

Cultural Field Clearing Initiation

- © World Copyleft 2020 ff. by Nicola Neumann-Mangoldt. For use by registered Possibility Trainers only.
(Documented: 22. September 2014 by Nicola Neumann-Mangoldt)

(NOTE: Possibility Management is open code thoughtware. The copyleft notice states this material cannot be copyrighted. The use limit is to assure that if an unqualified person tries to deliver this initiation and runs into problems, they alone are responsible. This is a powerful initiatory process that tends to catalyze expansion in personal consciousness. It needs to be delivered within a specifically held context by a person with a specific skill level, quality of consciousness, and intention.)

This initiation was invented out of the necessity in the space during the PLab delivered in September 2014 in Unterdietfurt by Nicola Neumann-Mangoldt, Patrizia Patz and Sonia Willaredt.

FORMAT:

Process type: whole group process

Duration: 4 hours

PURPOSE:

Clear the resentment people have about modern culture in order to strengthen the field of next culture.

SETUP:

Part 1: whole group in a circle

Part 2: group in a line facing representatives of modern culture areas.

INTRO / BACKGROUND:

Note: This initiation showed already during an exercise called "Taking back personal expectations you have towards the universe, God or life." This exercise brings people into total liquid state and opens an archetypal door. It is helpful to do this exercise on the first day of a lab and the initiation on the second day in the evening.



During your process of initiation (e. g. in PM trainings or other trainings), you might get a sense of next culture, a culture in which something completely different is possible from what we find right now in the world. However, the more you proceed with your initiation, it may well happen that you live in your next culture bubble rejecting modern culture. You might even think “My culture is better than modern culture”. But by just thinking this, you are actually again playing the game of modern culture, because you are in unconscious fight mode “I win – you lose”. Tell me what the characteristics of that mode are. (superiority, better-knowing, denial, isolation, despair, arrogance, being the missionary, etc.)

Since you have been raised in modern culture, the aspects of patriarchy are woven into your nervous system, into each cell. You carry a certain load with regard to modern culture. What does the load include? (Accusations, resentment, hatred, frustration, envy, bitterness, degradation, expectations, etc.)

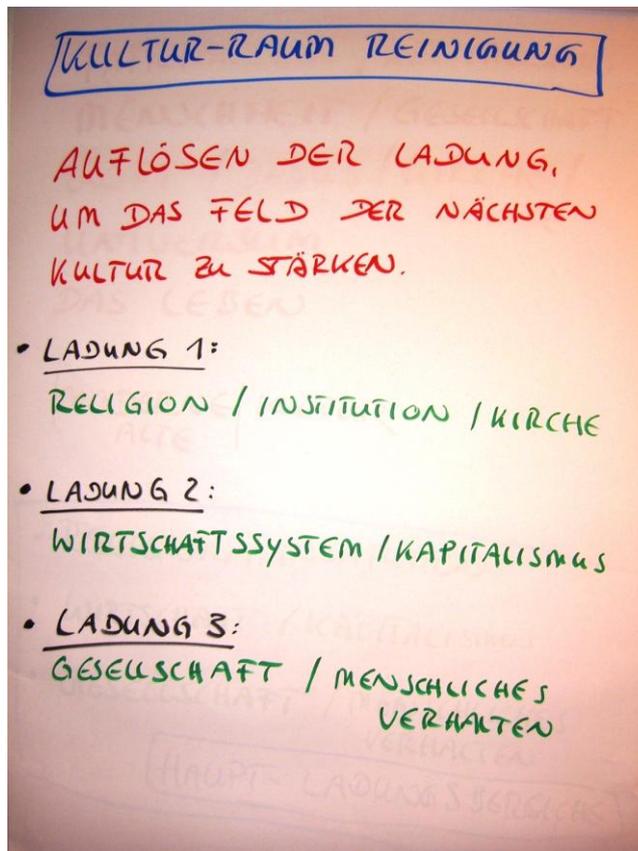
As long as you are carrying this load, there is an energetic entanglement between you and modern culture. To be and live next culture you have to cut the energetic entanglement from modern culture. You have to release the load you are carrying so that next culture can unfold.

INSTRUCTIONS / PROCEDURE:

Part 1: Discovery Speaking

What are the main areas of modern culture that are charged the most?

- Religion / Institutions / Church
- Economy / Capitalism
- Society / Human Behavior



Note: People might already get angry by the end of part 1. Then it is high time to move to the initiatory process.

Part 2:

We are now going to do a process to clear all the resentment and load you carry and thus cut the energetic entanglement with modern culture so that the field of next culture gets strengthened. The process will be hard and loud.

The 3 of us (trainers) will represent one area after the other as a group, i. e. we will first represent the area of religion/institutions/church. You will release the full load. Don't worry about us. Just keep going. It will go in waves. When the first wave is through, we will repeat what we heard you say before you start with the second wave. The space holder in your line will announce this. (Note: make sure there is a trainer space holder in the line of people)

Please move away all chairs. Have a glass of water and go to the toilet. We'll start in 5 minutes.

(When participants gather again)

Please stand in line. We have put a rope on the floor representing the border. Don't cross this border. We also have tissues available and a bucket at each end of the line.

There is one rule: Don't hurt yourself or anybody else. Do you agree? (YES!) Does anybody not agree? Okay, so we have a safe space.

We (the trainers) will now leave the room. As soon as we come back in, we represent the first area of religion/church/institutions. As we stand, you start right

away. At first it might be personal charge you unload. After a certain time you might speak for other people, for humanity or the Earth and it gets archetypal. Just keep going. It might mainly be anger, but also fear and sadness. Whatever comes, let it come. Everybody take a deep breath.

- First round yelling.
- As soon as the wave calms down, space holder in the “yelling line” announces that the communication will now be repeated. “The representatives will now repeat back, what they heard you say.”
- Second round yelling.
- Second round repeating.

It will be obvious when the charge is gone. Then the representatives will leave the room.

Space holder in the room: “Please take a deep breath. You are doing great. We will now go to the next area. The representatives are now from economy/capitalism”.

- First round yelling.
- As soon as the wave calms down, space holder in the “yelling line” announces that the communication will now be repeated. “The representatives will now repeat back, what they heard you say.”
- Second round yelling.
- Second round repeating

Representatives leave the room.

Space holder in the room: “Please take a deep breath. You are doing great. We will now go to the third area. The representatives are now from society/human behavior”.

- First round yelling.
- As soon as the wave calms down, space holder in the “yelling line” announces that the communication will now be repeated. “The representatives will now repeat back, what they heard you say.”
- Second round yelling.
- Second round repeating

With the third area, the people yelling soon start realizing that they also yell at themselves, since they are part of society. As soon as the resentment is cleared it might well happen that the people who yelled before start doing steps towards the

representatives of society to integrate them into their circle. Let this develop. It might be hard for the society representatives to accept the offer of being integrated, because they are scared. It might happen that some of the previously “yelling group” take back expectations forever, which they had against society to enable the representatives to integrate into the circle.

As soon as the society representatives are part of the circle (everybody holding hands) let the process develop further. It might well happen that people start saying Bright Principles of next culture, or appreciating each other.

And it might well happen that all together give next culture a tone by humming together in the end.

As trainer you can feel the space shifting more and more towards peace and love the more the charge is released during the process.

DEBRIEF:

No debrief after the process. Have late dinner or let people go to bed. People have to digest what just happened.

See what people share the next day about the initiation.