Michelle Ericksen is a medicine woman, teacher, researcher and coach. As a first-generation daughter of Northern European immigrants, and the step-daughter of immigrants from Mexico and Argentina, Michelle's roots were woven across culturally diverse languages, spaces, practices and values. From an early age, she was aware that her white-embodiment fostered preferential treatment and privilege, leading her to a lifetime of systemic work in public education and government, devoted to understanding and rectifying racial, social, and other inequities.

Michelle has been engaged in ritual work since her 20s. Working with individuals and small groups, Michelle's syncretic plant- and spirit-based offerings draw from a variety of teachers, wisdom and shamanic practices\*, as well as the fields of education, psychology, neuro-biology, trauma-informed practices, quantum physics and cultural anthropology. She received a masters from Stanford and a Ph.D. from the University of Oregon. She is an ordained minister with the Universal Life Church. Michelle is bilingual in Spanish, has lived in and traveled to 45 countries, and continues to teach, coach and do decolonizing and JEDI work in her communities.

## \* Teachers

- El Abuelo Carlos Jesus Castillejas (Trad. Maya/Anahuac)
- Maestro Alejandro Cerda y Jannet Patzi (Trad. Aymara)
- Quispi Freeman (Trad. Quero)
- Fredy Quispi Puma (Trad. Quero/Mestizo)
- Don Oscar Miro-Quesada (Trad. Pachacuti Mesa)
- Sandra Ingerman (Trad. Core Shamanism)
- Shane Martin (Trad. Lakota/Siletz)
- Walter Ryce (Trad. Cosmic)
- Starhawk (Trad. Neopaganism/Ecofeminism)