



DANA MARDUK

PHD, DBA, DOCTORATE
OF LONGEVITY
CANDIDATE
(UAE, DUBAI)

ABOUT ME

A self-motivated and self-driven professional with a passion for learning and personal growth, I am an optimistic and energetic long-term thinker with strong critical thinking and strategic planning abilities. As a seasoned business consultant and health and longevity advocate, I excel in sales, marketing, and negotiation, bringing a powerful presence to every opportunity. My exceptional communication skills and talent for building and nurturing networks have established me as a trusted leader with a proven ability to inspire and guide teams while pursuing ambitious goals.

BOOKS

- The rise of Futurepreneurship 2021
- HealthGevity Journey 2022
- Caging Aging 2023
- HealthGevity Planet 2024

BOOKS TRANSLATION

- 101 Ways to transcend your life by Wayne Dyer 2016 (English to Parsi)
- Future, A very short introduction by Jennifer Gidely 2018 (English to Kurdi)
- Exponential Organizations by Salim Ismail 2020(English to Parsi)
- The Death of Death by Dr. Jose Luis Cordeiro 2023 (English to Arabic)
- The Death of Death by Dr. Jose Luis Cordeiro 2024 (English to Parsi)
- Growing Young by Sergey Young 2024 (English to Arabic)

EDUCATION

- **Bachelor's degree** in Nutrition sciences 2007 from Tehran Science and research university
- **Master's degree** in Nutrition sciences 2010 from Tehran Science and research university
- **DBA, Doctorate of Business Administration** from Tehran university management college
- **Doctorate of Longevity** candidate from USC, University of Southern California

PROFESSIONAL EXPERIENCE

- **IELTS and TOEFL** instructor from 2002 to 2012
- **CEO and Founder** at Green Life Company from 2012 to 2022
- **CEO and Founder** at Future Company 2022
- **CEO and Founder** at Futurepreneurs HealthGevity Company in Canada 2023
- **Sales Manager at Signature Real Estate company in Dubai 2025**

INTERNATIONAL ORGANIZATIONS

- **Member of WFSF**, World Futures Studies Federation since 2017
- **Founding WFSF Junior** chapter for World Futures Studies Federation at 2018
- **Ambassador** and member of OpenExo Organization since 2018
- **Node chair** of Millennium Project Iraq since 2023
- **Member of ILA**, International Longevity Alliance since 2024

STARTUPS AND APPLICATIONS

- **Xizmat Application:** Online Home Service application.
- **Mahoora Application:** The first Iranian Traditional Music Application
- **Connect Application:** Connecting Experts and Celebrities with people
- **Mulk Academy Startup:** The first Real Estate Academy in Iraq

MEDIA INTERVIEWS

- **BBC interview** about Real Estate market in Erbil and Iraq **2013**
- **Rudaw TV interview** about business in the time of Corona **2020**
- **NRT TV interview** about Artificial Intelligence in business **2023**
- **NRT TV interview** about Longevity and living a healthy life **2023**
- **NRT TV interview** about starting a business using AI **20204**
- **NRT TV interview** about the Future of Longevity **2024**



DANA MARDUK

FUTUREPRENEUR AND
FOUNDER AT
FUTUREPRENEURS SOCIETY

CONTACT



+1 601 892 0045



www.DanaMarduk.com



www.FutureCompany.global



Dana@Futurecompany.global



UAE, Dubai

COMPUTER AND SOCIAL MEDIA SKILLS

Microsoft Office Suite	
Google Workspace	
Graphic Design	
CRM Software	
Video Editing	
SEO/SEM	
Content Creation	
Analytics Tools	
Paid Advertising	
Community	
Engagement	
Influencer	
Collaboration	
Video Content	
Creation	
Social Media	
Management	

