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## Optimism pessimism test pdf

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островаНорвайОманПакистанПалауПарамаПапуа Новая ГвинеяПагуайПеруФилиппинесПиткэрнПоландПортугалПуэрто РикоКатарРеунионРоманияРоссияРвандаСейнт Киттс и НевисСая Винсент и ГренадиныСамоа (Независимый)Сан-МариноСао Томе и ПринсипеSaudi ArabiaScotlandSenegalSerbia и ЧерногорияSeychellesSierra LeoneSingaporeSlovakiaSloveniaSolomon IslandsSomaliaSouth AfricaSouth Грузия и острова South SandwichSouth KoreaSpainSri LankaSt. ХеленаСт. Пьер и МикелонСуринамСвальбард и Ян Майен островаСвазиландСведенСвейццерландТайванТаджикистанТанзанияТайландТокелауТонгаТринидадТринидад и ТобагоТунисияТуркиТюкменистанТурец и Кайкос островаТувалуУгандаУгрейнУние Арабские ЭмиратыИмужнефть Соединенные Штаты Соединенные Штаты Малой Outlying островаУгауйUSAUzbekistanVanuatu Ватиканский город государство (Святой Престол)ВенесуэлаВьет НамВиргинские острова (Британские)Виргинские острова (США) WalesWallis и Futuna островаЗападная СахараЙеменшамбизимбабве Люди, как правило, ставятся в одну из двух категорий. Они либо оптимистичны, либо пессимистичны. Ваш оптимизм или пессимизм формирует ваше мировоззрение. Вы видите as half empty or half full, and that's how you describe your position in life. Check this test to determine if you are half empty or half full of the type of person. Can a person be TOO optimistic? As you take this test, you may think that you want to be hammered as a perfectly optimistic person. You may be surprised to learn then that the optimal score is actually somewhere in the middle. You don't want to be completely optimistic or completely pessimistic. None gives a realistic view of the world. For example, if you are 100 percent optimistic, you think that things will go their way all the time, necessarily. Every person you go out with will fall in love with you. You will land every interview. You will get all the boosts that you ask for. Because of this, you won't work on what you want because you're sure you'll get them anyway. The same applies to pessimistic people. They're so sure they won't get what they don't work for it. They don't think a date is going to work, so they don't dress up for it. They are sure that they will not land interviews, so they are not preparing and they know that their boss will not give them a raise, so they do not even ask. When people are too optimistic or too pessimistic, they live outside reality. You want to be somewhere in between. You want to have a good dose of optimism, but you want to have your feet on the ground at the same time. You can ChangePeople say that you were born an optimist or a pessimist, but you can change. Once you take the quiz, take a look at your results and if you want to make a change, work towards it. You are not stuck as an optimist or a pessimist. You can be who you want to be. Use the quiz as a guide as you become a better person. Start the quiz now to learn more about yourself. Move through the questions carefully, so you can determine if you see a glass half empty, half full, or somewhere nearby. ♫ are you a traditionalist or a futurist? Are you stuck in the days of horses and buggies, or are you like the Jetsons? Maybe you're still carrying a pen and laptop, or you won't leave the house without the latest technology on your side. You may even be locked into the latest fashion and social trends. It is important to know if you are a futurist or if you are stuck in the past, reminiscing about the good old days. Take this quiz to learn more about yourself. What your personal style says about you there are many great things about being a traditionalist. You probably have solid values and you appreciate where things come from. You understand the work that went into doing something and you don't take anything for granted. At the same time, you're missing out on some of the amazing technologies that have come out in recent years. Your life be a lot easier if you'd pick up a cell phone or start starting movies on Netflix instead of making your VHS player work. If you are a traditionalist, consider finding a balance so you can enjoy some technology while still appreciating the past. Then you can enjoy the best of both worlds. There are also a lot of great things about being a futurist. You get on with all the latest technology, often in front of your peers. You can order pizza faster, find dates faster, and even chat without leaving the house. Of course, this has some drawbacks. The technology is great, but you have to put it down from time to time and spend time getting to know people. You have to take your face out of your newest device and actually look people in the eye and listen to them talk. If you're a futurist, work to find balance. Check this test and then use the results to make important changes. It's not easy to make a difference in your life, but you can do it. Start with the test. Assess who you are as a person and then make moves to be even better. ? New man or Neanderthal? Do you live a politically correct lifestyle, or are you more Neanderthal? When it's time to wash the dishes, do you lend a helping hand, or are you puffing beer and watching your other half come to work? You may not think of yourself as a Neanderthal, but if you live like this 1950s, you still have some evolving to do. Take this test to find out if you're a new person or if you're stuck in dark ages. Become a Man of Women Desire When you get the results, you may be puzzled. You didn't know what a Neanderthal you were. You can continue to be the type of guy that women want to run away from, or you could make some changes and become the type of man that women want. Go through the questions again to find out where you go wrong and then commit to making changes. With a bit of work, you can force a female deer over you. They're not just going to want to date you. They're going to want to marry you and make you part of their families. New people are all the rage right now, so you can become the most coveted guy you know when you drop a Neanderthal act. Also, your friends will respect you a lot more. No one wants to see a guy acting like Neanderthal.Take this test for your man What if you are a woman and you want to know more about your man? You can also take this test. Go through the questions, answering how your special guy will answer. You will get some idea of what kind of person you have. If you find that you are dating a Neanderthal, you can help him develop a little before bringing him home to his mother. After all, moms don't like guys treating their daughters like 1950s housewives. Take this test to find out if you (or your person) need to evolve. Then use the results to decide what your next steps should be. What do your eating habits say about you? Do you enjoy five-star meals at the best restaurants, or do you prefer to drive through fast food restaurants to get food? type of person who likes small plates with the best foods, or would you like to load up on junk food? Learn more about what your eating style says about by taking this test. The results will give you some insight into your habits. Then, you will know if you need to make any changes to become a balanced person. Finding Balance Is always a good idea to find a balance in life. Lovely food is good at times, just like a fast food snack or barbecue chicken leg fun every once in a while. The trick is not to rely on one type of food all the time. You can learn to enjoy food by taking it all from fine food to junk food. This test will assess your ability to use all types of food. If you have the option of going from five courses to chicken in a bucket, you have the flexibility needed to have fun with your meal. This type of flexibility can help you with other aspects of life as well. You can be more flexible at work and in social situations. You may even be more fun as a parent and partner. By retaking the test once you get the results, you will learn that you need to work to become a more balanced person. Work on yourself and then retake the test to see if you've made the necessary changes. Keep in mind that it will take some time to make all the changes. They will come slowly, but you will be able to become the person you want over time. Now started with the test. Share your results when you're done so your friends can learn more about your eating style. Then, you can all go out and grab the food together. 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