

First College Covid-19 Safety Package (Appendix C)

Welcome to First College! We are looking forward to meeting you soon at our Campus!

Like all countries globally, Canada is doing its best to stop the propagation of the COVID-19 virus. Therefore, all international students must follow strict health protocols to enter the country to continue their education. You must follow to reduce the risk of infection and transmission of the virus, including undertaking a mandatory 14-day quarantine period immediately upon arrival in Canada.

Enclosed, you will find First College COVID-19 Safety Plan; please print it, read it, and bring you as part of your travel package. Failure to abide by these guidelines may prohibit you from accessing First College.

Please take some time to review the information in this document. Please note that if not following this protocol, students may be denied entry into the country, or may be from your program of study with no refund. Government authorities may also fine students for non-compliance in certain situations.

DOCUMENT CHECKLIST

Make sure you have the following documents available when you arrive in your carry-on luggage. You will be required to present these to a Canada Border Services Agent when going through Canadian customs and immigration.

Applicable for all students:

- ☐ Passport
- ☐ Study Permit or Permit Confirmation Document (if applicable)
- ☐ Letter of Acceptance
- ☐ Accommodation Letter (if applicable)
- ☐ Proof of Medical Insurance
- ☐ Proof of Financial Support
- ☐ Signed Copy of This Document
- ☐ Proof of A Negative Laboratory Test Result for COVID-19 (PCR or LAMP)
- ☐ Proof of Government-approved Hotel Booking Confirmation
- ☐ [Download the ArriveCAN App](#) on your mobile device (available for iPhone and Android) and complete the pre-arrival forms on the app
- ☐ [Download BC COVID-19 App](#) for all the updates, critical alerts, self-assessment tool, and resources from public health

TRAVEL & SELF-ISOLATION PLANS FOR INCOMING STUDENTS

All students who plan to travel to Canada are required to

- Notify First College and submit the self-isolation plan prior to their date of travel
- Submit the information electronically through [the ArriveCAN](#)

Before completing the form below, you should review [public health measures for travelers to Canada](#) and our COVID-19 Safety Plan for important information to help you create a successful plan to travel to Canada and quarantine for 14 days upon arrival as required by the Government of Canada.

PERSONAL INFORMATION		
FULL NAME (LAST NAME, FIRST NAME)		
LOCAL PHONE NUMBER		EMAIL ADDRESS
STUDENT ID		YOUR CLASS STARTING DATE (DD/MM/YYYY)
PASSPORT NUMBER	PASSPORT COUNTRY OF ISSUE	PASSPORT EXPIRATION DATE (DD/MM/YYYY)

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TRAVEL & ISOLATION PLANS		
ARRIVAL DATE (DD/MM/YYYY)	THE COUNTRY YOU ARE ARRIVING FROM	AIRLINE & FLIGHT NUMBER, OR LAND BORDER CROSSING
SELF-ISOLATION ADDRESS IN B.C.		
UNIT NUMBER, STREET		CITY
PROVINCE	COUNTRY	POSTAL CODE
TYPE OF SELF-ISOLATION ACCOMMODATION		
IF OTHER, PLEASE SPECIFY YOUR TYPE OF SELF-ISOLATION ACCOMMODATION		
TRANSPORTATION TO SELF-ISOLATION ACCOMMODATION		
IF OTHER, PLEASE SPECIFY HOW YOU WILL TRAVEL TO YOUR SELF-ISOLATION ACCOMMODATION		
GUIDE & GOVERNMENT REGULATIONS		
<input type="checkbox"/> I have carefully reviewed and understand the First College COVID-19 Safety Plan. <input type="checkbox"/> I have carefully reviewed and understand all of the government regulations on self isolation on return to B.C. (bit.ly/2SX3ntz) including the penalties of violation of the Quarantine Act, which include up to 6 months in prison and/or \$750,000 in fines. <input type="checkbox"/> I have obtained proof of a negative laboratory test result for COVID-19 from either a molecular polymerase chain reaction (PCR) or Loop-mediated Isothermal Amplification (LAMP), which was conducted within 72 hours prior to my scheduled departure to Canada (bit.ly/35FTPtL). <input type="checkbox"/> I have submitted my information electronically through the ArriveCAN app (bit.ly/3ezV292). <input type="checkbox"/> I am entering Canada with medical insurance that provides coverage for COVID-19 during the period of mandatory quarantine upon entry. <input type="checkbox"/> I have access to sufficient funds to cover any and all additional COVID-19-related costs, including testing.		
* During the mandatory 14 days quarantine period, you will be contacted on a daily basis by your student advisor and homestay family (if applicable) to monitor your physical and mental well-being.		
STUDENT NAME	SIGNATURE	DATE (DD/MM/YYYY)