

Aminah Moody is a non-binary artist using they/them pronouns. They began their dance studies at three years young. Aminah started their dance journey at "Jones-Haywood", a historically acclaimed dance school for Black Dancers, training in a Pre-Professional program, consisting of Ballet, Pointe, Variation, Horton, Dunham, Jazz, and Choreography. Jones Haywood was not only their first home but their first Job. Aminah began as a teaching assistant there at nine years of age while also training.

After some time at Jones Haywood they continued their dance studies and teaching at CityDance Conservatory. Their training consisted of training in Ballet, Jazz, Modern, Contemporary, and Contemporary Ballet. When getting ready to shift into college they decided to take a gap year which gave them time to further their artistry in many ways. They danced with Project Based companies SJ Ewing and Dancers as well as Priore Dance while also teaching classes at CityDance. After their gap year, they studied at SUNY Purchase Conservatory of Dance, while also being the Conservatory of Dance Class President and excelling in their academic and dance studies. They danced in the Purchase Dance Company as well as training in Ballet, Graham, Limon, Pointe, Pointe Partnering, Improvisation, and Contemporary Partnering.

Over the years Aminah has trained and danced in works with Sandra Fortune-Greene, Devi Ramey, Hinton Battle, Dionne Figgins, Samantha Figgins, Brandye Lee, Sonia Dawkins, Katherine Smith, Ralph Glenmore, Maleek Washington, Robert J. Priore, Lorraine Spiegler, Andrea Long, Bruce Wood Dance. YY Dance Company, Dance Theatre of Harlem, Koresh Dance Company, Gallim Dance Company, Connie Shau, Martin Lofsnes, Rosanna Seravalli, Bettijane Sills, Stephanie Tooman, Kimberly Bartosik, Sue Bernhard, Bradley Teal Ellis, Jean Freebury, Joseph Malbrough, and Michelle Thompson Ulerich.

Aminah's mission is to teach dancers how to move and engage THEIR own bodies—starting conversations through dance and discovering artistry with students through technique and mentorship.