

Therapy New York's Sliding Scale Fee Policy and Application 2026

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Standard fee: \$250 per 60-minute session. Reduced fees may be granted based on demonstrated financial need, consistent with NASW ethical obligations and New York State professional standards.

Fee Structure (Guidelines):

- ☐ Full Rate \$250
- ☐ Tier 1: \$225/ \$130,000–\$180,000 household income
- ☐ Tier 2: \$200/ \$80,000–\$130,000 household income
- ☐ Minimum Fee: \$175/ For extenuating circumstances

Eligibility is based on gross household income and supporting documentation (most recent federal tax return). All financial information is kept in confidence.

Requested Tier (check one): ☐ Full ☐ Tier 1 ☐ Tier 2 ☐ Minimum

Explanation of Financial Circumstances:

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I certify that the information provided is accurate and complete.

Client Name: _____

Signature: _____ **Date:** _____