



TEACH
WELL
ALLIANCE®

Newsletter 1: January 2018

We work in partnership with your school to reduce teachers' workload and improve their mental health and well-being

The Teach Well Alliance

The Teach Well Alliance is committed to working in partnership with your school to reduce workload and to take action to improve teachers' mental health. Teachers who are mentally well, teach well. Staff absence will be reduced. Staff won't want to leave. Financial resources can be targeted at supporting the work your teachers do in the classroom instead of being spent on supply staff and recruitment. Staff can also care for the mental wellbeing of pupils more effectively if they are mentally well themselves.

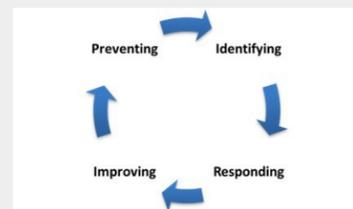
---- What does the Teach Well Alliance offer? ----

Teach Well Toolkit

The Teach Well Toolkit is a structured 12-month programme based on the Teach Well Alliance's unique wellbeing cycle of **Identifying-Responding-Improving-Preventing**.

It is available in Bronze, Silver and Gold. At the end of the programme, you achieve the **Teach Well School Award** badge which you can display on your website.

The Teach Well School Award tells teachers:
'Come and teach in our school. We will go the extra mile to look after you!'



Identifying - Responding

The first step is **identifying** the causes of excessive workload and stress. We go beyond assumptions to uncover factors unique to your school. Gathering data in this detail enables us to work in partnership with you in **responding** via a targeted action plan.

Improving - Preventing

The aim of the action plan is to gradually reduce teachers' unnecessary workload and **improve** their mental health during the programme. **Preventing** causes of excessive workload and mental ill-health completes the cycle.

Find out more

Visit the Teach Well Alliance Website to find out more by clicking on the Teach Well Toolkit logo below



TEACH
WELL
TOOLKIT



Thank you for your interest in the Teach Well Alliance. If you would like to discuss how the Teach Well Alliance will help your school to reduce workload and promote staff mental health, please contact me at my email address or leave a voicemail message and I will return your call at your convenience. You will receive Newsletter 2 on February 1st.

If you would prefer not to receive further newsletters, please click 'Unsubscribe' in

our address section.

Warm regards

Steve Waters
Founder



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Teach Well Alliance
www.teachwellalliance.com
steve@teachwellalliance.com
07504 635 431

[Our Website](#)

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