

Curriculum Vita

Caroline Vaile Wright, Ph.D.

American Psychological Association
Practice Directorate
750 First Street NE
Washington, DC 20002
Office: (202) 336-5910
cwright@apa.org

CURRENT POSITION

5/2014 – present Senior Director of Health Care Innovation (5/2020 – present)
Director of Clinical Research and Quality (2/2020 – 5/2020)
Director of Research and Special Projects (5/2014 – 2/2020)
Practice Directorate, American Psychological Association
Washington, D.C.

PROFESSIONAL LICENSES

8/2009 – present Licensed Psychologist in District of Columbia

EDUCATION/TRAINING

Postdoctoral *Summa – Kent State Center for the Treatment and Study of Traumatic*
Residency *Stress, Summa Health System, Akron, Ohio.*
2007 - 2009

Ph.D. *University of Illinois, Urbana-Champaign (APA-accredited)*
Counseling Psychology – 2007
Doctoral Supervisor: Louise F. Fitzgerald, Ph.D.

Predocutorial *VA Illiana Health Care System, Danville, IL (APA-accredited)*
Internship 2006 - 2007

M.S. *University of Illinois, Urbana-Champaign*
Counseling Psychology – 2004

B.S. *University of Illinois, Urbana-Champaign*
Psychology - 2001

FORMER POSITIONS HELD

9/2009 – 4/2014 Director of Psychology Training (2012-14)
Staff Psychologist & Training Faculty Member (2009-12)
Saint Elizabeths Hospital (SEH). Government of the District of Columbia,
Department of Behavioral Health, Washington, D.C.

- 8/2010 – 12/2013 Adjunct Assistant Professor. *The Chicago School of Professional Psychology (DC Campus)*, Washington, D. C.
- 4/2008 – 9/2009 Therapist/Research Associate. *University of Akron*. NIH R34 Randomized Clinical Trial, *Treatment of PTSD in Recently Battered Women Living in Shelters* awarded to Dawn M. Johnson, Ph.D.
- 8/2007 – 6/2009 Postdoctoral Clinical Research Fellow. *Summa – Kent State Center for the Treatment and Study of Traumatic Stress*, Summa Health System, Akron, Ohio.
Supervisors: Drs. Dawn M. Johnson, Stevan Hobfoll (Director 2007-08) and Patrick A. Palmieri (Director 2008-09).
- 1/2008 – 6/2009 Consultant. Internship Training Program at *VA Illiana Health Care System*, Danville, Illinois.
- 8/2006 – 8/2007 Pre-doctoral Intern. *VA Illiana Health Care System*, Danville, Illinois. (APA accredited).
Supervisor: Dr. Tressa Crook (training director)
- 5/2005 – 9/2005 Research Fellow. *Army Research Institute (ARI)*, University of Illinois, Urbana, IL. Supervisors: Drs. Louise F. Fitzgerald and Alayne Ormerod
- 8/2001 – 8/2007 Research Assistant. *Women’s Work Experiences Lab*, University of Illinois, Urbana, IL. Supervisors: Drs. Louise F. Fitzgerald, and Fritz Drasgow
- 8/2001 – 8/2007 Research Consortium Fellow. *Department of Defense Manpower Data Center (DMDC)*, University of Illinois, Urbana, IL.
Supervisors: Drs. Louise F. Fitzgerald, and Fritz Drasgow

PEER REVIEWED PUBLICATIONS

- Halfond, R. W., **Wright, C. V.**, & Bufka, L. F. (2020). The role of harms and burdens in clinical practice guidelines: Lessons learned from the American Psychological Association’s guideline development. *Clinical Psychology: Science and Practice*. 2020;00:e12343. <https://doi.org/10.1111/cpsp.12343>
- Rousmaniere, T., **Wright, C. V.**, Boswell, J. L., Castonguay, L., Constantino, M., McLeod, J., Nordal, K., & Pedulla, D. (2019). Keeping psychologists in the driver’s seat: Four perspectives on clinical data registries. *Psychotherapy*. doi.org/10.1037/pst0000227
- Wright, C. V.**, Goodheart, C., Bard, D., Bobbitt, B., Butt, Z., Lysell, K., McKay, D., & Stephens, K. (2019). Promoting measurement-based care and quality measure development: The APA Mental and Behavioral Health Registry initiative. *Psychological Services*. doi.org/10.1037/ser0000347

Wright, C. V., Beattie, S. G., Galper, D. I., Sawaqdeh, A. J., Bufka, L. F., Brabender, V., & Smith, B. (2017). Assessment practices of professional psychologists: Results of a national survey. *Professional Psychology: Research and Practice, 48*, 73-78.

Lawson, A. K., **Wright, C. V.**, & Fitzgerald, L. F. (2013). The evaluation of sexual harassment litigants: Reducing discrepancies in the diagnosis of Posttraumatic Stress Disorder. *Law and Human Behavior, 37*, 337-347.

Wright, C. V., & Johnson, D. M. (2012). Encouraging legal helpseeking for victims of intimate partner violence: The therapeutic effects of the civil protection order. *Journal of Traumatic Stress, 25*, 1-7.

Perez, S., Johnson, D. M., & **Wright, C. V.** (2012). The attenuating effect of empowerment on IPV-related PTSD symptoms in battered women living in domestic violence shelters. *Violence Against Women, 18* (1), 102-117.

