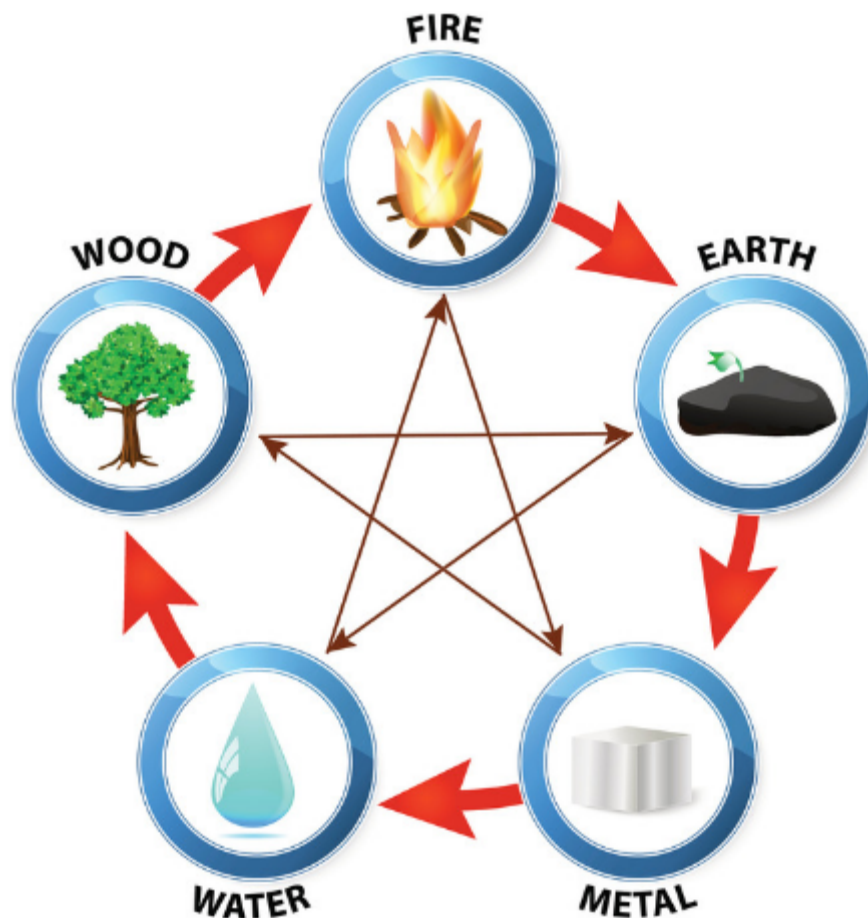




How to Use the Five Element Theory to Enhance Your Feng Shui Practice



A SPECIAL REPORT FROM LILLIAN TOO

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What are the five elements exactly?

The five elements are really five types of “chi” or energy and they are fire, earth, metal, water and wood.

What are the properties of each of the elements?



1) Water Chi – in the North means wealth and success related to money but you must get the money to flow “in” and not to “overflow” – you must regulate your water chi. The color associated with water is black, and the number is “1”.



2) Wood Chi – in the East and Southeast represents growth – just as a seed grows into a beautiful flower or tree. So the element wood stands for growth and expansion – it is upward growth. The color associated with wood is green and the numbers are “3” and “4”.



3) Fire Chi – in the South brings recognition luck and fame but must be controlled – it can burn very strongly or die out quickly and in many directions. The color associated with fire is red and the number is “9”.



4) Metal Chi – in the West and Northwest is a powerful element – cold and sharp and considered quite “inflexible” in nature – it brings power and authority. The color associated with metal is white and the numbers are “6” and “7”.



5) Earth Chi – the center of the home – the core as well as the southwest and northeast sectors. Like Mother Earth this chi is protective and takes care of the home and people inside – it must be balanced. The color is ochre and the numbers are “2”, “5” and “8”.

The Three Cycles of the Five Elements

If you are to practice feng shui with success you must become familiar with the five elements and have a good understanding of the three cycles of the five elements as shown in the diagram. You must understand the relationship and interaction of the five elements and commit them to memory.

