

## **Peeling Off The Patriarchy**

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**(NOTE: Possibility Management is open code thoughtware. The copyleft notice states this material cannot be copyrighted. The use limit is to assure that if an unqualified person tries to deliver this initiation and runs into problems, they alone are responsible. This is a powerful initiatory process that tends to catalyze expansion in personal consciousness. It needs to be delivered within a specifically held context by a person with a specific skill level, quality of consciousness, and intention.)**

**TRAINER NOTE:** There are 2 different initiations about extracting yourself from the patriarchy. Both are needed but cannot be done at the same time.

1. For men only: ***Peeling Off The Patriarchy*** (very physically demanding – excellent for Men's P Labs).
2. For men and women: ***Purifying Your Bodies From The Patriarchy*** (energetic purification process, emotional and loud but not so physical).

**DESCRIPTION:** A 120 minute men's P Lab purification process to begin extracting each man from the deeply-embedded energetic influence and contamination automatically absorbed from being born and raised in patriarchal cultures.

### **SETUP:**

Minimum amount of men: 12

You can have mattresses in the room only with wall to wall carpet. Moveable carpets do not work.

Free Zone is marked with a thick stripe on the floor taped all the way across the room.  
Barf buckets in the Free Zone.

Have one or two mattresses in the Free Zone for men to rest on before helping other men in the initiation.

**PURPOSE:** To provide a safe environment and guided process for an individual or an entire group to thoroughly cleanse all 6 layers of patriarchal contaminations: 1. Bones and joints, 2. Heart and blood system, 3. Organs and nervous system (including the brain), 4. Skin hair and nails, 5. Thoughtware, memories, 6. Energetic body.

### **INTRO / BACKGROUND:**

The patriarchy hangs on men like the peel clings to an orange. The peel has the same color as the orange, and the same shape. Which is the orange? Modern culture men are inside the patriarchy so completely that we cannot distinguish between the patriarchy and us.

When talking with men about the patriarchy it *does not work* to start with questions such as:  
*What are the benefits of being in the patriarchy?*  
*What are the costs of being in the patriarchy?*

Men don't even begin to understand these questions.

The conversation must start with the question: *What is the patriarchy?*

At birth, boys must choose to join the patriarchy or die. If we choose to live then we pay the maximum price: we do not get to be ourselves. Instead we are subsumed in the beliefs, perspectives, attitudes, assumptions, expectations and habits of the patriarchy since before we could speak.

This initiation does not complete the escape from the patriarchy. But it can put a serious crack in the patriarchal straightjacket that has been shaping a man's life since birth. This crack is a beachhead, the first step of a multi-decade journey.

Like peeling an orange: the most difficult moment is getting a grip on it, making the first crack. After you can get your thumb in the crack then working off the rest of the peel one bit at a time becomes possible. Outside the peel is bitter and hard. Inside the orange is soft and sweet and nourishing. Your intention in this initiation should be to make a big a crack as possible in the previously invisible buffer-shell around you known as the patriarchy. Then the real work begins of extracting yourself from the patriarchy one assumption at a time, one perspective at a time, one habit at a time. It will take years of dedicated embarrassing painful realizations and effort. But it is worth it. An entirely new and different world of relationship, communication, work opportunities, and creation spaces awaits us. Let's get to it.

#### **Flipcharts:**

1. Draw a human being wrapped completely inside the patriarchy like a tar baby, like being in an eggshell, like being in maximum security prison.
2. Use group intelligence to write answers to these questions on flipcharts:
  - a. *What is the patriarchy?*
  - b. *What are the payoffs for a man in the patriarchy?*
  - c. *What are the costs for a man to live in the patriarchy?*
  - d. *What is it like for women to live in the patriarchy?*
  - e. *What is it like for children, animals, and nature to live within a patriarchy?*

#### **INSTRUCTIONS:**

There are 2 Rules: Don't hurt yourself. Don't hurt anybody else.

**Warning:** No arm pulling. You can offer that the person trying to get out your hands to they can pull themselves out, but don't pull on the arms or you may rip them out of their sockets. Do you agree?

This is not a game. We are not just running around. This is about getting your life back from the patriarchy.

We do this with some men holding up the rage cushion representing the patriarchy.

On the other side of the room is a line taped to the floor representing the outer boundary of the patriarchy. Once you reach that you have one foot out of the patriarchy. You have made a crack for yourself to start getting out.

One man at a time stands alone facing the patriarchal barrier.

One or two men stand behind in the Free Zone to support the man trying to get through, to encourage him. This is not a rescue mission. The patriarchy does whatever it can to stop people from escaping.

There is no running around the barrier. No clever tricks. You have to go straight through the barrier.

You push against the patriarchy men and the cushion with 6 men holding it. They stop you. They get you to the floor, pulling out your legs.

Cushion on top, all the guys on top. The two from the Free Zone come to help, but they don't pull you out. By your own power you can pull yourself out.

This is a loud, difficult, and long initiation. It is not for children. Do whatever it takes to get out.

The standing men declare: *"We are patriarchy! Join us or you must die!"*

The escaped men say, *"This is the free zone! This is where your freedom begins. Here you get to start over being yourself and creating next culture, archarchy. Come be with us! We will help you!"*

Before each new man starts the initiation the Trainer asks these three questions and demands specific committed answers:

1. *Why are you doing this?*
2. *Why do you want to leave patriarchy?*
3. *What will you do if you succeed in extracting yourself from the patriarchy?*

**TRAINER NOTE:** Keep you razor-sharp sword out so this does not revert to being a Gremlin game.

The patriarchy is stuck on you closer than your mind and thoughts because you don't even know you are in it.

