

Shifting Identity

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FORMAT:

Triad process.

Duration: 90 minutes

PURPOSE:

To have the trustworthy experience, both giving and receiving, of shifting identity to serve others.

SETUP:

Get in groups of three, sitting.

INTRO / BACKGROUND:

We are always shifting identity, but unconsciously. We can use the same skill consciously to serve us as Possibility Managers.

INSTRUCTIONS / PROCEDURE:

- 1) Do elevator presentation. (1 min)
Get feedback and coaching. (2 min)
Coach your coaches. (2 min)
Rotate through all 3 people.
- 2) One person asks for possibility.
Other 2 people create possibility (demonstrate). (3 min)
Coach your coaches. (2 min)
Rotate through all 3 people.
- 3) One person asks for possibility.
Other people shift identity into an archetypal powerful magical transformational being with wisdom, insight, clarity, humor and possibility. (Superman, May West, Marx Brothers, Porky The Pig, Mother Therese, etc.) Introduce yourself, and then create possibility. (3 min)
Coach your coaches. (2 min)
Rotate through all 3 people.

DEBRIEF:

What did you learn?