

Purifying Your 4 Bodies From The Patriarchy

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(NOTE: Possibility Management is open code thoughtware. The copyleft notice states this material cannot be copyrighted. The use limit is to assure that if an unqualified person tries to deliver this initiation and runs into problems, they alone are responsible. This is a powerful initiatory process that tends to catalyze expansion in personal consciousness. It needs to be delivered within a specifically held context by a person with a specific skill level, quality of consciousness, and intention.)

(TRAINER NOTE: There are 2 different initiations about extracting yourself from the patriarchy. Both are needed but cannot be done at the same time.

1. For men only: ***Peeling Off The Patriarchy*** (very physically demanding – excellent for Men’s PLabs).
2. For men and women: ***Purifying Your Bodies From The Patriarchy*** (energetic purification process, emotional and loud but not so physical).

FORMAT: A whole group purification process to remove the deeply embedded energetic influence and contamination automatically absorbed from being born and raised in patriarchal systems. This can also be delivered in a one to one session.

PURPOSE:

To provide a safe environment and guided process for an individual or an entire group to thoroughly cleanse all 6 layers of patriarchal contaminations:

1. Bones and joints,
2. Heart and blood system,
3. Organs and nervous system (including the brain),
4. Skin hair and nails,
5. Thoughtware, memories,
6. Energetic body.

SETUP:

People divide up into pairs. One person lies down on a mattress with tissues, bucket and red cloth nearby. The other person is Possibility Manager spaceholder and coach.

INSTRUCTIONS / PROCEDURE:

- Trainer: „What can we do for you?“
- Man: “It’s about fear. I wonder why it is so bad to give in and be soft. For example, when my partner asks me what I feel. Instead of feeling sadness, I feel resentment for her asking this question.”

- Trainer: “What were the conditions of your childhood.”
- Man: “When I was born, my grandma said “Our black haired boy will become a priest.”
- Trainer: “How else was it?”
- Man: “The only thing that counted was farmers work. My mother said ,“He doesn’t want to work, so he has to learn and got to school.”
- Trainer: “In family constellations, once you choose a role model it is not available for others. Who did you choose as role model to become?”
- Man: “My father?”
- Trainer: “Did your brothers choose him, too?”
- Man: “No they chose my mother and my grandfather.”
- Trainer: “So you picked your father. What did you get?”
- Man: “He was not there. He never really had time.”
- Trainer: “How was his attitude?”
- Man: “Working, earning money, continuing the business. Everything else somehow had to function.”
- Trainer: “What about his feelings?”
- Man: “Feelings are not okay. He has feelings, but for him feelings are overwhelming.”
- Trainer: “And if he feels sad or scared?”
- Man: “He wouldn’t show it.”
- Trainer: “Yes, and you have this in your body. You have worked a lot to change it in your cells, but probably you haven’t changed the program. Close your eyes and describe what the program is like.”
- Man: “I take myself back. Swallowing everything, tightening, nodding and acting adaptive. Only sometimes I scream.”
- Trainer: “You are doing a self surgery and reengineering the program. You go through all layers: **the bones and muscles, the blood system, the heart and air system, the thoughts and the energetic body.** You go through it each of it at a time and change it. You got a heavy dose of the patriarchy. And if you have that you are not yourself. You might do a washing process. You might take out all of your bones and put them into a

pot with soap and you can see the black slime of patriarchy. Rinse them off afterwards and put them in again. There are 5 systems. So start with the first one.”

- Man: “I first take the bones...legs, feet, thigh, hip, chest, arms, head and I put it into a hot boiling pot.”
- Trainer: “It helps when you add some grease dissolver.”
- Man: “I stir it and add some patriarchy dissolver.”
- Trainer: “You are washing off the energy of your father, the thoughts from your father, grandfather, teacher...”
- Man: “Now I go and do a renal dialysis. I have a pot with new, fresh water with blood patriarchy dissolver in it. I take out the heart with all patriarchal feelings. I also put in all vasculature. The pot with the patriarchal blood water vanishes and I now wash the heart and the vasculature....
Before I put the heart and vasculature in again and they connect with the organs, I take the organs out and put them into the pot...lungs, testicles, waterworks, skin, brain, everything that is soft... I stir again....and all the brain shit is extracted....
Now I put all organs, the heart and vasculature in again.
Now I take out the thoughts.”
- Trainer: “Make sure you take out the thoughts from other lifetimes, too.”
- Man: “Yes, they sit here in the tension of the neck. I clean them with a lot of hot water and dissolver...Then I put the cleaned, pure thoughts in again...
Now I go to the energetic body...clean it....and put it in again.”
- Trainer: “So now you have cleaned all layers. There is room for more Man now. **You now grab into your own Akashic Records and download the original Man life program.** You can get a new fresh download to be the Man you are supposed to be. It has a color and a vibration. Download a fresh copy into all 5 levels.
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- Trainer: “So as just to check... keep your eyes closed. I will give each of you a check. It is okay to be surprised during that. A baby brain has no traces. It is pure and full of possibilities. I want you to keep it simple. (a woman lying next to each man)
- There is a person next to each of you who you know and love. They will take your hand and you just experience it. Let it all in.
- Let yourself have all the intensity of that experience.
- The women are now going to ask a check-in question: “How do you feel?” and you guys just say what you feel, you report.
- Will you please notice that in your experiment of being vulnerable as yourself, notice that they didn’t go away from you. On the contrary. They didn’t leave you. It looks like the tests are positive in both cases and in this case we will take a lunch break.”

Differences in women's process:

Both Marion and I started off with fighting our way out of the claws of patriarchy. The other women putting mattresses on us and laying on us started off with telling us all the patriarchal stuff we used to hear from our parents, teachers or other authority figures, who had a strong grip on us. This triggered the old pattern to a degree that became too painful. Then we started fighting our way out like in a birth process. The motivation to do that was the vision we have. Each time there was one woman who played the role of a midwife asking what the vision was: "What do you stand for? What is your vision?"

After freeing yourselves from the grip of patriarchy then go through the cleaning process.

First the client herself goes through the different layers. However, she didn't put all the different layers into a pot with boiling water and soap. She rather peeled off the different layers energetically, partly letting a golden sacred light do the work, which ran through the different layers. So the cleaning process was partly active/doing and partly receiving (female quality). During Marion's process the women also took out part of the patriarchal slime with their hands. Then we did the Akasha program download.

DEBRIEF: