

Reconnect to Imagination

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(Revised: 2011 by Clinton Callahan)

FORMAT:

Groups of 3

PURPOSE:

Reconnect to imagination.

SETUP:

Groups of 3 spread in the room with their chairs.

INTRO / BACKGROUND:

You learn to be fluid in a thousand different ways to say the same thing. To use different words. This exercise improves the nonlinearity.

INSTRUCTIONS / PROCEDURE:

The PM says what is to be communicated by the client from the list. Then says “say it a different way.” Then “Say it another different way”. “Say it a new way” “Say it another new way” and so on.

List with examples:

- What is a house?
- How to be yourself?
- What to do about death?
- The difference between sex and love
- Where trust comes from
- How to be vulnerable
- What to do about security
- Define clarity
- To find what your spirit wants
- What is the floor like?
- Explain your reason for living
- How to know what matters

Possible Coaching:

- Give it more dimensions
- use another key
- offer more channels
- use the rest of you
- use more of what you have

- metaphor, smile
- non-verbal faces
- singing
- be subtle
- from another perspective, e. g.
 - a fly
 - people 1000 years from now
 - the victim's view
 - the persecutor view
 - third person
 - the next way
 - another way
 - someone else's way
- with other words
- levels of details
- make it personal

DEBRIEF: