

## **Partner Role-Exchange Initiation**

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(Revised: 10. July 2016 by Clinton Callahan)

### **FORMAT:**

Whole group process  
Duration: 90 minutes

### **PURPOSE:**

### **SETUP:**

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### **INTRO / BACKGROUND:**

The context for it is that each person has a Box and Gremlin, and each Box and Gremlin has a favorite survival strategy that only works when the world is perceived through certain stories if the stories are believed to be true. Since it is extremely difficult to convince a person that they are arranging facts to support Is-Glued stories, and even more difficult to understand why they might be doing so, and...

Since it is extremely common for partners to search each other out exactly because each one's Gremlin low-drama games can be played out with the other...it turns out to be informative and even transformational to change roles for a bit and to see how your partner sees you.

### **INSTRUCTIONS / PROCEDURE:**

Tell them it works like shifting identities in Family Placement work.  
As soon as they sit down as their partner you as the spaceholder hold space and stop controlling what happens. Simply ask them to face the same issue they have been facing and report to the other how is is for them and what they see, feel, think, and need.

Saying what they need is important, because maybe the partner can't say what they need, but you as your partner can feel what they need and have perhaps less resistance to saying it.

### **DEBRIEF:**