

# REGISTERED MASSAGE THERAPY (RMT) PROGRAM

FIRST COLLEGE  
FACULTY OF REGISTERED MASSAGE THERAPY

INSPIRING MINDS THROUGH EDUCATION



## PROGRAM OVERVIEW

### DIPLOMA - TWO - YEAR PROGRAM

The registered massage therapy (RMT) program is a two-year program offered in Kelowna. Registered massage therapy is a regulated profession in British Columbia. The registered massage therapist is a highly trained healthcare professional.

Registered massage therapists (RMTs) are currently in the most employable field with the fastest growing rate in Health Care.

Registered Massage Therapists (RMTs) in British Columbia are trained to: evaluate your health needs; provide an assessment of your specific soft tissue or musculoskeletal condition; predict the likelihood and/or timeline of your recovery; provide active (intense) or passive (gentle) hands on therapy; and through research, provide evidence-based patient education and remedial exercises. (taken from the RMTBC Website)

Registered massage therapists (RMTs) in BC have many employment options. They can work independently in private practice or with other healthcare professionals in a multidisciplinary clinic (with chiropractors, naturopaths, physiotherapist, kinesiologist, psychologists).

### WHAT WE PROVIDE:

Full Time Course Schedule -  
Week Days Classes

Highly Qualified & Professional  
Instructors

Scholarship and Subsidy Available

Small Class Size With State-of-the-Art  
Lab Facilities

### WHAT IS YOUR FUTURE OPPORTUNITY?

The ability to earn over \$100 per Hour  
as an RMT

### WHAT YOU WILL RECEIVE:

Registered Massage Therapy  
(RMT) Program Diploma

TRAINING at Stand First Aid with CPR - C

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DIPLOMA - TWO - YEAR PROGRAM

FACULTY OF REGISTERED MASSAGE THERAPY

www.firstcollege.ca - (778)478-6611 OR (778) 754-2888  
532 Leon Ave, Second Floor, Kelowna, BC Canada, V1Y 6J6

## ADMISSION REQUIREMENT

1. High school graduation or equivalent
2. Proof of meeting English Language Competency Requirements
3. Application Essay
4. Character Reference Letters
5. Current Resume
6. Introduction to Massage Therapy Course
7. A Criminal Record Check Clearance
8. Medical Note from Physician
9. Education Interview

Please review the detailed admission requirement on Page 3 & 4.

## PRACTICAL EDUCATION REQUIREMENT

Requirements are due prior to the first day of Clinical Placement in term three. The Student Services department will assist you with obtaining the necessary documents.

1. Current immunization Record
2. Standard First Aid with CPR - C and AED, provided by First College.

## PROGRAM COST

### DOMESTIC

Total Cost: \$34,750.00 CAD

- Application Fee - \$150.00 CAD
- Course Materials Fee - \$900.00 CAD
- Textbook Fee - \$1700.00 CAD
- Year 1 Tuition Fee - \$17,000.00 CAD
- Year 2 Tuition Fee - \$15,000.00 CAD

### INTERNATIONAL

Total Cost: \$38,950.00 CAD

- Application Fee - \$150.00 CAD
- Administrative Fee - \$200.00 CAD
- Course Materials Fee - \$900.00 CAD
- Textbook Fee - \$1700.00 CAD
- Year 1 Tuition Fee - \$19,000.00 CAD
- Year 2 Tuition Fee - \$17,000.00 CAD

Student Loans are Available

Students will receive a **Free Laptop OR \$250 Electronic Learning Support** at the start of the program.

## DATE AND SCHEDULE

For the upcoming intake schedule, please refer to [www.firstcollege.ca/rmt](http://www.firstcollege.ca/rmt) under the section "Date and Schedule."

Also, please contact the Academic Advisor, Alexandria Krause, for the detailed Academic Calendar at [admissions@firstcollege.ca](mailto:admissions@firstcollege.ca), OR call us at (778) 478-6611; (778)754-2888

Six Terms in two years (15 weeks per term)

Class Hours: Monday - Friday, 8:30 am to 3:30 pm or 4:00 pm (Including Lunch Break)

Student Clinic Hours (Practical Education): Term 3 - Term 6  
8:00am to 9:30pm on various days depending on the term.

**Introduction to Massage Therapy Course:**

(Please note: Completion of a two day "Introduction to Massage Therapy" Course offered by First College or another accredited Massage Therapy Institution in B.C., which is one of the prerequisites.)

For the upcoming introduction course intake schedule, please refer to [www.firstcollege.ca/rmt](http://www.firstcollege.ca/rmt) under the section "Date and Schedule."

# REGISTERED MASSAGE THERAPY (RMT) PROGRAM

DIPLOMA - TWO - YEAR PROGRAM

## DETAILED ADMISSION REQUIREMENT

Applicants must meet the following admission criteria:

**1. High school graduation or equivalent** (BC High School Diploma, BC Adult Graduation Diploma, General Education Development-GEC, or an equivalent secondary school completion from another jurisdiction).

**2. Proof of meeting English Language Competency Requirements** (Students must have strong verbal and written communication skills, as well as satisfactory and active English comprehension skills. All applicants must meet the English Language Competency requirements)

- For students whose first language is English, evidence of one of the following:

- Proof of completion of Grade 12 English.

- College courses determined to be equivalent to completion of Grade 12 English (or higher) by post-secondary institutions.

Applicants must produce transcripts as evidence of completion. A minimum of a C grade is acceptable.

-Canadian Adult Achievement Test (CAAT):

Reading Comprehension 35/50, Spelling 23/32.

- Language Placement Index (LPI):

The three individual scores (Sentence Structure, English Usage, and Reading Comprehension) must total a minimum of 20, out of a maximum possible score of 40. Essay level of 4, with a minimum essay score of 24/40.

- Accuplacer:

Grade 12 level or higher Recommended Cut Scores:

Reading Comprehension 60

Sentences Skill 55

Writeplacer 4

- For students whose first language is not English, evidence of one of the following completed tests:

- Canadian Language Benchmark Placement Test (CLB PT) completed within the last year.

Minimum scores in the following categories: Listening-7, Speaking-7, Reading-6 and Writing-6

Note: a CLB Report Card from a LINC Program may also be accepted.

- Canadian English Language Proficiency Index Program (CELPIP – General) completed within the last year. Minimum scores in the following categories: Listening-7, Speaking-7, Reading-6 and Writing-6.

- International English Language Testing System (IELTS) completed within the last two years.

Minimum scores in the following categories: Listening-6, Speaking-6, Reading-5.5, Writing-5.5.

- Canadian Academic English Language Assessment (CAEL) completed within the last two years.

Overall Score of 60, with no section less than 50.

- The Test of English as a Foreign Language (TOEFL) completed within the last two years, IBT only. Overall score of 76 with no score lower than 20 in Speaking and Listening and no score lower than 18 in Reading and Writing.

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## DETAILED ADMISSION REQUIREMENT

### 3. Application Essay

Please provide an application essay that is grammatically correct and 300-400 words. Your essay should address:

- Why you want to be a Registered Massage Therapist?
- What you have to offer the profession?
- What your experiences are, if any, with Massage Therapy?

### 4. Character Reference Letters

Two current character reference letters are required.

- The reference letters should come from any of the following: a healthcare professional (chiropractor, physiotherapist, doctor, nurse, etc.), an employer (past or present), or a friend who has known you for over five years.
- The letters should speak to your character and why they feel you are suitable for this profession.

### 5. Current Resume

Please provide a current resume that can be emailed to Admissions at [enrollment@firstcollege.ca](mailto:enrollment@firstcollege.ca)

### 6. Introduction to Massage Therapy Course

Completion of the "Introduction to Massage Therapy" Course offered by First College or another accredited Massage Therapy Institution in B.C. Course dates are listed on the website.

### 7. A Criminal Record Check

A criminal record check must be obtained from the B.C. Ministry of Public Safety and the Solicitor General's Criminal Records Review Office. First College's admission offices will provide applicants with instructions and forms for applicants to submit to the Solicitor General's Office and a deadline for the College to receive their criminal record check.

### 8. Medical Note from Physician

A Medical Clearance form, which is part of the application package, must be filled out by a Physician.

### 9. Education Interview

An interview with the Program Director will be scheduled once your application process has begun. You will be contacted by Admissions to schedule an in-person interview.

**Notes:** The following sections will not affect the admission decision. The purpose of these sections is to determine the suitability of the prospective student to our two year comprehensive RMT program but also to the massage therapy industry. These sections will enable the Program Director at First College to assess weaknesses and strengths of the student and to help prepare them for the program.

### 3. Application Essay

### 4. Character Reference Letters

### 5. Current Resume

### 9. Education Interview