



BE GREEN IT
Youth Exchange
CHEZAL - PRAGELATO
TURIN - ITALY

28th August - 5th September 2022

This project has been funded with support from the European Commission and the Italian National Agency (ANG). This infopack reflects the views only of the authors and the European Commission and ANG cannot be held responsible for any use which may be made of the information contained therein.



Co-funded by the
Erasmus+ Programme
of the European Union



Be Green IT

Youth Exchange for Young People 18-29 years old

40 young people aged 18 to 29 supported by 10 youth workers and group leaders from 8 different countries; Italy, Greece, UK, Croatia, Cyprus, Hungary, Spain and Portugal.

It will take place in Prigelato - Turin - ITALY from 28th August 2022 (arrival day) to 5th September 2022 (departure day).

Group Leaders will play a crucial role in creating inclusive and creative learning environments that foster the integration and development of young people and their ideas. One way to achieve this is through the principles and methods of non-formal education, because thanks to this type of approach, young people are encouraged to reach their potential and to be active members in their local communities. Considering the international dimension, young people receive essential tools to face global challenges through local actions. The program will use the peer to peer approach and self-directed learning, to which will be added the preparation of a campaign with the creation of graphic/video/audio/slogan /letters to/for local politicians with concrete proposals for action, to bring home the learning and share it with the world.

The program is designed to generate discussions and opportunities to share stories and experiences that highlight the skills and methods to overcome the daily environmental challenges faced by young people in the European and global context.

Mobility will see the implementation of different non-formal education methods and tools. The most important aspect of the methodology, however, is the self-directed dimension, the participants engage in self-discovery through learning by doing and reflection moments. In this way they will have the opportunity to better understand the methods and tools used and therefore to prepare themselves for their application once they return home.

VENUE: 28th August - 3rd September

Hamlet CHEZAL - Pragetato

<https://www.casalpinachezal.it/>

Casa Alpina Chezal - Via Fraiteve, Prigelato (TO) will host the project.

- The hamlet is located at 1.850 slm surrounded by nature, 5 km away from Prigelato village.
- Accommodation will be in shared mixed bedrooms for 6-8-10 people
- Organizing life together in the house will be part of the program.
- An Italian chef will support us for breakfast and meals, but Be Green IT will engage participants in the management of the kitchen in a sustainable way.



VENUE: 3rd - 4th September 2022

The OPEN011 youth mobility house in Corso Venezia, 11 in Turin will host the project.

- Accommodation will be in shared mixed bedrooms for 4 people, bathrooms and toilets in every room.
- Keeping the rooms tidy up is the responsibility of participants.
- There will be pillows, blanket and sheets in every bed.
- Towels are NOT provided by the venue.
- There is an open wi-fi internet connection in the hotel.
- There is a 24 h laundromat close to the venue.

<https://open011.it/>



Logistics/Travel - Arrivals

BEFORE BOOKING ANY TICKETS CONTACT US IN ADVANCE!

You can fly to the following airports:

- Turin Caselle (TRN);
- Cuneo Levaldigi (CUF);
- Milano Bergamo Orio al Serio (BGY), Malpensa (MXP) or Linate (LIN).

For other airports please contact us.

Be aware that trip to Milan airports are always cheaper, but Milan-Turin is around 2 hours and the tickets both ways is around 50€ per person.

We will **support you** booking local transport tickets to reach Turin and of course to come back!

- All travel proofs, such as boarding passes, invoices and bus tickets should be kept by the leaders and brought to the organizers in good condition.



