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GENERAL MEMETICS NEWSLETTER July 2022

Dear Friends and Colleagues,

I - Anne-Chloé speaking - walked the Fire.

Our full day of preparations focused on experiencing and expressing <u>Anger</u> in our bones (instead of our muscles) and <u>Fear</u> in our nervous system while being in contact with another human being.

My main practice in feeling my Fear consciously is to do so without collapsing or leaving my physical body, and instead using my Fear like a lightning rod. The more I anchored the Fear in my nervous system, the more my Being could inhabit my 5 Bodies. I practiced relaxing my muscles and grounding myself deeper while the Fear

I was not simply getting ready for walking on burning coals that night, I was preparing myself to be a Firewalker for the rest of my life.

The evening comes. We light the fire together. It becomes so hot that we are forced to take multiple steps back from the flames. We sit, and look on in silence at the stacked pinewood logs incinerating in their own heat until they collapse onto each other as mountains of burning coals. It takes more than two and half hours for the walkway to be ready.

There is something else going on.

I enter the space where walking on Fire (barefoot!) is possible. Nobody told me about this until I entered the context of <u>Possibility Management</u>. Almost nobody knows the power of taking <u>radical responsibility</u> for the context of the <u>space</u>.

As a human being, you have the capacity to <u>cavitate</u> and <u>navigate space</u>. The space determines what is possible. If you do not make these talents conscious, you end up mostly living spaces with unconsciously created ordinary Possibilities.

You want something different? Learn how to Cavitate Space and Navigate Space!

Let me give you an example of space shift: I walked on seven meters of hot coals and came out with only 2 minuscule blisters on my left toes (see the bandaids on the pictures). How does that happen? Here is a thought: two of my teammates told me that I carried a piece of coal between my left toes as I exited the walkway. The moment I was past the coals, I let go of the extraordinary space in which I could walk on Fire and shifted back into the ordinary space where fire burns. And then it did. I let you know that even though the tiny hairs on the tops of my toes were buried under glowing coals, they did not even singe!

I still do not understand how my feet are okay. I walked along the city sidewalks today and I am amazed that I can walk at all. The good news is that I am okay with not understanding. I can <u>shift space!</u>

Clinton and I are about to enter our second series of back-to-back 5-day extraordinary Training spees on our Transformational European Tour in Poland. We start with an *Expand The Box Training* on Wednesday (20 July) which you can still join. It is followed by a *Possibility Village Lab* from 27-31 July (which is full at the moment), and then by an *Intimacy Journeyer Lab* from 3-7 August (which was full, but we just opened 10 more spots).

We come full-circle and complete our Transformational European Tour in Portugal with a 5-day <u>Heal From School Lab</u> from 13-17 August, for which you would need to have participated in one *Expand The Box* and at least one Possibility Lab. All information are available through the links.

Love,

Anne-Chloé, Clinton and the General Memetics News

Firewalking Initiation

in Poland 13-14 July 2022











Global Ecovillage Network Gathering

in Denmark 7-11 July 2022











Latest STARR: Abusing Yourself or Evolving?

from Anne-Chloé Destremau



Listen to more STARRS

Upcoming Events









TRANSFORMATIONAL EUROPEAN TOUR

ETB Poland 20-24 July 2022

https://possibilitymanagement.org/calendar/PRYNW9/

LAB Poland 27-31 July 2022 (FULL)

https://possibilitymanagement.org/calendar/QMN798/

Intimacy Journeyer Lab Poland 3-7 August 2022 (not FULL)

https://possibilitymanagement.org/calendar/Q3GZ2N/

Heal From School Lab Portugal 13-17 August 2022

Click on the link or photo of the Event for more information (you will be sent to the possibilitymanagement.org website)

https://possibilitymanagement.org/calendar/J27WEW/

Possibility Management Online Global Offers Calendar

WorkTalks, Workshops, Rage Clubs, Fear Clubs, Study Groups, Possibility Teams, Online ETBs... Get electrified!
With other Possibiliators!
Around the world!







Expand The Box, Possibility Lab, Feelings Practitioners Lab, Intimacy Journeyer Lab, ... Find the Training you need in your area!

Link: https://possibilitymanagement.org/calendar/













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