Ob/Gyn Case Files Ob/Gyn UWWorld Ob/Gyn UWise The week before the test I did UWise again quickly and reviewed my tagged UWWorld questions. I felt that UWorld/UWise covered almost all the material on the shelf as well as things from other subjects (had some surgery and minor remedies). Blueprints was a clutch book, but it was great, I had no questions related to practical things like cardinal work movements, pregnancy physiology or specific encounters. However, I had more questions than expected about risk factors. I've set 90, I don't know my percentile because for some reason our school gave us our percentile in to our class (the only time they've done something like this). My 2 cents on the Ob/Gyn shelf, I used: Blueprints Ob/Gyn Case Files Ob/Gyn Ob/Gyn UWise The week before the test I did uWise again quickly and went over my tagged UWorld questions. I felt that UWorld/UWise covered almost all the material on the shelf as well as things from other subjects (had some surgery and minor remedies). Blueprints was a clutch book, but it was great, I had no questions related to practical things like cardinal work movements, pregnancy physiology or specific encounters. However, I had more questions than expected about risk factors. I scored 90, I don't know my percentile because for some reason our school gave us our percentile in relation to our class (the only time they did something like that). I agree, I recommend these features. So I have a question about this stupid shelf exam. I just got my score back, and although I did, I didn't honor it at all. How much weight does this have in residences? I really liked my OB/GYN rotation and I'm thinking of getting into it, but it's been my lowest shelf yet (god, I'm stunned as I don't know what happened). Thoughts? Last edit: Apr 12, 2012 I have a question about the practice guidelines... For breast ca screening, ACOG/ACA and USPSTF have different recommendations. For cervical screening, CDC and ACOG also have different recommendations... Let's go for ACOG??? I used Uwise, Uworld, files and plants. to be honest, I don't think the plants helped much because it's in textbook format and it's really hard to plow. I haven't recovered my score yet. Uworld did not cover the subjects well and was very much in minutia, felt that the best high yield material were the questions and case files, because the case files are management-based and not boring to read, and uWise is much more difficult and has more topics than uworld. I felt that the best way to prepare myself is to ask people in your rotation for you, or just be ready for them for you all the time. The more they pimp you out, the more information you retain. Did you pay the \$500-800 for UWISE or how did you get it? Is it just me or has anyone else noticed that there are a lot of bugs in the plants? This seems to be especially the case in the gynecological chapters I have read so far. This makes me think that other mistakes exist that I didn't catch. Is there a list of errata out there somewhere? I'm not really feeling this book of Plants - it's really light on the explanations in some areas and I think some things are explained very poorly; does anyone have any experience using Beckmann's text? I only picked up this shelf last Friday, and the man was tough. I did all the uWise, uWorld, CaseFiles, and Beckman, and it wiped out all of us. No one at my school finished early, and no one felt good examination. I mean that every question about there was harder than uWISE (definitely looks like those those are becoming outdated). It was also totally against what our director of registrar said would be the case: The shelf will look easy after UWISE. Last edit: October 16, 2013 Is there more OB or GYN on the shelf? Also, what are the most tested topics? Any good question sources besides UWorld and UWise? I plan to hit uworld hard, of course, but as there are only ~250 questions I don't think that's enough. It also seems that UWise is getting outdated and I've heard that pre-testing is weak for the OB. Any other resources? Thank you! Thank you!

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