

## Therapy New York's Sliding Scale Fee Policy and Application 2026

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Standard fee: \$250 per 60-minute session. Reduced fees may be granted based on demonstrated financial need, consistent with NASW ethical obligations and New York State professional standards.

### **Fee Structure (Guidelines):**

- Full Rate \$250
- Tier 1: \$225/ \$130,000–\$180,000 household income
- Tier 2: \$200/ \$80,000–\$130,000 household income
- Minimum Fee: \$175/ For extenuating circumstances

Eligibility is based on gross household income and supporting documentation (most recent federal tax return). All financial information is kept in confidence.

**Requested Tier (check one):**  Full  Tier 1  Tier 2  Minimum

### **Explanation of Financial Circumstances:**


I certify that the information provided is accurate and complete.

**Client Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_