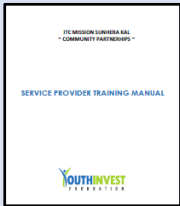

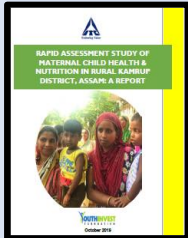

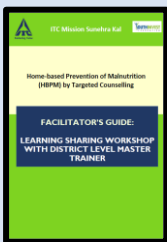
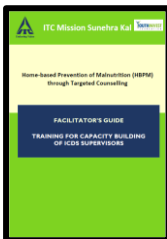




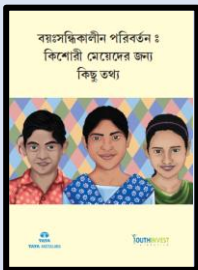
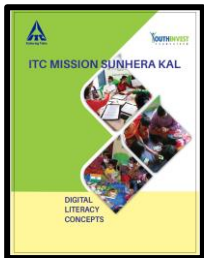
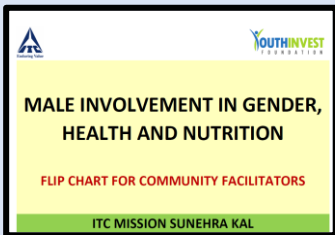
RESOURCE MATERIALS

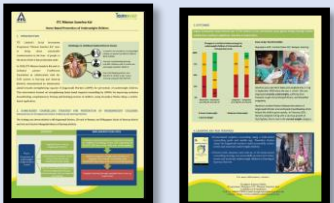
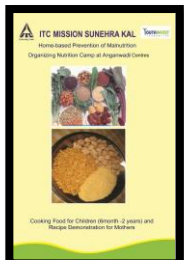

HEALTH

Sl. No	Name	Cover page	Language	Nature of the material
1	Teacher's Handbook Part I for health and nutrition programme		English	<p>A handbook used by teachers to generate awareness among dropout adolescent girls in the Learning Centers. The handbook has 3 units with 21 hours sessions.</p> <ul style="list-style-type: none"> Unit 1 - Knowing ourselves and our environment Unit 2 - Growing up Unit 3 - Nutrition and disease prevention
2	Teacher's Handbook Part II for health and nutrition programme		English	<p>A handbook used by teachers to generate awareness among dropout adolescent girls in the Learning Centers. The handbook has 1 unit with 21 hours sessions.</p> <ul style="list-style-type: none"> Unit 1 - Adolescent sexual and reproductive health
3	Skills for life – Programme for adolescents. Facilitators handbook for group sessions - part I		English and Bengali	<p>A handbook used by Community Facilitators to generate awareness among adolescents through community-based group sessions. The handbook has 4 modules with 25 hours sessions.</p> <ul style="list-style-type: none"> Module 1 - Life skills Module 2 – Gender and rights Module 3 – Growing up (girls and boys) Module 4 – Nutrition and healthy habits
4	Tothyo Sohayika – Torun Bibahito Dompotider jonnyo		Bengali	<p>A handbook for young married couples so that they can delay first pregnancy and space subsequent childbirth by developing good relationship among themselves and using modern contraceptive methods.</p>







Sl. No	Name	Cover page	Language	Nature of the material
5	Duti meyer galpo		Bengali	Flash card on early marriage and early childbearing used by Community Facilitators as PLA tool.
6	Sahojog		Bengali	Activity guide book on health and nutrition for Community Facilitators to work in rural and urban communities (PLA Learning tool).
7	Adolescent Skills for life – Handbook for Facilitators		English	Activity handbook used by Youth Facilitators to generate awareness among adolescents through community-based group sessions. The handbook has 4 modules with 20 hours sessions. <ul style="list-style-type: none"> Module 1 - Life skills Module 2 – Gender and rights Module 3 – Growing up (girls/ boys) Module 4 – Nutrition and healthy habits
8	Kishor Kishorider Jibon Shoili Karjyakram – dologoto alochona jonnyo nirdeshika		Bengali	Activity handbook used by Youth Facilitators to generate awareness among adolescents through community-based group sessions. The handbook has 4 modules with 20 hours sessions. <ul style="list-style-type: none"> Module 1 - Life skills Module 2 – Gender and rights Module 3 – Growing up (girls/ boys) Module 4 – Nutrition and healthy habits
9	Kishor Kishorider Jibon Shoili Karjyakram – swasthya o pusti bishyok tothyo sohayika		Bengali and Hindi	Flip chart used by Youth Facilitators and Learning Facilitators in Kharagpur to generate awareness among adolescents on life skills, gender, growing up, menstruation, adolescent nutrition, balanced diet and anemia.

Sl. No	Name	Cover page	Language	Nature of the material
10	Service Providers Training Manual		English	Training guide for community health service providers (ANM/ AWW/ASHA) on family planning, contraception and client engagement.
11	Findings from a Rapid Assessment Study		English	A rapid assessment study to understand behavioural determinants of maternal, new born, child, adolescent health and nutrition among populations in 7 Gram Panchayats of Hooghly and Howrah and 1 Municipal Ward of Kolkata.
12	Rapid assessment study of maternal child health & nutrition in rural Kamrup district, Assam: A Report		English	Rapid situational analysis report to understand the current situation of key maternal and child health and nutrition issues in Rampur and Chhaygaon blocks of Kamrup district, Assam.
13	MSK MCH Strategy document		English	<ul style="list-style-type: none"> Maternal & Child Health and nutrition strategy of ITC Mission Sunehra Kal project.
14	Learning sharing workshop with District level master trainers		English	A training manual for capacity building of DMT to provide training and support to the ICDS Supervisors on HBPM for continuous capacity building of AWWs and data-driven action planning to address malnutrition.
15	Facilitator's Guide - Training for capacity building ICDS Supervisors		English	A training manual to guide the trainers (like – DMT) to conduct training of ICDS Supervisor's on HBPM, strengthening supportive supervision for continuous capacity building of AWWs and data-driven action planning to address malnutrition.





