

How Parents with Toddlers Managed to Assist Them Intellectually During the COVID-19

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INQUIRY QUESTION

How Parent Managed Their Children During the Covid-19 Pandemic to Enable Children's Cognitive Development?

- The Covid-19 pandemic brought a life-changing environment harming the child's social, health, and material well-being.
- The changing climate varies depending on various institutions such as schools, places of worship, and other places of playing (Relief Web, 2021).

COVID-19 Pandemic



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Social Distances and Confinement

Tend to Increase Risks to Toddlers

Such as

- Poor nutrition among the children
- High anxiety and stress levels
- Reduced intake of care and family services

RELEVANT

IMPORTANT

When children are defined in such cases, the children's cognitive development may be specified as it affects how they think, figure, and explore things (UK Parliament, 2021).

Parents should ensure that children manage

- Emotional challenges
- Transformation of disposition through intelligence, reasoning, information processing, language development, and memory.



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Indoor & Outdoor Games

- Allows proper function of the body and intellectual development.
- Children develop psychological health depending on the games they play with parents' support.
- The indoor games helped to develop a fundamental interest in understanding the subject matter considerably and avoid transmission of Covid-19.
- Outdoor games promoted development in children



Drawing and Painting

- Learn more about the world.
- The activities of art stimulate creativity enhancement and problems solving skills.
- Children gain visual-spatial processing in that they can express and have the memory to build their self-esteem.
- Helping children boost strength and hand-eye coordination.



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Sounds Making and Identification

- Enhancing listening and concentration skills - a sense of identity in developing confidence and self-esteem.
- Toddlers feel it necessary to interrupt others with sound equipment (Eyimaya & Irmak, 2021).
- Children understand the behavior that does not align with their needs, and more interaction promotes new ways and recognized movements (Brown, 2022).



Reading Books

- Parents enhanced reading and storytelling with babies and children.
- Reading book offers language acquisition and improves communication, social, and literacy skills.
- Reading and looking at the picture in the book formulated an understanding of how to write and interpret simple comprehensions (UNICEF, 2020).
- Imagination help children grow their understanding the written word.
- Children would go even leading aloud.



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CONCLUSION

The pandemic enhanced different requirements that parents had to consider to ensure that children were not affected in their development. The set creativity required understanding that would bring the parent-child relationship positively. As a result, the action was mitigated and offered a solution to children, thus ensuring they interacted with the environment as expected. Therefore, activities such as indoor and outdoor games, drawing and painting, reading books, and making sounds formulated needs that are influential in children's cognitive development. Although Covid-19 poses a considerable risk to children, research has shown that activities held by parents shape children's brains and behavior. Therefore, intellectual activities and adequate interaction through full support should be prioritized to offer children full capabilities, understanding, and definition of roles.



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