

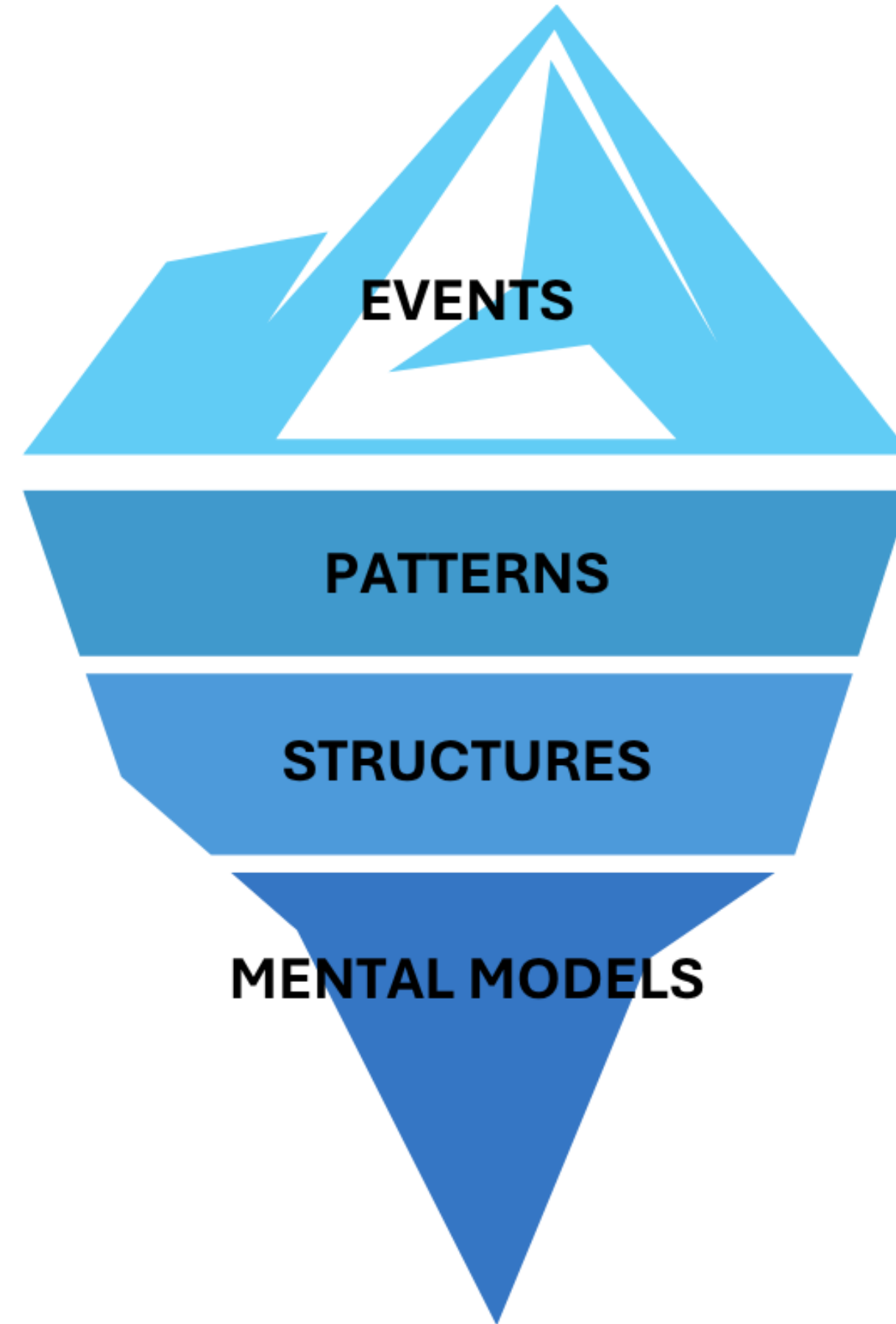
The Illusion of Separation and the Path of Reconnection

