

# Getting to Know you Questionnaire

*Hi Beautiful,*

*Please complete the Discovery Session form completely and honestly. This will enable me to serve you better. I am excited to meet you soon.*

**1. Have you worked with a Coach/Therapist/Mentor before? What results did you get/not get? Please Describe.**

**2. Tell me a little about yourself: family life, work, relationships, health, major life events.**

**3. What are your current frustrations, challenges, something you wish to change, improve.**

**4. What results would you expect to achieve through coaching with me?**

**5. On a scale of 1-10, how committed are you to work towards a change (10 being absolutely committed)?**

**6. On a scale of 1-10, how likely are you to invest in yourself through this program?**

**7. If you could receive anything in your life, what would it be? Describe what that life will look like?**

*Thank You! I am looking forward to helping you Heal Your Heart and Live Happily Ever After, making all your dreams come true!*

*Sweet Love,*

*~Rosanna*

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