SEMINARS AND WORKSHOPS

- **Longevity seminar** "How to live 100 healthy years" in Tehran 2010
- **IELTS Course** for English teachers in Tehran 2013
- **Business Seminar** "Future of business and businesses of the future" in Suleimani 2018
- **Business Seminar** "Exponential Organizations business model" in Erbil 2019
- **Business Online Workshop** "Business in the age of Corona" in Erbil 2020
- **Business Workshop** "7 Pillars of Futurepreneurship" for Jobs.krd NGO 2023
- **Future Workshop** for children "Futures Thinking for gen Z" in Montessori school 2023
- **Future Workshop** for children "Futures Thinking for gen Z" in Golden Future school 2024
- **Longevity Workshop** "Curing aging and future of longevity" in Cihan university 2024
- **Longevity Workshop** "History and Future of longevity" in TISHK university 2024
- **Business Workshop** "The rise of Futurepreneurship" in Orange Corner NGO 2024
- **Futures Studies Webinar** "Futurepreneurship, The convergence of Futures thinking and entrepreneurship" for WFSF Conference 2024

NLP METHOD FOR LANGUAGE LEARNING

Natural Listening Programming (NLP), a method that I have created and developed over 10 years working with thousands of students and teachers. Rooted in neuroscience, this methodology activates different parts of the brain, enabling participants to effortlessly master English without the need for studying grammar or vocabulary explicitly. By engaging with personalized, topic-specific audio content, participants will enhance their speaking, listening, writing, and reading skills.

LANGUAGES

- English, Professional (IELTS 8.5)
- Arabic, Professional
- Kurdish, Mother tongue
- Persian, Mother tongue
- French, Spanish and Turkish Intermediate learner

CERTIFICATIONS

- Five courses of IFTF, Institute For The Future
- IFPA Coach Trainer Certification.
- Cihan University Longevity workshop certification.
- TISHK University Longevity workshop certification.
- Two OpenExo Ambassador certifications.
- IELTS instructor certification.
- RERA, Dubai Real Estate Certificate
- Property Finder Certifications



DANA MARDUK

EXPONENTIAL
ORGANIZATIONS
BUSINESS CONSULTANT

MY PODCASTS WITH LONGEVITY SCIENTISTS AND EXPERTS

Dr. Jose Luis Cordeiro, Futurist, Author of
The Death of Death

Dr. Aubrey de Grey, Gerontologist,
Founder at LEV Foundation

Dr. Jeffrey Gladden, Founder at Gladden
Longevity Clinic

Dr. Colleen Cutcliffe, Founder at
Pendulum

Dr. Sou Orlando, Founder at AION Clinic

Dr. Christopher Rhodes, Founder at Mimio
Health

Dr. Roxana Mittler-Matica, Neurosurgeon

Dr. Maria Marinova, Reproductive
Longevity

Dr. Ilia Stambler, Longevity Advocate

David Wood, Futurist and Author

Sergey Young, Longevity Investor

Zoltan Istvan, Transhumanist

Brenda Ramokopelwa, Co-Founder at
Afrolongevity

Ben Meyers, Founder at LongeviQuest

Jesse Levey, Founder at Longevity Health

Teresa Power, Founder at Sleep Better
NYC

Yuta Lee, Founder at Accelerated
Biosciences

Kemel Kharbachi, Founder at EOS-X Space
Company

Salim Ismail, Founder at OpenExo
Company

BUSINESS SKILLS

Strategic Business Consulting

– Expert in transforming traditional businesses into future-ready models using the Futurepreneurship System and Exponential Organizations framework.

Leadership and Team Management

– Expertise in building and leading high-performing teams, fostering collaboration, and driving results.

Project Management

– Skilled in managing complex projects, meeting deadlines, and ensuring successful delivery within budget.

Sales Strategy and Execution

– Proven track record in developing and implementing sales strategies to drive revenue and achieve aggressive growth targets.

Communication and Interpersonal Skills

– Effective communicator with the ability to influence stakeholders, negotiate deals, and build strong relationships.

Marketing and Branding

– Skilled in creating impactful marketing campaigns, leveraging digital platforms, and enhancing brand visibility in competitive markets.

Customer Relationship Management (CRM)

– Expertise in building and maintaining long-term client relationships, improving customer loyalty, and optimizing CRM systems.

