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## Essence and alchemy pdf

The artisan perfumer reveals the lost art and its mysterious, sensual history. For centuries, people have taken what seems to be an instinctive pleasure in rubbing scents into the skin. The spirits helped them pray, heal, and have love. And while there were perfumes, there were perfumers, or rather priests, shamans and pharmacists, who were their predecessors. However, in many ways, perfumery is a lost art, its creative and sensual possibilities overshadowed by synthetic ingredients, which consist of modern perfumes that have neither the subtlety and complexity of essences derived from natural substances nor their lush history. Essence and alchemy revives the social and metaphysical heritage that is intertwined with the evolution of perfumery, from the drama of the spice trade to the quests of alchemists, to which today's perfumers owe both philosophical and practical duty. Mandy Aftel tracks smell through boudoir and bath and into sanctuaries of worship, offering ideas about the relationship between smell and sex, loneliness and soul. Along the way, she conveys instructions in the art of perfume compositions, complete with recipes, guiding the reader in the process of transforming materials that continue to follow the alchemical sayings to solve and coagula (dissolve and combine) and himself aesthetically and spiritually transforming. Publishers Weekly has named this unique title an extraordinary treatise on the history and creation of perfumes and welcomes author Mandy Aftel's ability to bring pure delight to the bouquet of fragrances in the natural world and its irreverent sensibility that embraces the little-recognized aphrodisiac-like smell of sweat. Renowned perfumer Mandy Aftel explores the primitive nature and fundamental importance of fragrance in everyday life, teaching people the nature of smell and the idea of olfactory consciousness in *Essence and Alchemy: A Natural History of Perfume*. With gorgeous illustrations, the book also serves as a practical guide to creating custom fragrances for a variety of purposes, and explains the process of selecting basic notes, heart notes and head notes to create truly personal fragrances and perfumes. Writer and perfumer Mandy Aftel was the founder and chief perfumer of all-natural perfume company Grandiforum, and went on to create Aftelier, a company that focuses exclusively on creating custom perfumes for men and women. As an authority on natural essences and custom spirits, she participated in panels for the spirit industry, and demonstrated and taught the art of natural perfumery across the nation. Her work has been featured in such publications as *In Style*, *Vogue*, *W Magazine*, *Self*, *O (Oprah) Magazine*, *Allure*, *Health* and *Elle*. The smell of her extraordinary collection of oils took me to beautiful places I had never been before. A fragrance that Aftel is mixed exclusively for me full of citrus and herbal flavors that complement my culinary life. --Alice Waters, executive chef and owner of the famous Chez Panisse restaurant Reading Mandy Aftel on perfumes like listening to Mozart on original instruments- this is a revelation of tone and technique. It captures the sensual pleasure of working with the aroma of oil and the intellectual delight to compose in the fragrance. Her book combines the sensitivity of the perfumer with the authority of the historian and the passion of the enthusiast. --Avery Gilbert, President of the Sense of Smell Essence and Alchemy Institute, Mandy Aftel. Mandy Aftel is fascinated by magic and alchemy - and she writes so beautifully, she definitely adds a touch of fabulous dust to this truly readable book. It's more than a flavor story: it looks behind the scenes at the evolution of fragrance making, and packs a lot of information about essential oils and their attributes. A natural perfumer himself, working only with botanical essence (and with its own fragrance line based in California - Aftelier - and in the final chapters it segues into how the book is a good place to start if you want to become your own perfumer mixologist, and deepen your understanding and love of perfumes by making a fragrance of your own. (Reading reviews www.goodreads.com, it inspired a lot of readers to do just that.) On Amazon 25%off Please note: Catch up with the current workload. All orders placed now will be made and sent after Monday, October 5. Considered DesignBeautiful and sustainable, natural rapeseed wax candles scented only with essential oils, hand-poured into a reusable handblown by the British made borosilicate glass vessels designed to be mastery. Circular Economy - zero waste, wiped out in 2017, Essence - Alchemy Refueling to keep containers in use, minimize waste and provide an innovative alternative to throw away candle glasses. Planetary well-beingTheir suppliers to partners to the way of production and packaging products, environmental protection