Spanierman, L. B., Oh, E., Heppner, P. P., Neville, H. A., Mobley, M., **Wright, C. V.**, Dillon, F. R., & Navarro, R. (2011). The Multicultural Teaching Competencies Scale (MTCS): Development and initial validation. *Urban Education, 46*, 440 - 464.

Wright, C. V., Perez, S., & Johnson, D. M. (2010). The mediating role of empowerment in African American women experiencing intimate partner violence. *Psychological Trauma: Theory, Research, Practice, and Policy, 2*, 266-272.

Wright, C.V., Collinsworth, L.C., & Fitzgerald, L.F. (2010). Why did this happen to me? Cognitive schema disruption and PTSD in sexual trauma victims. *Journal of Interpersonal Violence, 25*, 1801-1814.

Wright, C. V., & Johnson, D. M. (2009). Correlates for legal helpseeking: Contextual factors for battered women in shelter. *Violence and Victims, 24*(6), 771-785.

Wright, C. V., & Fitzgerald, L. F. (2009). Correlates of joining a sexual harassment class action. *Law and Human Behavior, 33*, 265-282.

Wright, C. V., & Fitzgerald, L. F. (2007). Angry and afraid: Women's appraisals of sexual harassment during litigation. *Psychology of Women Quarterly, 31*, 73-84.

EDITED BOOKS AND INVITED BOOK CHAPTERS

Bufka, L. F., **Wright, C. V.**, & Halfond, R. (Eds). (2020). *Casebook to the APA's Clinical Practice Guideline for the Treatment of PTSD*. Washington DC: American Psychological Association.

Wright, C. V. (2020). Foundations of PTSD treatment. In L. F. Bufka, C. V. Wright, & R. Halfond (Eds). *Casebook to the APA's Clinical Practice Guideline for the Treatment of PTSD*. Washington DC: American Psychological Association.

Wright, C. V., & Bufka, L. (2020). Brief measures for screening and measuring mental health outcomes. In Martin Antony (Ed.), *Handbook of Assessment and Treatment Planning for Psychological Disorders, 3rd ed.* Guilford.

Eisman, E., & **Wright, C. V.** (2016). Subfields of Psychology. In J. C. Norcross, G. R. VandenBos, & D. K. Freedheim (Eds.), *APA Handbook of Clinical Psychology, Vol 5 Education and Profession, (pp. 437-453)*. Washington DC: American Psychological Association.

Nordal, K., Halfond, R., & **Wright, C. V.** (2016). QI and the APA. In W. O'Donohue, A. Maragakis, & C. Snipes (Eds.), *Quality Improvement and Behavioral Health, (pp. 229-246)*. Springer International Publishing Switzerland.

PUBLICATIONS IN POPULAR PRESS

Wright, C. V. (2017, July/August). Older adults' stress levels are trending downward (politics notwithstanding). *Aging Today, Vol 38, No 4*.

PUBLICATIONS UNDER REVIEW

Mueller, K. L., Hudson, T. W., Bruns, D., Algire, D. Z., Behrman, A., Brubaker, P., Buchta, W. G., Christian, J. H., Cloeren, M., Das, R., Eisenhart, M., Eisman, E., Farrell, P., Frangos, S. A., Gean, C. J., Gillaspay, S., Hammel, R., Havens, C., Marks, S., Melvin, J., Menning, M., Moses, E., Papanek, P. J., Persell, S., Pushkin, G., Rodrigues, S., Rogers, B., Rosenthal, J. A., Saito, K., Schwartz, L. A., Snodgrass, J., & **Wright, C. V.** (under review). Recommendations from the 2019 symposium on including functional status measurement in standard patient care. Submitted to *Journal of Occupational and Environmental Medicine*.

PUBLICATIONS IN PREPARATION

POLICY PAPERS & TECHNICAL REPORTS

American Psychological Association. (approved by the Council of Representatives Feb 2020). *Guidelines for Psychological Assessment and Evaluation*. Washington, DC: American Psychological Association.

Ormerod, A.J., Lawson, A.K., Lytell, M.C., **Wright, C.V.**, Sims, C. S., Brummel, B.J., Drasgow, F., Lee, W.C., & Fitzgerald, L.F. (2005). *2004 Workplace and Gender Relations Survey of Reserve Component Members: Scales and measures report* (Report No. 2004-022). Arlington, VA: DMDC.

Ormerod, A.J., Lawson, A.K., Sims, C.S., Lytell, M.C., Wadlington, P.L., Yaeger, D.W., **Wright, C.V.**, et al. (2003). *2002 Workplace and Gender Relations Survey: Scales and measures report* (Report No. 2002-031). Arlington, VA: DMDC.

PRESENTATIONS AT NATIONAL AND INTERNATIONAL CONFERENCES

Wright, C. V. (2020, November). Advocacy in action. Invited presentation at the 40th annual conference for the National Academy of Neuropsychology, Chicago, IL.