Sl. No	Name	Cover page	Language	Nature of the material
16	Facilitator's Guide - Training for capacity building of Anganwadi Workers.		English and Assamese	A training manual to guide the trainers (like – ICDS Supervisors/ block level resource person or group) to conduct training of Anganwadi so that they can start home-based counselling to manage and prevent underweight children in their respective field areas.
17	Poshan Alaap: Counselling Handbook on breast feeding and complementary feeding		Bengali and Assamese	A counselling handbook for Anganwadi Workers to conduct individual case-specific counselling to reduce childhood malnutrition and improve child survival and growth.
18	Boyoshondhikalin Poriborton: Kishori meyeder jonnyo kichu katha		Bengali	A booklet for adolescent girls in Kharagpur to have correct and complete information on growing up, menstrual hygiene, nutritional well-being and gender & rights.
19	Digital Literacy Concepts		English and Bengali	The Digital Literacy Key Concepts booklet is for adolescents and youth (10-24 years) to enable them understand basic concepts of digital literacy that is used in everyday life.
20	Male involvement in gender, health and nutrition		English and Bengali	Flip chart used by Youth Facilitators in Howrah, Hooghly and Kolkata to generate awareness among married men gender roles, Couple communication, family planning, violence and abuse, care of pregnant women and children.




Sl. No	Name	Cover page	Language	Nature of the material
21	Flyer on Home based prevention of underweight children.		English and Assamese	The flyer shares the strategy of home-based counselling strategy for prevention of underweight children along with its implementation steps and outcome of the strategy.
22	Recipe book		English and Assamese	This book contains certain easy homemade nutritious recipes for children between 6 months to 2 years.
23	Picture cards		English and Assamese	6 picture cards have been developed for use by the Community Facilitators on generating awareness on the following topics. i. Complementary feeding ii. Early and exclusive breastfeeding iii. Family planning methods iv. Practices to combat corona virus v. Nutrition for pregnant and lactating women, vi. Nutritious food for adolescent girls and pregnant women.

Videos

Sl. No	Name	Image	Language
1	Menstrual hygiene		Hindi
2	Pubertal change among boys		Hindi
3	Menstrual hygiene		Bengali
4	Couple communication and FP for married couples		Bengali
5	WASH and disease prevention		Bengali
6	Consequences of early marriage		Bengali

EDUCATION

Sl. No	Name	Cover page	Language	Type of material
1	Aadhar pathokrom – Bangla		Bengali	Teaching material used in Sambhavana Learning Centre (Kharagpur) by Learning Facilitators to build basic reading and comprehension skills among drop out adolescent girls in Bengali (Foundation course – class 3 to 5 level competency).
2	Aadhar pathokrom – Gonit		Bengali	Teaching material used in Sambhavana Learning Centre (Kharagpur) by Learning Facilitators to build basic reading and comprehension skills among drop out adolescent girls in numerical skills (Foundation course – class 3 to 5 level competency).
3	Foundation Course – English		English	Teaching material used in Sambhavana Learning Centre (Kharagpur) by Learning Facilitators to build basic reading and comprehension skills among drop out adolescent girls in English skills (Foundation course – class 3 to 5 level competency).
4	Setu Pathokrom – Ganit		Bengali	Teaching material used in Sambhavana Learning Centre (Kharagpur) by Learning Facilitators to build basic reading and comprehension skills among drop out adolescent girls in numerical skills (Bridge course – class 6 to 8 level competency).

Sl. No	Name	Cover page	Language	Type of material
5	Setu Pathokrom - Bengali		Bengali	Teaching material used in Sambhavana Learning Centre (Kharagpur) by Learning Facilitators to build basic reading and comprehension skills among drop out adolescent girls in Bengali (Bridge course – class 6 to 8 level competency).
6	Aadhar pathokrom – Hindi		Hindi	Teaching material used in Sambhavana Learning Centre (Ranchi) by Learning Instructors to build basic reading and comprehension skills among drop out adolescent girls in Hindi (Foundation course – class 3 to 5 level competency).
7	Aadhar pathokrom – Ganit		Hindi	Teaching material used in Sambhavana Learning Centre (Ranch) by Learning Instructors to build basic reading and comprehension skills among drop out adolescent girls in numerical skills (Foundation course – class 3 to 5 level competency).
8	Setu Pathokrom - Hindi		Hindi	Teaching material used in Sambhavana Learning Centre (Ranchi) by Learning Instructors to build basic reading and comprehension skills among drop out adolescent girls in Hindi (Foundation course – class 6 to 8 level competency).
9	Setu Pathokrom – Social Studies		Hindi	Teaching material used in Sambhavana Learning Centre (Ranchi) by Learning Instructors to build basic reading and comprehension skills among drop out adolescent girls in Social Studies (Foundation course – class 6 to 8 level competency).