is at the heart of the Essence and Alchemy brand. Nature PerfumeNoting is artificial. Essence and alchemy essences are natural and truly unique, formulated by carefully mixing 100% aromatherapy pure essential oils. My long absence from the book review community, both here and on YouTube, can be blamed largely on my growing interest in perfumes, which started about two years ago and only became more serious. (Well, there's work, too, but I figured I'd blame-transition to something that sounds a little interesting.) The author, Mandy Aftel, is one of the great suppliers of independent perfumes in the United States. She currently runs a highly successful company called Aftelier Perfume (pla My long absence in the book review both here and on YouTube, you can be accused of part of my growing interest in perfumes that started about two years ago and only became more serious. (Well, there's work, too, but I figured I'd blame-transition to something that sounds a little interesting.) The author, Mandy Aftel, is one of the great suppliers of independent perfumes in the United States. She currently runs a highly successful company called Aftelier Perfume (a game on the word atelier) that sells perfumes and other products related to the smell. When you ask around in Facebook fragrance related groups for other people who make their own fragrances as I plan to start doing pretty soon, this is always the first book that everyone recommends. People are just raving about it. If there is anywhere you want to start, they say it with *Essence and Alchemy*. So in full preparation for learning as much as I could before I started ordering essential oils, concretes and other ingredients used in perfumes, I hastily ordered a book from Amazon. However, I was very disappointed with what this book had to offer. It's not exactly useless for a complete neophyte, which I have completely: there's good information on which notes are best mixed with others, and which types of oils serve as top notes (those you smell in the first place), heart notes (those you smell for most of the term smell), and basic notes (smell as it starts to finally die on your skin). I had a lot of questions. Can a sandalwood be a heartfelt note? Is there anything I can do to prolong the life of citrus notes? Which rose is better, Egyptian or Bulgarian? It was really valuable information and I'm glad I found the answers at a reasonable price. (You'll be amazed at how expensive some technical books on perfumes can be.) However, much of the book deals, unfortunately, with the alchemy of the title. I suppose there might have been a hint that this would have been a bit, as I should put it - a new age and kooky? To my taste. Much of the first half of the book - a part that focuses on the alchemy of the fragrance - is intertwined with block-quotes, like the following from Henri Bergson's French philosophy: These memories (olfactory sensations), messengers from the unconscious, remind us that we are pulling behind us by surprise. But while we may not have a clear idea of this, we feel vaguely that our past remains real to us... Undoubtedly, we think with only a small part of our past, but it is with all our past, initially bent our souls, that we desire will and act. Our past, therefore, is generally manifested to us in its impulse; it is felt as a trend, although a small part of it is known as an idea. Other similar quotes from people like Carl Jung abound. Don't get me wrong - I love Jung, and even Bergson. Look at the history of what I am it is full of an obscure philosophy that only an unreleased nerd would even deign to touch. What I like to read less is like a perfumer who seems perhaps too in love with his craft, mixed in texts by alchemy and philosophy so create a kind of salmagundi voodoo that is only occasionally embellished with useful information other people promise it has. For someone really interested in taking their first steps in creating their own flavors, only chapters 3-6 are needed. There's also a very useful index on the back that gives a list of the most important oils that Aftel says are irreplaceable, and every spirit should have, along with a curated list of online stores where you can purchase said materials. If you're interested, there's also a short chapter about mixing bath salts (no, not a fun kind that make you have people's faces off). All in all, not a complete loss, but I was sad not to have found more useful information here. Boldly forward to Steffen Arctander's *Perfumery and Fragrance Materials of Natural Origin!* ... More... More essence and alchemy a natural history of perfume. essence and alchemy pdf. essence and alchemy a book of perfume. essence and alchemy a natural history of perfume pdf. essence and alchemy by mandy aftel. essence and alchemy a book of perfume by mandy aftel. essence and alchemy a natural history of perfume by mandy aftel. essence and alchemy mandy aftel pdf

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