- APA 2020 Main Stage.** (2020, August). Invited main stage speaker for panel entitled *The Psychological Toll of COVID-19* at the annual convention of the American Psychological Association, Washington, DC.
- Wright, C. V.** (2020, August). Trends in value-based care: MIPS and MBHR. In J. Bosworth, (Chair), *The expanding relevance and implications of measurement-based care: Diverse stakeholder perspectives*. Symposium to be presented at the annual convention of the American Psychological Association, Washington, DC. *cancelled due COVID-19
- Wright, C. V.** (2019, November). *Navigating value-based care*. Invited presentation at the 39th annual conference for the National Academy of Neuropsychology, San Diego, CA.
- Wright, C. V.** (2019, August). Federal regulatory influences on reimbursement and the APA Mental and Behavioral Health Registry. In C. Goodheart, (Chair), *The future of reimbursement: Measurement-based care and the APA Mental & Behavioral Health Registry*, Symposium presented at the annual convention of the American Psychological Association, Chicago, IL.
- Wright, C. V., & Hopper, K., & Sanchez, M.** (2019, August). *Giving psychology away: Using media to your advantage*. Presentation in the PsycCareers Live Booth at the annual convention of the American Psychological Association, Chicago, IL.
- Wright, C. V.** (2019, February). *Translating clinical science to expand opportunities for professional practice: Programs and policies*. Invited presentation at the annual conference of the Association of Psychologists in Academic Health Centers, New Orleans, LA.
- Bufka, L. F., Halfond, R. W., & **Wright, C. V.** (2018, November). *Translating clinical science to enhance practice: Policy and products*. Research and Professional Development Talk presented at the annual convention of the Association of for Behavioral and Cognitive Therapies, Washington, DC.
- Wright, C. V.** (2018, October). *All you want to know about Medicare and quality reporting*. Invited workshop presented at the 38th annual conference for the National Academy of Neuropsychology, New Orleans, LA.
- Wright, C. V., Nordal, K., & Pedulla, D.** (2018, August). APA and APA Practice Organization perspective on quality improvement. In C. V. Wright (Chair), *Keeping psychologists in the driver's seat: Multiple perspectives on quality improvement*, Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Wright, C. V.** (2018, August). History and overview of MBHR initiative. In C. Goodheart (Chair), *Be competitive and more: Reporting on quality in the changing health care marketplace*, Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.

- Wright, C. V., & Johnson, D. M.** (2014, March). Just a "piece of paper"? A look at domestic violence victims who drop their civil protection orders. Poster accepted at the annual convention of the American Psychology and Law Society, New Orleans, LA.
- Flower, T. D., & **Wright, C. V.** (2013, June). Establishing local normative data for the Psychopathy Checklist-Revised in a male forensic inpatient population. Poster presented at the annual convention of the Society for Scientific Study of Psychopathy, Washington, DC.
- Wright, C. V.** (2012, November). Implementation of inpatient Dialectical Behavior Therapy skills training group. In W. Olson (Chair), *New Directions at an Established Institution: Adapting Evidence-Based Treatments at an Inpatient Psychiatric Facility for the Seriously Mentally Ill*, Clinical Roundtable presented at the annual convention of the Association of for Behavioral and Cognitive Therapies, National Harbor, MD.
- Wright, C. V., & Groves, G.** (2012, November). Implementation of inpatient Dialectical Behavior Therapy skills training group. Poster presented at the annual convention of the Association of for Behavioral and Cognitive Therapies, National Harbor, MD.
- Wright, C. V., Miller, C., & Johnson, D. M.** (2011, November). More than just getting hit: Fear of retaliation as a barrier to IPV-related help-seeking. Poster presented at the annual convention of the International Society for Traumatic Stress Studies, Baltimore, MD.
- Wright, C. V., Miller, C., & Johnson, D. M.** (2010, September). Applying HOPE in special populations: Intimate partner violence and the justice system. In D. M. Johnson (Chair), *HOPE: Empowering women who have experienced intimate partner violence*, Symposium presented at the International Conference on Violence, Abuse, and Trauma, San Diego, CA.
- Marsh, A. M., & **Wright, C. V.** (2010, June). Implementation of a positive behavior support plan in an inpatient public psychiatric hospital: Lessons learned. Poster presented at the annual convention of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Wright, C. V., & Johnson, D. M.** (2010, February). Encouraging legal helpseeking for battered women: The therapeutic effects of the civil protection order. In D. M. Johnson (Chair), *Stopping the Cycle of Violence against Women across the Lifespan: Building Interventions*, Symposium presented at the National Summit on Interpersonal Violence and Abuse, Dallas, TX.
- Fitzgerald, L.F., Larsen, S. E., **Wright, C. V.**, Collinworth, L. L., & Lawson, A. (2009, November). Sexual harassment and PTSD: Toward a model of harm and recovery. In S. Larsen (Chair), *Sexual Harassment and PTSD: Onset, Recovery, and Process*, Symposium presented at the annual convention of the International Society for Traumatic Stress Studies, Atlanta, GA.

