

Projecting and Reacting to Stereotypes

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(Revised: 13. September 2013 by Nicola Neumann-Mangoldt)

FORMAT:

Groups of 3

Duration: 45 Minutes (15 minutes per person + check-in)

PURPOSE:

Gain clarity about how many projections we use.

SETUP:

Teams of 3 spread in the room with their chairs.

INTRO / BACKGROUND:

INSTRUCTIONS / PROCEDURE:

Get together in groups of 3, Nacktschnecke, Tintenfisch and Worm.

1. One person projects a stereotype onto a second person (e. g. a Mexican person, a homeless, a Jewish person, a single mom, a CEO, etc.) and the second person unconsciously react to being stereotyped. (This is obviously a form of conscious theater to consciously react unconsciously). The coach (worm) gives feedback and coaching on how both use projections.
2. One person projects a stereotype onto a second person and the second person names the stereotype out loud but does not react to it.
3. One person projects a stereotype onto a second person and the second person spins and shrugs or wiggles their way out of the projection with energetic grease (this is done energetically and verbally). Then change roles.
4. Both people interact with each other without projecting ANY stereotypes at all. The audience acts as a GO!-BEEP!-Team identifying unconscious stereotype projections. This could open up totally new next culture free space interactions.

DEBRIEF: