

# Serenity by the Sea

## Daily Itinerary of Activities

### THURSDAY – 9/12

- 2:00pm – 7:00pm** – **Registration Open\***
- 8:00pm – 9:00pm** – **Round Robin Meeting** – Meeting on the beach. Bring a blanket or chair.
- 9:30pm – 11:30pm** – **Movie on the Beach** – Bring a blanket and lay out under the stars.

### FRIDAY – 9/13

- 7:30am – 8:00am** – **Morning Meditation** - Meet on the beach. Bring a blanket or chair.
- 9:00am – 11:00am** – **Fishing/Hiking Excursion** – Meet-up in campsite 201. Beginners welcome!
- 11:00am – 12:00pm** – **Men/Women's Stag Meetings** – Meet in campsite 201 and walk to nearby locations.
- 2:00pm – 7:00pm** – **Registration Open\***
- 1:00pm – 3:00pm** – **SBTS Olympics** – Will you take home a medal? Meet in campsite 201 and walk to nearby locations.
- 3:15pm – 4:30pm** – **Tide Pool Exploration** – Meet in site 201 and then walk to Tide Pools as a group.
- 5:00pm – 6:00pm** – **Scavenger Hunt** – Meet in campsite 201.
- 8:00pm – 9:30pm** – **Speaker/Participation Meeting** – Meeting will take place in the Amphitheater. Amphitheater will open at 7:45pm.
- 9:30pm – 10:30pm** – **S'mores Cookout** – Meet in campground. S'mores making supplies will be provided, but feel free to donate.
- 10:30pm – 12:30am** – **Friday the 13th** – Watch the iconic horror flick under the stars.

### SATURDAY – 9/14

- 7:30am – 8:00am** – **Morning Meditation** – Meditation will take place on the beach. Bring a towel or blanket to sit on.
- 9:00am – 2:00pm** – **Registration Open\***
- 9:00am – 12:00pm** – **Volleyball Tournament** – Register by 9am at campsite 201. Teams of 4.
- 1:30pm – 4:00pm** – **Cornhole Tournament** – Register by 9am at campsite 201. Teams of 2.
- 3:00pm – 5:00pm** – **Sandcastles** – Meet in campsite 201.
- 4:00pm – 5:15pm** – **Meditation Workshop** – Campsite 201. Beginners welcome!
- 6:00pm – 7:30pm** – **SBTS Committee hosted Camp Dinner** – A “family” style cookout with hamburgers ‘n fixins. Meet in campground.
- 8:00pm – 9:30pm** – **Speaker Meeting** – Amphitheater will open at 7:45pm.
- 9:30 – 10:30pm** – **S'mores Cookout** – Meet in campground. S'mores making supplies will be provided, but feel free to donate.
- 10:30pm – 12:30am** – **Movie on the Beach** – Bring a blanket and lay out under the stars.

### SUNDAY – 9/15

- 7:30am – 8:00am** – **Morning Meditation** - Meet on the beach. Bring a blanket or chair.
- 9:00am – 10:00am** – **Gratitude Meeting** – Campsite 201.
- 11:00am – 12:00pm** – **Clean-Up** – Help us clean up the wreckage of our presence - campground & beach.
- 12:00pm** – **Check Out** – Check out no later than noon.

**\*Registration will be open during the hours noted in the itinerary.** Because we are coordinating with park officials, someone from the committee must be present when you enter the park. If you can't make it during the registration hours, please contact Thea at 818-298-7227 to make arrangements. Other Questions? Email Erica @ SerenityByTheSeaCampout@gmail.com

**NOTE – THIS ITINERARY IS SUBJECT TO CHANGE WITHOUT NOTICE**

## Activities, Meetings, & Fun. Oh My!

**Nightly Meetings** – Thursday night will host a Round Robin style participation meeting. Friday night will be a speaker/participation meeting. Saturday will be our main Speaker meeting with awards and recognition to follow.

**Stag Meetings** – Men's/Women's meetings with killer leaders.

**Morning Meditation** – A quiet 20-minute meditation on the beach to start the day the right way.

**Meditation Workshop** – Dive into meditation with our very own Paula N!

**Gratitude Meeting** – Before we depart and head back to our busy lives, let's give some gratitude.

**Volleyball Tournament** – An action-packed tournament that separates the winners from the losers! Teams of 4 will compete for medals and bragging rights.

**Cornhole Tournament** – A bean bag toss game that's sure to get a bit competitive. Teams of 2 will compete for medals and bragging rights.

**SBTS Olympics** – Opponents will face off in a myriad of beach themed games!

**Hiking Excursion** – Hike local trails in the Carpinteria area with various degrees of difficulty. Beginner's welcome!

**Fishing Excursion** – Eric C will lead us to the water to catch some fish. No fish tales allowed!

**Tide Pool Exploration** – Explore the underwater ecosystem of the tide pools and meet some of the critters that call them home.

**Movies on the Beach** – 3 nights, 3 movies. Guess what's playing on Friday, the 13th...

**Camp Dinner** – A "family" style cookout with hamburgers 'n fixins. Donations are welcome, don't forget your appetite.

**S'mores Cookout** – Who doesn't love s'mores? We'll have everything that you need, but we welcome donations.

**Games** – Spike Ball, KanJam Ultimate Disc Game, Giant Yard Pong and Paddle Ball will be available at all times to enjoy.

**Kids Activities** – Scavenger hunt on Saturday, Sand Castles on Sunday. Fun everyday!

## Camp Rules

- ALL Carpinteria State Beach and CSB Campground guidelines set by the park must be adhered to.
- **NO DOGS** allowed, except for service dogs accompanied by appropriate paperwork.
- **NO OUTSIDE FIREWOOD.** Firewood can and should be purchased from the park while supplies last.
- **NO LITTERING.** Period. This includes cigarette butts and food.
- If you are using a generator, please bring a fire extinguisher and note park rules regarding the operation of your generator.
- **Cigarette smoking is not allowed on the beach.** Please only smoke in your personal campsites and be respectful of others and children. **ALWAYS dispose of your butts in an appropriate trash receptacle.**
- **Respect all other campers' privacy,** both those that are with our group and the general public as well. Be mindful of others and **respect all quiet hours (10pm – 6am)**
- Campsites will be assigned prior to guest arrival. Special requests may not be accommodated. **No refunds will be issued if you don't get the campsite assignment you wanted.**
- We encourage you to post your photos on social media! You can share them to our private Facebook group or tag us on Instagram @SerenityByTheSeaCampout. Please remember that this is an anonymous program. **Don't post photos of ANYONE** without their permission and always tag appropriately. If you don't know if they want to be tagged or shared, don't do it.
- We are a family friendly event and we encourage you to bring your kids! However, **your children are your responsibility and should be supervised by you at all times.** We assume no responsibility for your children or their actions.
- **CA is not responsible for any lost or stolen items.** This is a public beach and a public campground. Please act accordingly to protect your personal property.
- **CA is not responsible for any injury or illness as a result of this event.** This event may present numerous hazards to your health. Please be aware of the risks associated with camping in general and the risks involved with each of the activities that you participate in. You attend this event at your own risk. If you are feeling ill or you injure yourself, please alert a committee member immediately.
- **Failure to follow these or the park's rules could result in your removal from the event without refund.**
- **HAVE FUN!!**