- Wright, C. V.** (2009, November). Interventions for Acutely Battered Women: Controversies and Challenges. Clinical roundtable presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Wright, C. V.,** & Johnson, D. M. (2009, August). Developing a coordinated community intervention for battered women utilizing the justice system. In D. M. Johnson (Chair), *Empowering Abused Women – Prevention, Advocacy, and Collaborative Treatment*, Clinical roundtable presented at the annual convention of the American Psychological Association, Toronto, Canada.
- Wright, C. V.,** & Johnson, D. M. (2008, November). Correlates for legal helpseeking: Risk and resilience factors for battered women in shelter. Poster session presented at the annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
- Wright, C. V.** & Fitzgerald, L. F. (2008, November). In for the long haul: The role of PTSD in litigation persistence in a sexual harassment class. Poster session presented at the annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
- Wright, C. V.** (2007, March). Finding one's voice: Predicting litigation decision making in a class action sexual harassment lawsuit. In L. L. Collinsworth (Chair), *Litigating Sexual Harassment Claims: The Multifaceted Experiences of Female Employees at a National Firm*, Symposium presented at the annual convention of the Association for Women in Psychology, San Francisco, CA.
- Hund, A., **Wright, C. V.,** Neville, H. A., Oh, E., & French, B. H. (2006, August). Effectiveness of psychological interventions with adult rape survivors: A meta-analysis. Poster session presented at the annual convention of the American Psychological Association, New Orleans, LA.
- Lawson, A. K., **Wright, C. V.,** Fitzgerald, L. F., & Collinsworth, L. C. (2006, May). Comparing apples to oranges? An examination of the restructured clinical scales with sexual harassment litigants. Paper presented at the annual symposium on Recent Developments on the MMPI-2/MMPI-A, Minneapolis, MN.
- Fitzgerald, L. F., Collinsworth, L. C., Larson, S., Lawson, A. K., Perry, L. A., & **Wright, C. V.** (2006, May). Contribution of previous victimization to MMPI-2 clinical and RC scale profiles of sexual harassment plaintiffs. Paper presented at the annual symposium on Recent Developments of the MMPI-2/MMPI-A, Minneapolis, MN.
- Spanierman, L. B., Oh, E., Heppner, P. P., Neville, H. A., Mobley, M., **Wright, C.V.,** Dillon, F., & Navarro, R. (2006, April). The Multicultural Teaching Competencies Scale (MTCS): Development and initial validation. Poster session presented at the annual convention of the American Educational Research Association, San Francisco, CA.

Fitzgerald, L.F., Ormerod, A.J., Collinsworth, L.L., Lawson, A.K., Lytell, M., Perry, L.A., & **Wright, C.V.** (2005, November). The Measurement of sexual harassment in the United States Armed Forces: A model program of research. In A. R. Lancaster (Chair), *United States Military Sexual Harassment and Assault Research and Initiatives*. Symposium presented at the annual meeting of the International Military Testing Association, Singapore.

Ormerod, A.J., Fitzgerald, L.F., Collinsworth, L.L., Lawson, A.K., Lytell, M., Perry, L.A., & **Wright, C.V.** (2005, November). Sexual assault in the military: Context factors and measurement issues. In A. R. Lancaster (Chair), *United States Military Sexual Harassment and Assault Research and Initiatives*. Symposium presented at the annual meeting of the International Military Testing Association, Singapore.

Wright, C.V., & Fitzgerald, L.F. (2005, August). Organizational antecedents of harassment: Incorporating appraisal into the integrated model. Paper presented at the annual convention of the American Psychological Association, Washington D.C.

Collinsworth, L.C., **Wright, C.V.**, & Fitzgerald, L.F. (2005, June). Managing the manager: Coping with sexual harassment in housing. Paper presented at the annual convention of Law and Society, Las Vegas, NV.

Wright, C.V., Collinsworth, L.C., & Fitzgerald, L.F. (2005, February). Why did this happen to me? Cognitive schema disruption and PTSD in sexual trauma victims. Paper presented at the annual convention of the Association for Women in Psychology, Tampa, FL.

Collinsworth, L.C., & **Wright, C.V.** (2005, February). Out of sight but not out of mind: The role of previous victimization in PTSD outcomes. Paper presented at the annual convention of the Association for Women in Psychology, Tampa, FL.

Ormerod, A.J., **Wright, C.V.**, & Fitzgerald, L.F. (2003, November). Workplace reprisals: A model of retaliation following unprofessional gender-related behavior. Paper presented at the annual convention of the International Military Testing Association, Pensacola, FL.

Ormerod, A.J., **Wright, C.V.**, & Fitzgerald, L.F. (2003, August). Personal and professional retaliation following sexual harassment: Definitions and correlates. Paper presented at the annual convention of the American Psychological Association, Toronto, CA.

INVITED PLENARIES, REGIONAL PRESENTATIONS, WORKSHOPS & WEBINARS

Wright, C. V. (2020, June). *Mental Health and Psychology After COVID*. Invited participant on live expert panel for Newswise.

Bufka, L. F., and **Wright, C. V.** (2020, June). *PRCA COVID-19 Forum: Mental Wellbeing in Public Relations*. International webinar for PRCA United Kingdom.

Wright, C. V. (2020, June). *Strategies to Help Those Impacted by Social Isolation and Loneliness in a Pandemic Environment*. National webinar for World Congress.

Bufka, L. F., and **Wright, C. V.** (2020, April). *Advice for Journalists: Addressing Traumatic Stress in the Era of COVID-19*. National webinar for Reporters without Borders.

Wright, C. V., and Goodheart, C. (2020, April). *The Future of Professional Practice: APA's Mental and Behavioral Health Registry Initiative*. Invited presentation at Rutgers University GSAPP, New Jersey. *postponed due to COVID-19

Bufka, L. F., and **Wright, C. V.** (2020, March). *Managing anxiety and stress in uncertain times*. Global webinar for EBSCO librarians.

