



DRJOANNEPSYCHIATRY.COM




PROFILE

Passionate board certified psychiatric nurse practitioner with 20 years of extensive experience in perinatal nursing. Competent at assessing, diagnosing, and treating psychiatric disorders in men, women, & children across the lifespan.

CONTACT

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Mental Health Nurse Practitioner

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MARYLAND | NEVADA | GEORGIA

AREAS OF EXPERTISE & SKILLS

- PMS & PMDD
- Psychiatric Disorders During Pregnancy
- Postpartum Psychiatric Disorders
- Psychopharmacology & Breastfeeding

SERVICES

Integration of Mental Health Services within OB/GYN Private Practices via telepsychiatry.

- Initial comprehensive psychiatric evaluation & diagnosis after screening & referral by OB/GYN.
- Treatment recommendations (pharmacologic and non pharmacologic).
- Brief, solution focused therapy.
- Monitoring patient responses to psychotropic medications and adjusting medications in collaboration with the OB/GYN.

Benefits

- Integration of holistic services
- Increased patient satisfaction
- Improved medical outcomes
- Decreased inappropriate use of OB/GYN services
- Patient convenience in a familiar setting
- Minimizes stigma of seeking mental health services.