FINANCIAL ARRANGEMENTS

The following project is financially supported by the ERASMUS+ grant. Food and accommodation expenses will be covered by the organiser. For travel cost please see the info below and check the maximum amounts awarded per Participant.

| COUNTRY | ORGANISATION | PARTICIPANTS | GRANT PER PAX | TOTAL GRANT |
|----------|----------------------|--------------|---------------|-------------|
| Greece | Kids in Action | 6+1 | 275,00 € | 1.925,00 € |
| UK | LoveLife Generation | 6+1 | 275,00 € | 1.925,00 € |
| Croatia | UDRUGA-PRIZMA | 6+1 | 275,00 € | 1.925,00 € |
| Spain | Somos Europa | 6+1 | 275,00 € | 1.925,00 € |
| Hungary | SZABAD TER EGYESULET | 6+1 | 275,00 € | 1.925,00 € |
| Portugal | SOPRO | 6+1 | 275,00 € | 1.925,00 € |

What to bring

- All season equipment, fresh and warm clothes and waterproof warm jacket. We will live in Italian Alps, you can check a few days before arrival the reliable weather forecast website www.meteopinerolese.it/
- Towels, toiletries, flip flops/slippers
- Some goodies to introduce us to your culture.
- Power is provided by Euro Plug, be ready with adaptors.
- A shopping list will be organized while we are in Chezal.
- In Torino on the 3rd and 4th of September you will have the chance to visit the city and explore, bring some cash but ATMs are everywhere
- In the venue OPEN 011 there is a bar with snacks and soft drinks and a snack machine on every floor.



Rules

- Rules are going to be shared and defined by the group on the first day.
- Drugs are not allowed according to Italian law.
- In case of emergency there will be always a car with us and a well-equipped medical centre is close to the venue (emergency number 112).
- Smoking is allowed in the smoking area, only in free time.
- Personal use of the mobile phone during the activities is not allowed, if not requested by the activity.

COVID-19

At the moment the only measure in place is about wearing the FFP2 face mask on local transport trains or buses. No restrictions to enter Italy. You can stay updated on the link <https://bit.ly/travelita>

Welcome to Turin (Torino in Italian)

Turin may not have the name recognition of Rome, Venice and Florence, but this cultural city in the north west of Italy has been the first Italian capital. The cradle of Renaissance, industrial capital, city of art and culture, innovation pole. It offers to visitors a perfect combination of architectural and monumental jewels, museums (over 40), art galleries, entertainment, good food, Baroque, Neo-classic and Liberty palaces, spacious piazzas lined with 19th-century cafes, the Chapel of the Holy Shroud, delicious chocolate and ice-cream.



Through the programme, we will have the opportunity on the 3rd and 4th of September to explore the city and even the countryside.

Turin is situated between the Alps which crown it on the west side and the hills on the east side.

Welcome to Alta Val Chisone

The Val Chisone is one of the Occitan valleys of western Piedmont, situated in the Cottian Alps in the Metropolitan City of Turin in north-west Italy. The valley is crossed by the torrent from which it takes its name, the Chisone. Pragelato is a tourist centre in the heart of the Alta Val Chisone. It forms part of the Vialattea ski area in the wintertime. Pragelato is the capital of cross-country skiing, an unrivalled realm of sustainable and experiential tourism. Chisone Valley also offers endless possibilities for mountain tours that allow you to safely enjoy the surrounding nature at any time of the season and in every season of the year.



Through the programme, we will have the opportunity to explore some outdoor activities in nature and if the group is interested we could organize some hiking excursion visiting what survives of alpine glaciers.

Insurance

- All participants should be informed (and act accordingly) of the possibility to be provided with a European Health Insurance Card, available from each respective country's social welfare system.
- All participants are covered by civil responsibility under the activities of MADIBA SCS from ASSIMOCO insurance company.
- If you need a negative test to come back to your country, we recommend that you purchase additional travel insurance with Covid quarantine options.

SUMMARY:

STEP 1: Identify the appropriate participants and Group Leader for the Youth Exchange according to the target of the project

STEP 2: Ask them to fill in the **application form**

<https://bit.ly/begreenita>

STEP 3: Look for travel itinerary and share with us the options you have found.

STEP 4: Get ready for the preparation ONLINE meeting where we are going to invite your teams to prepare workshop/activity/presentation about what is positive and negative in terms of environment and climate change in your local contexts.

CAN'T WAIT TO HOST ALL OF YOU
Be Green IT Team

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