Bufka, L. F., and **Wright, C. V.** (2020, March). *Coping in the era of coronavirus: A webinar for students*. National webinar for APA student members.

Wright, C. V. (2020, March). *Providing Quality Care to Diverse Populations: Challenges and Opportunities*. Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.

BeHealthiHer Outsmart Stress Event. (2019, November). Invited panelist by Prevention Magazine, Healthy Women, and GCI Health. Good Housekeeping Institute, New York, NY.

Wright, C. V. (2019, November). *Future trends in professional practice*. Invited keynote at the annual meeting of the Oklahoma State Psychological Association, Oklahoma City, OK.

Wright, C. V. (2019, September). *The future of reimbursement and MIPS quality reporting*. Invited presentation at the fall meeting of the Virginia Academy of Clinical Psychology, Leesburg, VA.

Wright, C. V. (2019, June). *Future Trends in Clinical Practice*. Invited Plenary presented at the annual meeting of the Missouri State Psychological Association, St Louis, MO.

Wright, C. V. (2019, June). *Trends in Value-Based Care and APA Mental and Behavioral Health Registry*. Invited workshops presented at the annual meeting of the Missouri State Psychological Association, St Louis, MO.

Wright, C. V. & Halfond, R. (2019, March). *Translating Clinical Science to Enhance Practice: Programs and Policies* (co-chairs). Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.

Wright, C. V. & Pedulla, D. (2019, January). *2019 MIPS Reporting: Everything you want to know about Medicare Quality Reporting and the Mental and Behavioral Health Registry (MBHR)*. National webinar for APA members.

ABCT Dissemination and Implementation Science Special Interest Group. (2018, November). *Getting psychology in the news: Craft your message, connect with your audience*. Invited media expert for Q & A for the Pre-Conference entitled "Talking the talk: Communicating science to diverse audiences."

- Wright, C. V.** (2018, October). *The future of reimbursement and quality reporting*. Invited workshop presented at the annual fall conference of the Illinois Psychological Association, Schaumburg, IL.
- ABHW and World Congress Behavioral Health Care Congress.** (2018, October). *Analyze how value-based purchasing and alternative payment models are changing outcomes measurement*. Invited panelist on the Inaugural Behavioral Health Care Policy Track, Arlington VA.
- Goodheart, C. & **Wright, C. V.** (2018, September). *All you want to know about Medicare and quality reporting: The APAPO/APA Mental and Behavioral Health Registry*. Invited workshop presented to the New Jersey Psychological Association, Newark, NJ.
- Wright, C. V.** & Pedulla, D. (2018, August). *Quality reporting: Measuring outcomes, reporting data, and the Mental and Behavioral Health Registry (MBHR)*. National webinar for APA members.
- Wright, C. V.** (2018, May). *Women and Serious Mental Illness*. Invited presentation for the Office of Women's Health at the US Department of Health and Human Services, Washington DC.
- Wright, C. V.,** & Bobbitt, B. (2018, April). *Measuring outcomes of care: The use of the APA/APAPO Mental and Behavioral Health Registry in clinical practice*. Invited workshop presented at the annual spring conference of the Minnesota Psychological Association, Minneapolis, MN.
- Wright, C. V.** (2018, March). *The train has left the station: Understanding the legislative and regulatory trends promoting quality measurement and what to do about it in your practice* (Chair). Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.
- APA MonitorLIVE.** (2017, December). *Think Bigger – Exploring New Practices and Income Opportunities for Psychologists*. Served as moderator for two expert panels at event held and livestreamed at the American Psychological Association, Washington, DC
- Wright, C. V.** (2017, November). *Stress in America: Coping with Change Before and After the 2016 Presidential Election*. Invited plenary presented at the annual fall conference of the Massachusetts Psychological Association, Norwood, Massachusetts.
- Wright, C. V.** (2017, September). *Changes in National Healthcare Programs, Assessment and Measurement, and Emerging Mental Health Treatments*. Invited workshop presented at the annual fall conference of the Wyoming Psychological Association, Sheridan, WY.
- Wright, C. V.** (2017, August). *Making the most of your media opportunities*. Webinar for APA Public Education Campaign Coordinators.

Wright, C. V. (2017, March). *Quality Over Quantity: Developing a Qualified Clinical Data Registry for Behavioral Health* (chair). Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.

Wright, C. V. (2016, October). *APA Emerging Careers Webinar: Practitioners*. National webinar for APA members.

Wright, C. V. (2016, February). Assessment practices of professional psychologists: Results of a national survey. In E. Eisman (chair), *Challenges to Psychological Assessment: Scope of Practice and Procedures*. Workshop presented at the annual meeting of the APA Practice Organization State Leadership Conference, Washington, DC.

Wright, C. V. (2008, June). *Correlates for legal helpseeking: Sociocultural factors for battered women in shelters*. Paper presented at the 12th Annual Research and Scholarly Activities Day, Northeast Ohio University College of Medicine (NEOUCOM), Department of Psychiatry, Akron, Ohio.

Wright, C. V. (2007, March). *Finding one's voice: Predicting litigation decision making in a class action sexual harassment lawsuit*. Presented to the Department of Psychiatry, VA Illiana Health Care System, Danville, Illinois.

Holt-Dehner, S., & **Wright, C. V.** (2007, February). *Smoking cessation for employees*. Workshop presented at the VA Illiana Health Care System, Danville, Illinois.

