

Pulling The Rug Out Initiation

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(NOTE: Possibility Management is open code thoughtware. The copyleft notice affirms that this material cannot be copyrighted. The use limit is to assure that if an unqualified person tries to deliver this initiation and runs into problems, they alone are responsible. This is a powerful initiatory process that tends to catalyze expansion in personal consciousness. It needs to be delivered within a specifically held context by a person with a specific skill level, quality of consciousness, and intention.)

FORMAT:

Groups of 4 in chairs. (60 – 90 minutes, recommended to practice 2 or better 3 times during one Lab.)

PURPOSE:

This initiation is about taking radical responsibility for consciously being able to *pull the rug out* from another person's feet to benefit the other person and not your own Box's defense strategies or your Gremlin's Shadow Principles. It involves consciously applying an already known skillset that turns out to be one of a Possibility Management Trainer's basic tools (and definitely needed by Trainer Trainers...).

INTRODUCTION / BACKGROUND:

The Tibetan Buddhist teacher Pema Chodron wrote, "*The nature of reality is groundlessness.*" The reason I quote her here is because Possibility Management has made the same discovery. Another way to say this is: "*There are only two things in life: Bullshit. And nothing.*"

The point is that authentic adulthood starts when a person becomes initiated into their natural competence in navigating the void. In other words, as they say in Possibility Management, "*Human beings are designed to fly.*"

People typically start realizing this after their sixth or seventh Possibility Lab when the solid identity that they shape-up into after their PLab liquid states is smaller and less stable than their previous identities... again... and the length of time the liquid states last between solid identities extends longer and longer so that solid identities are farther apart in time, and they start noticing that the ecstatic freedom-of-movement from having less and less conceptual, emotional, and energetic baggage becomes more and more pleasurable, or at least more familiar.

It is said that the best way to learn something is to teach it. How do you learn the Trainer skill of *pulling the rug out*? Teach it to others! Here we go!

For some people, *pulling the rug out* is already an unconscious expertise of their Gremlin. It is a common offensive survival strategy for about a third of the 18 Standard Box Designs.

Such a person figured out how to *pull the rug out* from under their parents, siblings, teachers, bosses, bothersome colleagues, nuisance neighbors, pompous religious authorities, etc. and it works perfectly well for them still today. They use it unconsciously as a threatening weapon and it makes them feel safe. It also freaks other people out causing their friendship circle to be minimal or shaky.

For other people the very idea that it is possible or learnable to *pull the rug out* from under another person's reality base can be the most foreign, rude, frightening, upsetting, disturbing, 'dangerous', threatening, horrible thing to become aware of that they can do.

There are many ways to *pull the rug out*. In fact, you can re-name *pulling the rug out* in various ways that precisely indicate some of the methods for *pulling their rug out*. For example, crash their constructs into other constructs, radically question their logic, take god-like superiority, insult their beliefs, laugh at their taboos, dance around just outside their Box walls, flex in front of their rigidities, undermine their expectations, be incomprehensibly kind, mirror their security blankets, step through their impossibilities, deepen your connection to their Being, give to them what they would never give to another, radically trust them, ridicule their hidden assumptions, fulfill unreasonable requests of yourself on their behalf, take every tiny thing seriously, exaggerate their self-protections, be on their side in everything, question their original context, dissolve your own credibility in front of them, require them to be clear about their intentional but unconscious confusions or imprecisions, become nothing and invite them to join you, consciously commit to their hidden competing commitments, defy their projections by shifting your identity in their favor, present them with a vacuum of your own needs, call their bluffs, earnestly brag about them to others, appreciate them beyond their capacity to defend themselves, take away their allies or their alibies, agree with their disagreements, justify their excuses and justifications, help them thoroughly blame someone or something else, and so on.

As you can see, it is quite a creative department. And since each of us is so complex, since our Boxes have so many facets, and our Underworlds have so many unexplored addictions and little demon-slaves hiding out in shadowy crevices, it is a simple matter to spontaneously invent a hundred more possible ways to *pull their rug out* without hardly breaking into a sweat. You are probably far better at this than you presently think. We simply need to practice a bit in the view of other Trainers to make your artfulness more conscious to you.

