

# ON DEMAND

Just like the movies on your favorite streaming service, these courses can be paused and resumed as needed, **so you can go at your own pace!**

## CHILD CARE BASICS

### BASICS OF CHILD DEVELOPMENT: MEETING CHILDREN'S NEEDS

Understanding and meeting children's needs sometimes seems impossible, but it is always worth the time and effort. Children learn to trust or mistrust, feel safe or afraid, feel loved or unloved based on the people in their lives. As important people in the lives of children, we must work to allow them the joy and happiness of childhood, while facilitating experiences that give them the room to grow and develop. This 0.3 CEU (3 contact hour) course will give you some understanding of the needs of children in a learning environment. **\$20 | 0.3 CEUs**

### PRIMARY CAREGIVING

Primary Caregiving is a 2-hour (0.2 CEU) intermediate-level training event for early child care professionals who work with children of any age. Although primary care is mostly considered for infant and toddler classrooms, it is a tool that can be used to provide the security of a child's attachment to primary caregivers that can help provide a base for the child's social and emotional development. **0.2 CEUs**



***On Demand sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information for your training.***

## CLASSROOM ENVIRONMENT

### ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

## CURRICULUM

### A GUIDE TO THE GREAT OUTDOORS

The world once offered thousands of delights of free play to children. Children used to have access to the world at large, whether it was the sidewalks, streets, alleys, vacant lots, and parks of the inner city, or the fields, forests, streams and yards of suburbia and the rural countryside. Now, boundaries have shrunk – and when children do have free time, it's often spent inside in front of the television or computers. Come learn how to guide children back to the fun of the outside world!

### CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

## **CONVERSATION: THE COMMON THREAD IN OUR WORK**

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

## **IT'S OFF TO SCHOOL WE GO**

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to 5 across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

## **STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!**

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills children develop when exploring science, such as observing, recording, problem solving, and organizing information.

## **DIVERSITY, EQUITY, INCLUSION, BELONGING**

### **ANTI-BIAS EDUCATION IN ACTION**

Anti-bias education places diversity and equity goals at the heart of everything we do in early childhood. We begin by affirming each child and family's social identities and cultural ways of being. Building on the strengths and knowledge children bring to school, anti-bias teachers seek the active engagement of families and communities. More than a set of curriculum activities, this approach is a commitment to equity and social justice. Anti-bias teachers observe carefully, think critically, and reflect deeply. This training focuses on the four interrelated goals of anti-bias education, which are relevant to both children and adults. It was created for educators to visualize what anti-bias education looks like in the classroom and is intended to generate dialogue about how to bring the approach into practice.



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## **On Demand Bundles**

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***Please note: You will receive a separate email with a link to choose your classes!***

### **BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM**

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

### **FATHERS AND FATHER FIGURES**

This 2-hour/0.2 CEU introductory-level training event is for all early child care professionals who care about being inclusive of father and male figures in a child's environment. This course includes information about the value of having a male presence in the lives of children and about how to encourage male participation in the early childhood program.  
**0.2 CEUs**

— Our newest On Demand class! —



# BASIC SCHOOL-AGE CARE (BSAC)

**Now you can take this DCDEE-required training at your own pace!**

Basic School-Age Care is an introductory level training that includes a well-rounded review of six modules. It is required by the NC Division of Child Development for school-age care professionals working in licensed programs, but it's a great training for new staff in any afterschool program setting. *This training is ADA-friendly and has Spanish language components*

**0.5 CEU | \$25 | [Click here to register!](#)**

## **RACE AND RACISM IN EARLY EDUCATION**

This 2-hour/0.2 CEU introductory level training event is for early child care professionals who desire to open their minds and change the racism climate in early education. This course includes information about the existence of racism and some of the cultural norms in early education and the reasons we avoid talking about it. *This course is ADA friendly.* **0.2 CEUs**

## **ENVIRONMENT RATING SCALES**

### **ALL ABOUT THE SACERS-U**

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they relate to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

## **FAMILY CHILD CARE**

### **KEEPING CHILDREN SAFE IN A FAMILY CHILD CARE HOME**

Child abuse and neglect is a difficult subject to think about, but it's one that all child development professionals must be prepared to address. This 2-hour training event will discuss concepts of child abuse and neglect in a Family Child Care Home. Participants will learn about the legal and ethical obligation to report suspicions of abuse and neglect.

## **INFANT/TODDLER**

### **BREAST MILK: THE PERFECT BABY FOOD**

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility. *This course is ADA friendly.*



## **ON DEMAND TECHNOLOGY REQUIREMENTS**

- Computer/mobile device with internet connection
- Keyboard and mouse/trackpad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- PDF reader

Individual email addresses are required for registration.