Wright, C. V. (2006, November). *Working with patients' families during end-of-life care*. Presented to the Palliative Care nursing staff of VA Illiana Health Care System, Danville, Illinois.

EXPERT OPINION INTERVIEWS IN POPULAR PRESS & MEDIA OUTLETS

SKY News. (July 22, 2020). "[Kim Kardashian speaks out about Kanye's bipolar disorder.](#)"

Columbus Dispatch. (July 22, 2020). "[PTSD care now available at inpatient Mount Carmel program.](#)"

Refinery29. (July 14, 2020). "[Feed fatigue is real; But pushing past it is essential.](#)"

USA Today. (July 14, 2020). "[Confrontations over face masks and the psychology behind why some people resist them.](#)"

Fox Television News. (local). (July 2, 2020). "['Everyone needs to wear a mask': Doctors issue urgent plea to Americans as COVID-19 cases surge.](#)"

Spectrum News. (local). (June 24, 2020). [Taped evening news program on the psychology behind for and against wearing masks.](#)

Yahoo! News. (June 23, 2020). "[Op-Ed: I'm a Black social media manager in the age of George Floyd. Each day is a new trauma.](#)"

USA Today. (June 21, 2020). [“A culmination of crises’: America is in turmoil, and a mental health crisis looms next.”](#)

CNN. (June 18, 2020). [“The great Fall reckoning is almost here.”](#)

Business Insurance. (June 17, 2020). [“Prepare for substance abuse issues after lockdown: Experts.”](#)

PBS Newshour. (June 12, 2020). [“Why chronic stress and COVID-19 are a ‘perfect storm’ for the health of black Americans.”](#)

Occupational Health & Safety. (June 5, 2020). [“The importance of mental health resources for essential workers – now and in the future.”](#)

KOLD (local). (June 3, 2020). [Taped program for News 13 at 10pm on following public health recommendations.](#)

US News & World Report. (June 2, 2020). [“In a pandemic-stressed America, protests add to mental strain.”](#)

National Retail Federation. (June 2, 2020). [“As retail reopens, a focus on employee mental health.”](#)

BestLife. (May 24, 2020). [“5 things you never would’ve done before the coronavirus.”](#)

C-SPAN. (May 23, 2020). [“Washington Journal: Dr. Vaile Wright Discusses Survey of Stress in America.”](#)

CNN. (May 22, 2020). [“Take stock of your mental health during the pandemic \(and what to do next.”](#)

Baltimore Sun. (May 22, 2020). [“‘A little piece of normal’: With Maryland creaking open, families left to navigate how far to venture out.”](#)

Scripps National. (May 21, 2020). [“Parents feeling more stressed during pandemic than those without kids, survey finds.”](#)

AP News. (May 19, 2020). [“Stuck at home, looking within: self-discovery amid pandemic.”](#)

CNN. (May 15, 2020). [“Don’t be a jerk during a global pandemic.”](#)

CNN. (May 15, 2020). [“The once-disappearing phone call is seeing a resurgence.”](#)

Orange County Register. (May 13, 2020). [“Mask shaming erupts as latest public battle over coronavirus restrictions.”](#)

Vice. (May 13, 2020). [“‘Control aversion’ might be why self-improvement is annoying you right now.”](#)

CNBC. (May 12, 2020). "[Coronavirus crisis creates 'perfect storm' for suicide risk as job losses soar and people remain isolated at home.](#)"

Inverse.com (May 10, 2020). "[3 experts explain how you can combat quarantine fatigue.](#)"

The Wall Street Journal. (May 8, 2020). "Lockdown doesn't have to be a waste of time. Make the most of it."

NBC (local). (May 6, 2020). [Taped interview on following COVID-19 precautions.](#)

WBEZ. (May 4, 2020). [Live interview on coping with a pandemic on Reset, a daily talk show.](#)

Eat this, Not that! (May 1, 2020). "[What happens to your body when you late-night snack.](#)"

Chicago Tribune. (April 30, 2020). "[Feeling hopeless? Worried? Chicago-area pandemic survey shows you are not alone.](#)"

Channel Q Let's Go There. (April 29, 2020). [Radio interview on Zoom fatigue.](#)

Refinery 29. (April 29, 2020). "[Could Zoom fatigue be worse for extroverts?](#)"

DeseretNews. (April 24, 2020). "[Is the pandemic affecting your mental health? You're not alone.](#)"

USA Today. (April 23, 2020). "[What's 'Zoom fatigue'? Here's why video calls can be so exhausting.](#)"

CNN. (April 17, 2020). "[People are ditching their homes and joining their friends to avoid isolation. It's called quarantesting.](#)"

WHYY (NPR). (April 16, 2020). [Live program on coping with coronavirus.](#)

CNBC. (April 16, 2020). "[For grocery workers, the need for mental health care may outlast coronavirus pandemic.](#)"

The Washington Post. (April 15, 2020). "[The new normal is getting old fast.](#)"

The Weather Channel. (April 14, 2020). [Live program on coping with coronavirus.](#)

WGN Chicago Radio. (April 13, 2020). [Live program on coping with coronavirus.](#)

USA Today. (April 13, 2020). "[It's ok to slow down: Why you don't have to optimize your coronavirus quarantine.](#)"

The Wall Street Journal. (April 12, 2020). "[The struggle to cope with depression amid coronavirus.](#)"

CNN. (April 12, 2020). "[Long-term social distancing may be traumatic. Here is what to expect and what to do.](#)"

L.A. Times. (April 11, 2020). "[A beach coronavirus warning meets a wave of controversy – and the test of science.](#)"

BuzzFeed. (April 11, 2020). "[My President is not my God”: Some churches are planning to host hundreds for Easter Sunday services despite the coronavirus.](#)"

U.S. News and World Report. (April 9, 2020). "[COVID-19 is making psychiatric treatment tougher.](#)"

Forbes. (April 8, 2020). "[The psychological reason why some people aren’t following COVID-19 quarantine orders.](#)"

Chicago Tribune. (April 8, 2020). "[A haunting, beautiful look at Chicago’s new normal as residents cope with coronavirus anxiety.](#)"

USA Today. (April 4, 2020). "[We all want to know how the coronavirus pandemic ends. How do we cope with uncertainty?](#)"

Nexstar (ABC news). (April 3, 2020). "[Coronavirus isolation raises mental health concerns for lawmakers and organizations.](#)"

The Washington Post. (April 2, 2020). "[As pandemic and stay-at-home orders spread, so does alcohol consumption.](#)"

CNN. (April 1, 2020). "[People are curbing their stay-at-home anxiety the analog way: With puzzles.](#)"

MarketWatch. (March 30, 2020). "[‘We can get through this’: How to manage your mental health during the coronavirus pandemic.](#)"

CNN. (March 27, 2020). "[Take a breath: How the simple act of meditative breathing helps us cope.](#)"

AP. (March 25, 2020). "[They already had an anxiety disorder. Now comes a pandemic.](#)"

CNN. (March 24, 2020). "[Some people just won’t stay home during a pandemic. Six reasons may explain why.](#)"

CBS News Radio LA. (March 23, 2020). "The psychological impact of coronavirus and now long-term quarantine and isolation."

Hearst/WAPT News. (March 23, 2020). [Taped news segment on how to cope with the coronavirus.](#)

Forge. (March 20, 2020). "[Control freaks are having a moment.](#)"

Healthy Women. (March 20, 2020). "[Managing your coronavirus anxiety: Advice from a clinical psychologist.](#)"

The Atlantic. (March 19, 2020). "[What you're feeling is plague dread. During a pandemic, terror and tedium can go hand in hand.](#)"

CNN. (March 19, 2020). "[Do I have 'cabin fever'? What it is, and how to 'cure' it.](#)"

Yahoo Lifestyle. (March 19, 2020). "[Hoarding toilet paper amid the coronavirus: What are people doing it?](#)"

Well+Good. (March 19, 2020). "[If your anxiety surrounding COVID-19 is higher than ever, science says there's a reason for that.](#)"

CNN. (March 19, 2020). "[How do you manage fighting kids during a lockdown? We asked the experts.](#)"

WGN Midday News. (March 18, 2020). "[COVID-19: Dealing with isolation, stress and anxiety.](#)"

EverydayHealth. (March 18, 2020). "[5 ways the coronavirus is changing everyday life.](#)"

The Takeaway Podcast (NPR New York). (March 16, 2020). "[What the coronavirus pandemic means for our mental health.](#)"

MSNBC. (March 15, 2020). [Live taping on coping with anxiety related to the COVID-19 pandemic.](#)

Global News Canada. (March 15, 2020). "[Feeling anxious about the coronavirus pandemic? Here's how to take control.](#)"

Time. (March 14, 2020). "[Oklahoma City marks 25th anniversary of bombing with artistic events.](#)"

San Francisco Chronicle. (March 14, 2020). "[Coronavirus exposes America, the beautiful and the ugly.](#)"

Reuters. (March 13, 2020). "[Shaken but united, Americans pull together to battle coronavirus.](#)"

KOMO News Radio. (March 13, 2020). "[Uncertainty surrounding coronavirus can increase anxiety and stress on some.](#)"

STAT news. (March 12, 2020). "[7 reasons why it's hard to control your coronavirus anxiety.](#)"

Global News Q107. (March 11, 2020). "[Coronavirus has officially been declared a pandemic. Now what?](#)"

GQ. (March 4, 2020). "[What are some alternatives to talk therapy?](#)"

Yahoo. (March 4, 2020). "[How to stay positive in a negative news cycle: 'We are in this together'.](#)"

The Now National. (March 3, 2020). [Broadcast on mental health and the workplace.](#)

Inside Edition. (February 20, 2020). "[No, Jake Paul's tips to 'remind yourself to be happy' can't cure anxiety.](#)"

Chicago Tribune. (February 5, 2020). "[Don't panic: Anxiety and myths swirl around coronavirus despite low risk in Chicago and US.](#)"

The Philadelphia Inquirer. (January 30, 2020). "[With Kobe Bryant adulation – and an alleged rape – women who've been sexually assaulted are traumatized again.](#)"

Marie Claire. (January 29, 2020). "[5 mental health apps that professionals recommend.](#)"

NPR Austin KUT. (January 10, 2020). "['It does feel like it's happening all the time.': Why some feel numb to news of gun violence.](#)"

Newsy. (December 26, 2019). "[This year Americans are most stressed about gun violence, health care.](#)"

Wired UK. (December 25, 2019). "[How to avoid epic Brexit arguments with your family at Christmas.](#)"

Global News Canada. (December 21, 2019). "[How to avoid a political showdown at the dinner table.](#)"

Inverse. (December 19, 2019). "[8 scientist-recommended gifts that give your brain a mental hug.](#)"

KSL Newsradio Salt Lake City. (December 13, 2019). Live interview on political stress.

