



Young people's mental health – recognising the impact post Covid-19
Tuesday 3rd November 2020, 12pm – 1.30pm

AGENDA

Welcome by the Chair

Sally Cavers, Head of Inclusion, Children in Scotland

Supporting the Wellbeing of Autistic People and their families

Charlene Tait, Deputy CEO, Scottish Autism

- Highlight the range of issues affecting the mental health and wellbeing of autistic people and their families
- Outline support offered during Covid
- Consider the potential implications for future service offerings

Post Covid-19: The current stance on mental health and stigma

Laura Sharpe, Education and Young People Manager, See Me Scotland

- Why should mental health stigma and discrimination still be a priority?
- Children and young people's views and considerations
- Involving children and young people to support recovery

The lived experiences from school projects during Covid-19

Patricia Lyon, Area Manager, Place2Be

- How Place2Be flexed our offering to meet the challenges of working remotely to support families during Coronavirus
- Lived experience of families during lockdown
- The challenge of keeping vulnerable children safe during lockdown via remote safeguarding procedures

The impact of Covid-19 on young people's rights - where do we go now?

Erin Campbell MSYP, Midlothian North and Musselburgh

- The views of children and young people on their ability to access their rights, referencing SYP's 'Lockdown Lowdown' survey
- The relevance of the UNCRC and other human rights legislation in ensuring that young people have adequate access to mental health support
- Why a human rights based approach to mental health and mental health services must be adopted in Scotland's Covid-19 recovery