The key is to know that ordinarily we drag around with ourselves an entire wagon-full of comforts and indispensables, things we cannot imagine ourselves doing without. Some of these things are physical, but most of them are intellectual, conceptual, emotional, perceptual, energetic, imaginary, relational, and historical. They fill up a whole wagon nonetheless. And we are attached to our weighty wagon. We drag it around everywhere we go and it severely limits our possible destinations. Who are we without all those funny little gewgaws and thing-a-ma-jigs in our wagon, some of which are even broken, some of which we do not remember where they came from or what their purpose is? But they are home to us, and if any of them are lost or even moved a little our whole grip on the world is destabilized. Never mind that the grip is delusional.

None of this wagonload is bad. You need to remember this. Being able to upset the wagon at the whim of your impulse is also not good or superior. As an authentic adulthood initiator, as a technician of nonlinear evolution, as a transformational alchemist, as a fierce

sorceress, this skill is a tool of the trade. It is commonly necessary, without much warning, to be able to zip your client's foundational-platform out from under them instantaneously so they can receive what they came to you to get... so that something other than their standard operating procedure can occur. This is what they are begging you for.

Entering nothingness is as ordinary as walking. While walking, there are moments of freefall in every step where it is obvious you will fall over and smash your nose until you move the other foot and find some new solid thing to shift your weight to. The path of personal development is no different: it also involves taking steps into nothingness. As Donovan's song lyrics go: "*First there is a mountain, then there is no mountain, then there is. The caterpillar sheds his skin to find a butterfly within.*" This is a transformational map. We are just following the map and vanishing the mountain now and then so a new mountain can appear. It is all, of course, illusion, but in our line of work, a necessary and useful illusion.

Also, none of this has to do with taking a person's center away. The center is irrelevant while *pulling the rug out*. A person can put their center wherever they want, and move it somewhere else in an instant. *Pulling the rug out* is about dissolving a familiar reference frame into nothingness in an instant. You do not have to touch or even refer to a person's energetic center to do this. Yes they will lose their balance because there is nothing more to stand on. No this does not have to do with losing their center. Trying to get someone to give you their center would be a power-struggle game. *Pulling the rug out* is not about power; it is about clarity... clarity that the rug is not actually there in the first place. It has to do with losing the delusion that there is solid ground to stand on... ever...

Remember taking radical responsibility for being a story maker in *Expand The Box* training? This is an extension of the same thing. Groundlessness means no story is true, especially the stories we stand on to avoid acknowledging the reality of groundlessness.

INSTRUCTIONS / PROCEDURE:

1. Please arrange yourselves in groups of 4 spread out around the room in chairs (where you can understand each other's language).
2. One person is the Possibility Manager who will practice *pulling the rug out*.
3. The Possibility Manager can choose any of the 3 actual persons in their group to be the Client.
4. Try to *pull the rug out* from under the Client in various ways. This is NOT role playing. Work with the real people in your group.
4. The other 3 people, including the chosen Client, please give ongoing *Go! Beep! Shift!* feedback and coaching as accurately as you possibly can in realtime about how it is going for the Possibility Manager to pull the rug out. Did it work? What worked? How did they do it? Is it not working? Why not? What did they miss? What else could they try?
5. It is important to try to speak about all the subtle energetics that are happening. Talk about the maneuvers, the gestures, as precisely as possible, so you can help each other to notice what is actually going on. How does someone notice when the rug is gone? How do people put their rugs back together? Why do they do this?
6. Each person gets about 15 minutes as Possibility Manager, then switch.
7. Possibility Manager, choose someone as Client and please begin: *pull their rug out*.

COMPLETION AND WRAP UP:

Take sharing and comments. Keep in mind that this might be an unsettling experience for either Possibility Manager or Client. This may lead to extended or unusual liquid states. Make the time to talk about it.