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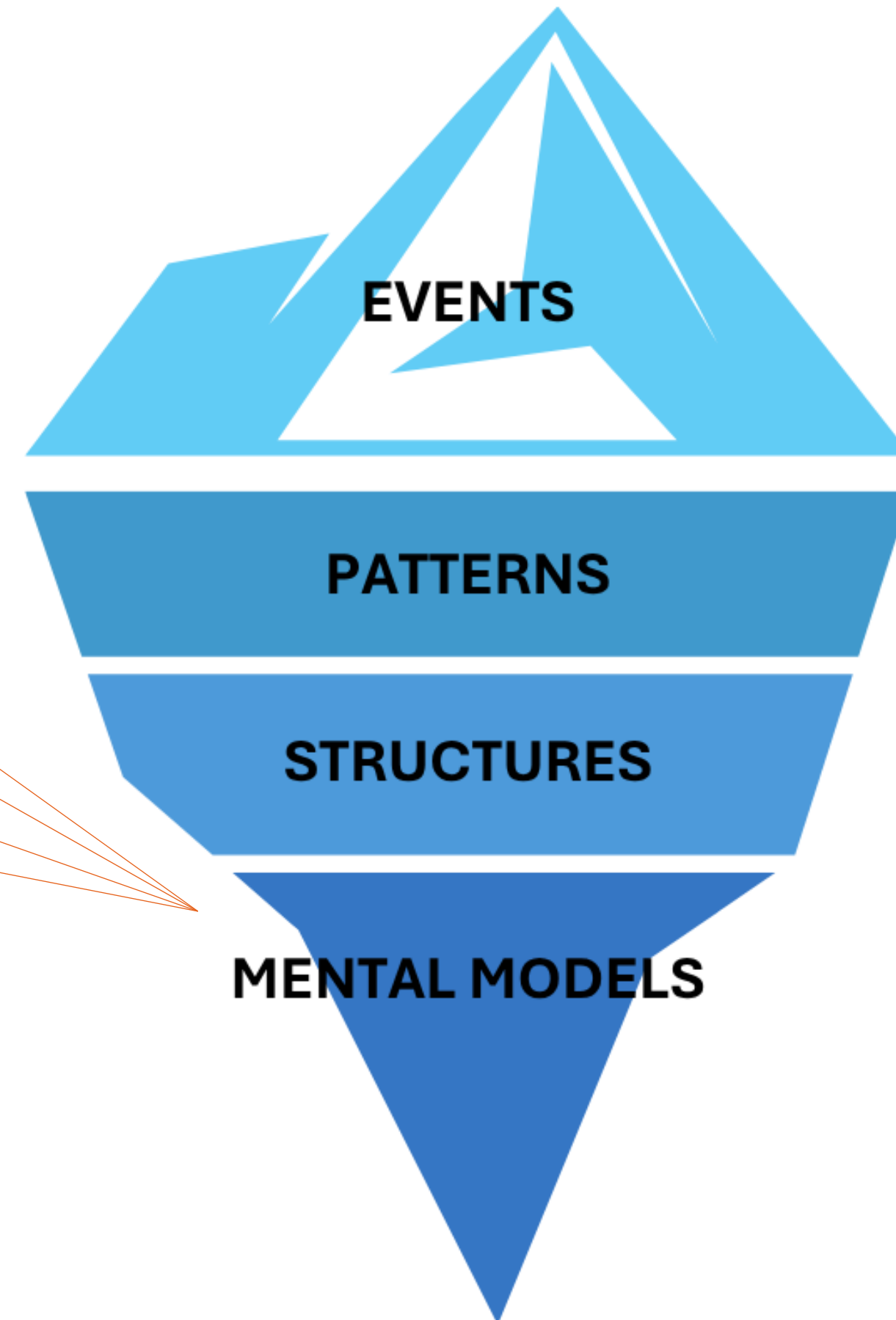
The Iceberg-Model

(Meadows, 1999; Senge, 1990; Scharmer, 2007; Maani and Cavana, 2007; Nguyen and Bosch, 2013;)



Mental Models

- **The Growth Paradigm**
- **The Performance Paradigm**
- **The Mechanistic Paradigm**
- **The Anthropocentric Paradigm**
-



Mental Models

- **The Growth Paradigm**
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- **.....**

A Crises of Disconnection

- **from ourselves,**
- **from each other,**
- **and from the living world.**

(Wamsler et al., 2021; Dewi et al, 2025; Prescott, 2023;
Böhme et al., 2023; Ives et al., 2018)

The Story of Separation



Philosophical and Spiritual Perspectives

- **Interbeing** – Thích Nhất Hạnh
- **The Ecological Self** –Arne Næss
- **Ubuntu** – African philosophy



Scientific Perspectives

- **Environmental Psychology** (Mayer & Frantz, 2004; Ives et al., 2018; Anderson & Krettenauer, 2021; Whitburn et al., 2020)
- **Transformative Learning Theory** (Mezirow, 1991)
- **Global Identity** (Loy and Reese, 2019; Pong & Tam, 2023)



Joanna Macy

*The most radical thing any of us
can do at this time is to be fully
present to what is happening in
the world—and to respond from
the love that arises from that
presence”*



Literature

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