



PROSTATE CANCER SUPPORT GROUP  
for gay, bisexual, and transgender  
individuals dealing with prostate cancer



The only requirement for attendance is that you are currently dealing with prostate cancer, its residual side effects, or are in remission.

## SUPPORTED BY ASA

- Open and inclusive with a special focus on the needs of Gay, Bisexual and Transgender individuals
- Peer-led support
- Trained facilitators
- Open to partners and supporters
- Confidential
- Welcoming and inclusive environment
- Status neutral
- Meeting third Tuesday each month

## PROGRAM LOCATION AND TIMES

**Hours: 7pm - 8pm**

**July 16: ASA Springdale,  
Q Lounge**

**August 20: ASA Main Campus,  
Room 110**

**Sept. 17: ASA Springdale,  
Q Lounge**

**October 15: ASA Main Campus,  
Room 110**

**Springdale:** 1023 Springdale Rd Bldg, 14, suite A  
**ASA Main Campus:** 7215 Cameron Rd



ASA SPRINGDALE

ASA MAIN CAMPUS



## WHAT WE PROVIDE

Gay, bisexual, and transgender people dealing with prostate cancer face added barriers and challenges beyond those of heterosexual men dealing with the same disease- challenges such as dealing with our sexual identities after treatment, getting accurate information from and to the medical community, and navigating sensitive conversations (How soon can we recommence sexual relations? How do we deal with erectile dysfunction? How do we renegotiate sexual roles and positions? How do we deal with other intimacy issues, especially in committed relationships?).

All of these challenges need to be handled with honest, open conversation--and that is the purpose of this group. Monthly group meetings are conducted similar to 12-Step program meetings: After a brief introduction by the host, people go around the circle to introduce themselves with their name (full name, if desired), date of diagnosis, staging score, Gleason score, treatment(s), and current status.

Then a group member (or the facilitator) poses a discussion topic for the meeting, and members take turns sharing their responses to the topic. If you are dealing with the effects of prostate cancer, this is a group for you. Partners and supporters are also welcome to attend!

Housed and supported by ASA, the group will have opportunities to learn about the full scope of supportive programs around HIV and Sexual Health provided by ASA, and the steps needed to enrol in services.

**The MISSION of AIDS Services of Austin (ASA) is to enhance the health and well-being of the community and people affected by HIV and AIDS.**