Exponential Growth Strategies

– Proficient in applying the 11 attributes of exponential organizations to drive rapid scalability and sustainable innovation.

Futurepreneurship Leadership

– Guiding CEOs and young entrepreneurs to adopt future-focused mindsets, innovate business models, and thrive in uncertain environments.

Digital Marketing and E-Commerce

– Skilled in utilizing SEO, social media, and e-commerce platforms to boost online presence and drive conversions.

Innovation Management

– Leading the adoption of disruptive technologies and innovative business practices to stay ahead in dynamic markets.

Public Speaking and Training

– Experienced in delivering seminars, workshops, and training sessions on futurepreneurship, longevity science, and exponential growth.



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**LONGEVITY COACH
AND FOUNDER AT
HEALTHGEVITY NATION**

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MORE THAN 12 YEARS OF EXPERIENCE IN REAL ESTATE MARKET

Founding the first Real Estate Company
for Women Banoo Royal Estate

Selling 15 Million USD apartments in 6 months in Erbil in Quattro Towers Residential Towers.

Selling 8 Million USD apartments in 4 months in Lalav Group Residential apartments.

Selling 18 Million USD apartments in 12 months in The Boulevard Residential Project.

OFFICE & SALES MANAGER AT SIGNATURE REAL ESTATE IN DUBAI

Managing the Real Estate Office and training more than 20 Real estate agents

PROFESSIONAL SKILLS IN LONGEVITY

Nutritional Science Expertise

– Advanced knowledge of nutrition's role in promoting health, preventing chronic diseases, and extending lifespan.

Longevity Research and Analysis

– Proficient in studying aging-related mechanisms and evaluating cutting-edge research on health and longevity.

Biomarker Assessment

– Skilled in analyzing health biomarkers to determine biological age and develop personalized health plans.

Evidence-Based Practice

– Applying the latest scientific findings to create effective longevity and health strategies.

Health Education and Communication

– Designing and delivering workshops, seminars, and educational programs to raise awareness about healthy aging.

Dietary Intervention Design

– Expertise in developing tailored nutritional interventions to optimize metabolic health and enhance longevity.

Interdisciplinary Collaboration

– Collaborating with scientists, healthcare professionals, and technologists to integrate nutrition, genetics, and longevity science.

Innovative Longevity Solutions

– Researching and proposing novel approaches such as personalized medicine, nutrigenomics, and advanced therapies for aging.

Curriculum Development

– Creating academic courses, certification programs, and workshops on longevity science and health optimization.

ONLINE CV

To see all the links, Photos, videos, documents and certifications visit the following link:

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**LONGEVITY COACH
AND FOUNDER AT
HEALTHGEVITY NATION**

MY SOCIAL MEDIA

- **Instagram: 107.000 Followers**
- **Youtube: 101.000 Followers**
- **Facebook: 55.000 Followers**
- **Tiktok: 38.000 Followers**
- **Other Social Media: 10.000 Followers**

PODCASTS:

HealthGevity Podcast

a podcast about health and longevity talking to scientists and experts in the field of longevity

Futurepreneurs Podcast

a podcast about Business and growth based on 7 pillars of Futurepreneurship

LANGUAGES:

These podcasts are available in 3 languages including English, Persian and Kurdish language.

MEDIA INFLUENCER, YOUTUBER AND PODCASTER

As a dedicated YouTuber, podcaster, and media influencer, I have cultivated a thriving online presence in the fields of business, health and longevity, personal growth, leadership, and futurepreneurship. With over 300,000 followers across various social media platforms, I have a proven ability to create engaging and creative content that resonates with diverse audiences. My expertise spans video production, podcast hosting, and strategic content creation, enabling me to deliver compelling messages on a wide range of topics while inspiring and educating my community.

MY PODCASTS WITH LONGEVITY SCIENTISTS AND EXPERTS

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Dr. Jeffrey Gladden, Founder at Gladden Longevity Clinic

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Dr. Maria Marinova, Reproductive Longevity

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