

BIRTH PROCESS

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(NOTE: Possibility Management is open code thoughtware. The copyleft notice affirms that this material cannot be copyrighted. The use limit is to assure that if an unqualified person tries to deliver this initiation and runs into problems, they alone are responsible. This is a powerful initiatory process that tends to catalyze expansion in personal consciousness and causes 5 Body Liquid States. It needs to be delivered within a specifically held context and space by a person with a specific skill level, quality of consciousness, and intention.)

FORMAT: This initiation is done in a group of approximately 4 persons. It is one of the PM Floor Processes, with the exception that two or three additional helpers are required to provide pressure from the womb as contractions, and to be the safeplace 'mother' when the baby is born.

PURPOSE: In this process the Client gets to consciously reexperience their birth process starting with a clearer understanding about what the circumstance are and what they decided for their Survival Strategy design based on those circumstances. And also the Client gets to consciously go through their birth as a Do-Over, making adjustments.

NOTE: Birth Process is also a time to check to see if the Client was in the mother's womb with a twin brother or sister who somehow died during the pregnancy and no one acknowledged this until now. Dealing with the death and departure of the twin is a different and most often separate process, done later, but it can be checked for in the Birth Process.

SETUP: Mattress or big soft cushions on floor. This is the 'womb'. Client crawls in and lies down in fetal position. Helpers cover Client with heavy blanket and apply gentle pressure. Later, after Clarity has been established, helpers need to apply rather severe firm pressure pulses as the mother's 'contractions' begin forcing the baby out of the womb into the world.

BACKGROUND CONTEXT: Modern birthing practices are horrifying and inhuman compared with natural childbirth. At least 85% of modern births in Brazil are planned according to the doctor's schedule and delivered by Cesarean Section surgery. So much is lost it is nearly inconceivable to make the recovery.

PROCEDURE:

1. As you probably know by now, every birth is unique. There can be no method in this Process. It depends on what the Being of the baby brings with them.
2. The important part of this Process is noticing how the person is being with the mother, with the contractions, with the womb place – the safety of it plus the increasing too-smallness of it.
3. At the beginning, thoroughly check-in with what is going on. What does the Client feel glad, sad, angry, and scared about. Write it down in their [Beep! Book](#).
4. Before the birth starts, what does the Client decide in the womb about life, about men, about her mother? Also write all this in the Client's *Beep! Book*.
5. Write down the elements of the Client's [Survival Strategy](#) as the contractions begin at the start of the birthing process?

6. So many old decisions are made, and unless they are made consciously, the old decisions rule the Client's life and relationships forever.
7. Check for if Client had a twin-sibling in the womb with them who died. This can be handled now or later in a separate process. It is important to go through that whole meeting, greeting, understanding what happened and why between the twin Beings, what decisions were made there, and saying goodbye.
8. And then suddenly the Client must use their rage, 100% survival get out of the womb alive rage. The Client has to fight for his or her life.
9. This is a LOUD process. If the Client is not at the maximum of their Fear and Rage, they are not doing the Process.
10. Even if the doctors numbed the mother, or pulled out the baby at the wrong time with a Cesarean Section operation according to the doctor's calendar, the Client has this chance to have a full [Do-Over](#), better, fuller, louder, with you all there listening, connected, being with the Client. They get to have their birth experience in the 'good' way.
11. The Client eventually ends up outside the womb after FULLY fighting her or his way out. The Client ends up fully wrapped up into the connected arms of a totally loving spaceholding mother. For a long time.

COMPLETION AND WRAP UP: