



**Hilevel Hawaii (HLH)**

GED



Let it Fly

**GED** is a program for learning how to be **G**rateful, **E**xcited and **D**evoted in the face of a challenge.

*The HiLevel **Individual GED** is a magical combination of power and grace, flow and serenity. Follow the process that allows you to embrace the moment and all of the blessings it has to offer.*

# Let it Fly With Fire and Passion

## Individual Effort

The time and energy it takes for an individual to complete the process of learning to give your best effort can be broken down into eight key elements: Clarity, Gratitude, Fire, Hilevel Performance Profile, Excitement, Devotion, Accountability and Fun/Value.

### Clarity

What is the destination? What are your goals? Have you defined what level of performance will count as being truly excellent?

### Gratitude

What is the Why? And is it strong enough to get you where you want to get? As an individual you must become fully engaged in the Power of Appreciation: The want to be present and get better, the eagerness to establish and maintain a process for getting the job done and the ability to battle, to give your best effort.

### Fire

Do you have the conviction needed to embrace the challenges you will most likely encounter: To buy into the program, to adjust to the demands and to operate at acceptance at all times and in all ways? Along with fire you need to have faith in the process.

### Performance Profile

An Individual performance profile will be compiled from the awareness of you personal tendencies provided by MBTI (Myers–Briggs temperament inventory). What have your learned about your ability to perform under pressure, your need to adjust and make good decisions when it counts the most?

### Excitement

An abundance of positive energy is required in order to settle down under pressure, bring yourself present and access the skills you need in the moment.

### Devotion

The ability to deal with pressure, and experience work→fun (the pleasure and satisfaction that comes when you work beyond your imaginary limits and perform at new levels of excellence.

### Fun and/or Value

The rewards for learning to give your best effort under pressure: To experience the satisfaction and success and celebrate these achievements in a way that cements learning and growth.

A handwritten signature in blue ink that reads "Brad". The signature is stylized with a large, looping 'B' and a cursive 'rad'.

**Brad Yates**

HiLevel Coaching Service

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