Productive Cycle:

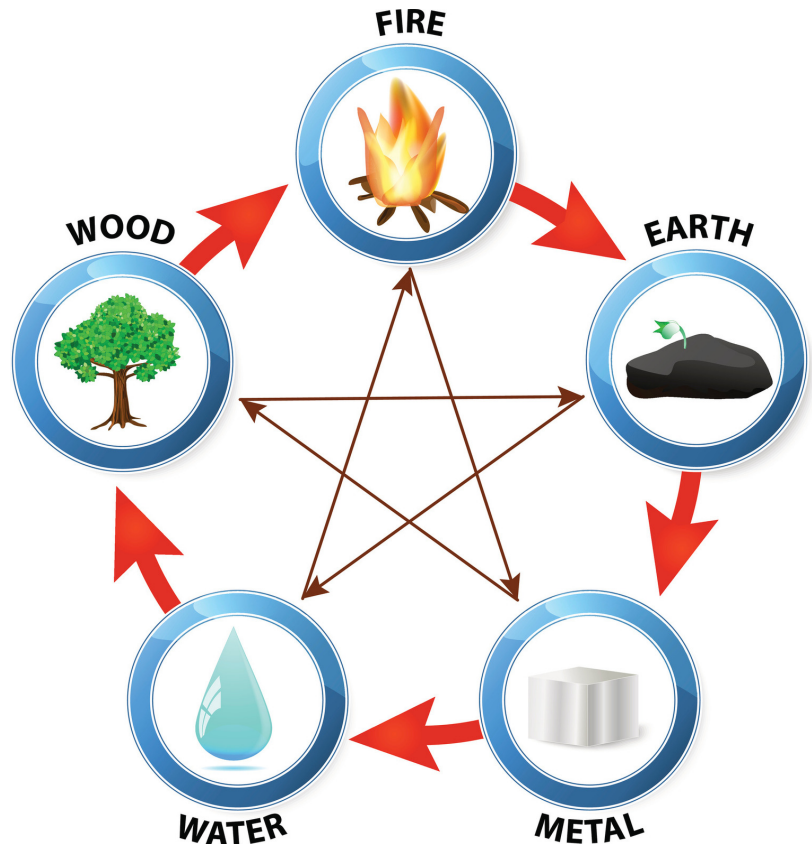
- fire produces earth
- earth produces metal
- metal produces water
- water produces wood
- wood produces fire

Exhaustive Cycle:

- fire exhausts wood
- wood exhausts water
- water exhausts metal
- metal exhausts earth
- earth exhausts fire.

Destructive or Killing Cycle:

- water destroys fire
- fire destroys metal
- metal destroys wood
- wood destroys earth
- earth destroys water.



The Three Cycles of the Five Elements

The productive cycle will naturally produce harmony and well being so should be used when you wish to enhance the element of a certain location while the exhaustive cycle can be used for overcoming afflictions in certain locations of the home or office. The destructive or killing cycle is used to powerfully overcome strong afflictions of poison arrows or annual star movement in the flying star school of feng shui.

To Enhance, Exhaust or Destroy

ENHANCE - If you wish to enhance a particular sector in your home or office then introduce the element that produces the element of the sector you wish to enhance.

EXAMPLE:

If you wish to enhance the east sector of your home for growth then you should introduce a water feature (such as a fountain) and since water produces wood this will be good for the east sector.

If you wish to increase your wealth then you should introduce metal to the north sector since metal produces water and also you can put a water feature here. However, don't put earth elements such as crystals in the North since earth kills water in the destructive cycle.



In the southwest or northeast you can use objects that belong to the fire element as these will “produce” earth and strengthen it. Lights, the color red and also the earth element in the form of crystals are very good.



EXHAUST - If you wish to exhaust the energy of a particular sector or corner of your home you would introduce the element that exhausts the energy of that sector.

EXAMPLE:

If you wish to exhaust the west area (metal) you would introduce a water feature in the west like a fountain since water exhausts metal.

DESTROY - If you wish to destroy, block or deflect a poison arrow, you must first determine the direction that the poison arrow is coming from and the element of that direction. Then introduce the element that kills or destroys that particular source element.

EXAMPLE:

If the poison arrow is coming from the west or northwest (metal), then you would introduce a bright light shining directly at the poison arrow since light represents the element fire and fire kills metal.

Learn more about the five elements and other fundamental principles of feng shui by enrolling in Lillian Too's flagship online course, Practical Feng Shui for Modern Living at

<https://learningwithlilliantoo.com/sales/practical2019/>.

