



Welcome to YOUR Parlour

Back to School!? Back to Work? Lorenzo Has Just Opened His New Place!

We Always Sell Our Beautifully Packaged POSH Smoked Salmon TO GO 100g - £8

BRUNCH ~ LUNCH ~ Midday Until 4pm!

All Day Breakfast & Brunch

A Bloody Mary to Start Off £11 or a Bloody 'Shame' for Much Cheaper..

Green Man Brekkie on Toast with Green Eggs - No Ham!? 13.50

'Back Door' Smoked Salmon & 'That' Soda Bread 15.50 w/ Eggs 16.50

The (No Subs) Full Parlour Breakfast 15.75

We also offer a Full VEGGIE or even a Full VEGAN Brekkie 15.75

... Full & Half Breakfasts All Include a Toast Basket to Kick Things Off - RIP Toast Station

Sharing Snacks & Starters

Chestnut Hummus with Rosemary Pitta Bread 8.50

McTucky's Popcorn Chicken Nuggets 8.00 **Field Mushroom Nuggets** 7.00 (VGN)

Pub Grub Onion Rings with 'Blue Cheese' Sauce 8.50 (Possible VGN)

Honey Baked Goats' Cheese with Figs, Squash, Seeds & Shoots 9.50

A Beautiful Green Salad of Herbs, Lettuces & Lemon Dressing 8.75 (VGN)

Sweetcorn & Sage Soup, Crunchy Bits, Soft Bits & Creamy Bits 9.50 (VGN)

Parlour's Fish Soup with Prawn(less) Crackers & 'Caviar' 10.50

'Back Door' Smoked Salmon & 'That' Soda Bread 15.50 (You Can Even Order Packs To Go)

Main Courses

THERE IS A £10 LUNCH DISH EVERY WEEKDAY, PLEASE ASK

Chicken Kyiv with Hash Brown & Coleslaw 22.00

Desperate Dan's Cow Pie, with or without... 21.00

Slow Cooked Lamb with Fried Green Tomatoes & Rosemary Potatoes 23.50

10oz Sirloin Steak, Bovril Butter, Chips & a Pretty Salad 34.50

Glazed Salmon Fillet, Roasted Vegetables, Pickles & Herbs 22.50

Crab Cake with Cucumbers, Dill, Yoghurt & Samphire 21.00

Sea Bass Fillet, Swiss Chard, Lemon & Hassleback Potatoes 24.00

Courgette Quiche, 'Fritti', More Courgettes, Red Onions & Pickles 19.50 (VGN)

Redefine 'New Meat' & Portobello Mushroom **Wellington** 19.50 (VGN)

Oven~Baked~Three~Cheese~Macaroni~Cheese 14.50

A Bit on the Side Perhaps?

Chips, Hash Browns, Mash, a Lovely Side Salad Or Savoy Cabbage

Puddings/Puds/Afters/Dessert

Or an Irish Coffee to Finish You Off? 10.00

A 'SHOWTIME' Toasted Marshmallow Wagon Wheel 8.00

Dark Chocolate Mousse with Honeycomb & Sour Cream 8.50 □

Blackberry & Apple Crumble, Lashings O' Custard 7.00 (VGN) HOT OR COLD?!

Sticky Toffee Pudding with Custard, Pouring & Iced 'Cream' 7.50 (VGN)

Frozen Lemonade - Lots of Flavours 7.00 is it a Pudding or a Drink? (VGN)

Bottle of Espresso & a Bowl of Vanilla Ice 'Cream' (Could be VGN)

Bringing Back the **Arctic Roll!** 5.00/ Couple o' Slices

The Classic Arctic Roll & Lots of Other Funky Flavours. Pls Ask!

DTC's (Dave the Cook's) Salted Caramel Chocolate Rolos 5.00

A Glass of Sweet Italian Moscato £8.00 (100ml) □

CHEESE! Stilton with Chutney, Celery, Today & Yesterday's Bread 8.50

@parlouruk on Twitter, Instagram & Somewhere on Facebook

Filtered Peckham Spring Water £0 ~ Filtered Bottomless **Gazzy** Peckham Spring £2.50

Some of our dishes may contain nuts or gluten & may not always specify

Please advise if you have any allergies, we will try & be helpful

A discretionary service charge of 12.5% will be added to food bills