You have to go through. The patriarchy has you. You are inside it.

There is no easy way. You can't go around. You have to go through.

### **INITIATION GUIDELINES:**

The patriarchy does not have any space in the free zone, so if you are holding someone back and they get to the free zone the patriarchy can't step in there. It helps if free zone people help push to make sure the patriarchy does not enter the free zone.

Everybody helps in the patriarchy role and in the free zone role. Everybody supports from free zone and also gets the chance be the patriarchy.

Even the patriarchy cheers on the escaper to give him support in his efforts to get out.

Each person who makes it to the free zone is welcomed with a kind of a holding until he can sort of speak again, at least five minutes. Usually the men are on the floor and the one holds the other from the back around their chest.

This is a time of welcoming to the free zone, clapping. The Trainer makes some declarations: *Thank you for stepping out of patriarchy. Thank you for making the effort to get out.*

Give him some water. There should be a mattress ready so he can rest while the next guy tries. There should be space for sadness, fear and other feelings in the Free Zone that come up after cracking an escape hole for yourself from the patriarchy.

### **WRAP UP:**

When everyone is finished have all the men stand in one line in the Free Zone, looking back into the patriarchy, looking back at what you left behind, what you got away from.

Then have the men come together in a circle of next culture men, archaical men.

Quote from *Radiant Joy Brilliant Love*, read as a possible map of the new territory, what is possible now, what we have to learn to be.

### **ABOUT MEN BEING RAISED IN A PATRIARCHY**

*The situation of present day men is worse than simply being raised in a patriarchy. Men are raised in a patriarchy by women. We have no idea what this does to the possibility of becoming a man. In our neurotic, technological, time-stressed, entertainment-oriented, comfort-pandering culture men do not do the child raising. Men are "at work." Men are out of the house doing whatever men do in a patriarchy to stay out of the house. It is women who raise the children. Boys are raised by women who are living in a patriarchy. This is very bad news for any man hoping to authentically grow up. (RJBL page 58)*

### **ABOUT MEN BEING NOTHING**

*Archetypally, Men are Nothing. Not nothing as in worthlessness or emptiness, but Nothing as in the unknown, as in unlimited possibility. The central Nothingness of the Archetypal Masculine is why men's egos are so thin and fragile. One comment by a woman shatters ordinary man's ego, and he frantically tries to reestablish his false self-esteem by flying back in a rage. That reaction is because Nothing is really there. The experience of being Nothing is terrifying for ordinary men who are not trained in how to powerfully use their Nothingness. Ordinary men hate being Nothing and neurotically try to be something. This is why men are attracted to anything that can give them an identity, like a wall full of university degrees, a cool watch, a big bank account, or competing to be "the winner." Men's ordinary neurotic attempts to try to be something, anything, instead of relaxing powerfully into being Nothing, makes women furious. Men hide their fear of Nothingness with a cover of Box-defending anger, but underneath their anger is terror about being Nothing. If a man does not use his Nothingness wisely, then his Nothingness is used to serve unconscious purposes. The unconscious negative manifestation of the masculine is stupid aggression that destroys love. (Radiant Joy Brilliant Love page 267)*

## ABOUT ARCHEARCHAL INITIATIONS

Archetypal initiations to adulthood must be sourced from outside the realm of patriarchy, in *archearchy*. Archearchy is a new form of human society beyond matriarchy and patriarchy, where archetypally initiated adult women creatively collaborate with archetypally initiated adult men in dynamic harmony. In ecovillages around the world archearchy is already being lived.

## FURTHER OPTIONS FOR THE NEXT DAY OR FUTURE MEN'S LABS:

1. Go on stage and say what it does to you to be in patriarchy. (2 min)
2. Set up flipchart representing the patriarchy so people can make boundaries and express anger at the patriarchy and all of its manifestations and representations (government, corporations, slaves, prostitutes, starvation, toxic wastes, deceit, etc. )
3. By deciding to live in the patriarchy some men split off a piece of their soul to tolerate the horror of being in the patriarchy. It takes time to integrate the Peeling process before you can do the e-body retrieval process, possibly at a later PLab.
4. Intense follow-up inquiry with the men after the initiation: What are you going to do now?
  - a. Are you going to use your lifetime to work at a company that makes profit for corporate shareholders?
  - b. Are you going to vote for patriarchal empire leaders in government?
  - c. Are you going to try to get rich, own property, be successful as defined by the patriarchy?
  - d. Are you going to keep paying taxes to a patriarchal empire?
  - e. Are you going to keep living in patriarchal nuclear family renting land and building from the capitalist patriarchal empire?
  - f. Are you going to let your friends stay in the patriarchy?
  - g. What are the forces that force you to stay quiet about this? Why do you submit yourself to them?
  - h. Are you going to teach your own children to survive in the patriarchy? Promote your own daughters to be slaves and sex objects in the patriarchy?
  - i. Are you going to get mentoring, do mentoring, become an elder?
5. Learn to create and practice navigating circular, spiral, galactical and cloud organizations and meetings. NOTE: Spaceholding is different from leadership. In a circle you need spaceholder and context holder, and they don't have to be the same person. With Rapid Learning feedback and coaching from the rest of the team, each person's spaceholding skills improve. The general purpose is to build matrix in each person to hold more consciousness, and to deepen people's capacity to be a context holder. Everyone in a circle can be a context holder. Navigating spaces in meetings with context holders optimizes the application of nonlinear group intelligence.