### **GREAT PLACES TO BE A BABY: INFANTS' AND TODDLERS' LEARNING ENVIRONMENTS**

Research tells us infants and toddlers learn best in environments where they can have secure relationships with caring and responsive adults, where they feel safe, and where they feel free to explore and learn. A well-arranged environment can help you meet the needs of infants and toddlers. This session highlights the importance of the environment and provides an overview of what to consider when creating and maintaining developmentally appropriate infant and toddler learning environments.

### **POTTY TIME: WHEN IS THE RIGHT TIME?**

This 2-hour (0.2 CEU) introductory-level training event is for early child care professionals who work with children of toilet training ages. In this session, participants will learn to look for the cues that signal toilet training readiness in toddlers and will learn what to do when toileting accidents occur. They will also learn how to work with parents throughout the toilet training process.

**0.2 CEUs**

### **SHAKEN BABY SYNDROME**

This 2-hour training session will address the importance of understanding and preventing Shaken Baby Syndrome and Abusive Head Trauma, devastating forms of physical child abuse that can occur in homes as well as in the child care environment.

## **NEW EMPLOYEE ORIENTATION**

### **A+ SUPERVISION**

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this session, participants will learn to recognize common situations that pose risks to children and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

## **KEEP IT CLEAN**

Sanitation and health issues are primary concerns in child care settings. Do you know when you and the children are expected to wash hands? Do you know the proper hand washing and table washing procedures? Can you perform the proper diapering procedures? Do you have questions about cleaning the sink(s) in your room, and do you know which bleach and water solution to use? Do you need ideas for teaching hygiene to children? This training event will explore keeping your classroom clean and your children healthy.

## **POSITIVE GUIDANCE**

This session will explore the principles of child development, understanding the importance of developing a “classroom community,” and how adult emotions impact children’s behavior. Participants will have the opportunity to practice strategies for developing a classroom community and for managing child behavior.

## **PROFESSIONALISM**

### **PROFESSIONALISM: THE SECRET OF SUCCESS**

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display and the knowledge you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

### **THE HEART OF TEACHING: 12 CHARACTERISTICS OF EFFECTIVE EARLY CHILDHOOD EDUCATORS**

Join us for a 3-hour learning event where you will delve into the 12 essential traits of effective early childhood educators. This session will provide practical strategies to help you develop and enhance these key characteristics, ensuring you can make a meaningful impact in your educational environment. The session will consist of video and/or audio presentations, practical application assignments and written reflections. *This session is ADA-friendly.*



## **WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT**

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

## **WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP**

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment. *\*For administrators and those in leadership positions.*

## **SCHOOL-AGE**

### **FUNDING SCHOOL-AGE PROGRAMS**

School-age programs can often lack needed funding to support special projects or initiatives. This course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

## **SOCIAL-EMOTIONAL**

### **BULLYING: TODAY'S MEAN SCENE**

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed.

### **DEALING WITH SEPARATION ANXIETY**

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET’s reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

### **GRANTING CHILDREN THEIR EMOTIONS**

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children’s emotions seriously.

# FREE ACTIVE READING TRAININGS!

## FOR INFANTS & TODDLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this 5-hour, 0.5 CEU course designed for teachers by CCRI, you'll learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world. **FREE | 0.5 CEUs**

## FOR PRESCHOOLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this 5-hour, 0.5 CEU course designed for teachers by CCRI, you'll learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words," and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world. **FREE | 0.5 CEUs**

## MAKING HAPPY HAPPEN: BUILDING RESILIENCE IN CHILDREN

This course helps providers understand specific characteristics or elements in a child's life that most contribute to resilience. Developing these resilient tendencies will give a child the essential life skills needed to cope with challenges, adopt a positive perspective, and develop self-confidence and self-worth – all essential ingredients for happiness. *This course is ADA-friendly.*

## PRAISE OR ENCOURAGEMENT: WHAT'S THE DIFFERENCE?

Most educators agree that children need to be in supportive, friendly environments. But can too much praise be counterproductive? This workshop will explore how to support children's efforts with encouragement and learn to stop saying, "Good job," "Great!" and "What a beautiful picture!"

## TRAUMA: STRATEGIES FOR THE TRAUMA-INFORMED CLASSROOM

This 0.2 CEU (2-hour) introductory-level training event is for early childhood professionals who want to be more informed about how to manage children who have been through trauma. Learners will be able to define trauma and learn

about the effects of trauma on brain development, and learn how trauma can affect behavior and learning. This event will also give strategies to help respond to and interact with children who are affected by trauma. *This event is ADA-friendly.* **0.2 CEUs**

## ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!

If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

