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POWERFUL CAREER
COACHING QUESTIONS TO
IDENTIFY STRENGTHS





01 Ask Yourself

Can you recall a moment in your career when you felt most accomplished? What were the key factors that led to this success?

05 Ask Yourself

Can you think of a time when you took the initiative and led a project or idea to fruition? What personal strengths allowed you to do so?

02 Ask Yourself

What are the top three skills or qualities that you believe have contributed the most to your career achievements?

06 Ask Yourself

Which talents do you feel are underutilized in your current role? How could they be better leveraged to create value?

03 Ask Yourself

When faced with a difficult challenge, how have you managed to overcome it and succeed? What strengths played a vital role in this process?

07 Ask Yourself

How have you demonstrated adaptability and resilience in your career thus far? What internal resources have helped you navigate change?

04 Ask Yourself

In which areas do you feel most confident when collaborating with colleagues or managing a team?

08 Ask Yourself

In what ways have you leveraged your communication skills to influence others or drive results in the workplace?



09 Ask Yourself

How have you demonstrated strategic thinking and problem-solving abilities in your past roles?

13 Ask Yourself

Can you describe a time when you could effectively negotiate or manage workplace conflict? What strengths enabled you to do so?

10 Ask Yourself

Do you have an example of when you managed competing priorities or multiple balanced responsibilities successfully?

14 Ask Yourself

How do you manage stress and maintain a healthy work-life balance while achieving your career goals?

11 Ask Yourself

How have you committed to continuous learning and development in your career? What skills or knowledge areas have you focused on?

15 Ask Yourself

What unique perspective or approach do you bring to your work that sets you apart?

12 Ask Yourself

How do you incorporate feedback from your peers and superiors to enhance your performance and development?

16 Ask Yourself

Can you share an example of when you have successfully inspired and motivated others to achieve a shared goal?



17

Ask Yourself

How have you used your creativity and innovation skills to drive organizational improvement or change?

21

Ask Yourself

In what ways have you demonstrated a commitment to social responsibility or ethical decision-making in your career?

18

Ask Yourself

What are your essential leadership qualities, and how have they contributed to your career growth?

22

Ask Yourself

How do you approach time management and organization professionally, and how has this contributed to your success?

19

Ask Yourself

How have you effectively leveraged your network and relationships to advance your career or achieve professional goals?

23

Ask Yourself

Can you recall a moment when you effectively managed a crisis or unexpected challenge? What personal attributes helped you navigate this situation?

20

Ask Yourself

Are you able to describe a situation where you took a calculated risk that ultimately led to a positive outcome?

24

Ask Yourself

How have you demonstrated empathy and emotional intelligence in your interactions with colleagues and team members?



Ask Yourself

How do you cultivate a growth mindset professionally, and how has this mindset influenced your career trajectory?

Ask Yourself

Can you share an example of when you successfully aligned personal values and passions with your professional goals and achievements?

Ask Yourself

Can you describe a time when you were able to quickly learn a new skill or adapt to a new environment?

Ask Yourself

As you look to reinvent your career, which strengths will be most beneficial in your journey, and how do you plan to harness them to achieve your desired outcomes?

Ask Yourself

How have you effectively utilized data-driven insights to inform decision-making or strategy in your career?

Ask Yourself

How do you contribute to a positive organizational culture and team dynamic?





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*Every interaction
in any form,*
IS BRANDING.

”

Seth Godin



Hi, I'm Carla, and I'm so grateful we have found each other. As a Strategic Communications & Lifestyle Design Advisor, I empower accomplished professionals desiring to reach the pinnacle in **Position, Performance, & Pleasure** in their everyday lives through the art of intentional lifestyle design.

I champion dynamic professionals who are:

**Key Industry Players,
Sought-After Leaders,
&
High-Paid Earners.**

Through my people-centric methodology, I support high achievers like you – desiring meaningful expansion – by creating **clarity, confidence, and distinction** for those redefining what it means to live, lead, and flourish in a new era.

Seize the Moment to leverage strategic communications and lifestyle design to create
A BESPOKE Life.

Let's Design Your Next Era Today.

You're Invited

“Each day is an occasion to reinvent ourselves.”

–Ralph Lauren

You are here because you know there is more. There comes a moment when what you have built is no longer the question.

What's next is.

Bespoke Luxury Living is designed for accomplished professionals who are ready to pause, reassess, and thoughtfully design what comes next; personally, professionally, and in the life they are building.

Through bespoke guidance, strategic perspective, curated resources, and concierge-level support, we help you move through transition with greater clarity, confidence, and intention.

Because your next era should not simply be bigger. **It should be better aligned with who you are becoming.**

You are invited to experience the **Bespoke Luxury Living Club** with a complimentary 3-hour access pass and discover what it feels like to have an advisor, ally, and advocate in your corner.

Your next era begins with a decision: to make room for what's next.

LEARN MORE





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