Medscape. (December 10, 2019). "[High rates of PTSD plague psychiatric hospital staff.](#)"

NPR Illinois 21st Show. (December 9, 2019). "[Stressed out about politics? You're not alone.](#)"

ABC/Yahoo Online News. (November 27, 2019). "[Thanksgiving with a side of politics.](#)"

NPR All Things Considered. (November 24, 2019). "[How to have constructive conversations at a divisive Thanksgiving.](#)"

Independent. (November 22, 2019). "[Why young people should challenge bigoted relatives during Thanksgiving, according to Teen Vogue.](#)"

USA Today. (November 21, 2019). "[How to navigate awkward political conversations at the Thanksgiving table.](#)"

The Hill. (November 21, 2019). "[How to talk about impeachment at Thanksgiving.](#)"

The Hill. (November 21, 2019). "[How to stay calm online in our Age of Outrage.](#)"

Market Watch. (November 20, 2019). "[How to survive working with your harasser.](#)"

Tamron Hall Show. (Taped November 19, 2019). "[Women and Stress.](#)"

New York Times. (November 18, 2019). "[How to survive the holidays.](#)"

Yahoo Money. (November 12, 2019). "[How politics will make office life and job-hunting harder next year.](#)"

Who.What.Why. (November 7, 2019). "[Fear of mass shootings strains America's psyche, survey finds.](#)"

Inverse. (November 6, 2019). "[US teens' top source of stress is now the nation's biggest worry.](#)"

NPR. (October 16, 2019). "[Growing efforts are looking at how – or if - #MeToo offenders can be reformed.](#)"

The Wall Street Journal. (October 7, 2019). "[Today's politics may be bad for your health.](#)"

WNYW Good Day New York. (September 25, 2019). Taped TV news segment on stress and National issues.

Lifehacker. (September 18, 2019). "[How to disagree on politics without ending a friendship.](#)"

The Herald Bulletin. (September 15, 2019). "[Mental health stigma fading for Gen Z.](#)"

Elemental (Medium). (September 9, 2019). "[What teeth grinding reveals about your psyche.](#)"

Speaking of Psychology Podcast. (September 4, 2019). Guest host "[Debunking myths about fertility with Dr. Angela Lawson.](#)"

Wirecutter (NYT). (August 29, 2019). "[The best to-do list app.](#)"

CJAD 800. (August 26, 2019). Talk radio in Montreal segment on responding to stressful situations.

Mashable. (August 23, 2019). "[The future of therapy looks a lot like the past – with a little help from tech.](#)"

Speaking of Psychology Podcast (August 21, 2019). Guest host "[Fake news and why it matters with Dr. Chrysalis Wright.](#)"

America Meditating Radio Show with Sister Jenna. (July 19, 2019). "[Stress in America with Dr. Vaile Wright, American Psychological Association.](#)"

Washingtonian. (July 15, 2019). "[DC types have been flocking to shrinks ever since Trump won. And a lot of therapists are miserable.](#)"

KCRW (Radio broadcast aired June 19, 2019). "[Why are there so many bleak teen dramas on TV?](#)"

Voice of America. (April 4, 2019). "[The doctor won't see you now.](#)"

Good Morning America. (April 4, 2019). "[Britney Spears is taking 'me time': Here are 7 tips for self-care when you need it.](#)"

Dow Jones MarketWatch. (March 28, 2019). "[Mental-health apps use scientific language, but do they actually work?](#)"

New York Times. (March 22, 2019). "[Trigger warnings may not do much, early studies suggest.](#)"

Lifehacker. (March 20, 2019). "[How to survive the 2020 presidential campaign without losing your mind.](#)"

New York Times. (February 19, 2019). "[Spinning with my shrink.](#)"

Self. (February 15, 2019). "[7 ways to find an actually affordable therapist.](#)"

The University Network. (January 29, 2019). "[Why Gen Z is the most stressed generation.](#)"

Thrive News. (January 22, 2019). "[More people are seeking therapy than ever before. Should you?](#)"

TCU 360. (December 8, 2018). "[Tips on offering servings of politics and opinions at the holiday table.](#)"

Dermatology Times. (December 3, 2018). "[Don't let the winter blues dampen your holiday.](#)"

Fox News. (Taped November 13, 2018; Aired November 22, 2018). "[Politics at the Thanksgiving table.](#)"

This is America & the World (PBS). (Taped October 2, 2018). [Stress in America – two taped segments airing in October on PBS.](#)

New York Times. (September 26, 2018). "[When the news itself is a form of trauma.](#)"

Al Jazeera English. (September 21, 2018). Live interview for 10 pm London News on sexual assault reporting and the Brett Kavanaugh hearing.

Good Morning America. (September 17, 2018). "[In #MeToo era, Brett Kavanaugh's accuser may prompt more to share their stories.](#)"

Women's Health. (September 17, 2018). "[Is there a difference between panic attacks and anxiety attacks?](#)"

Texas Public Radio. (August 27, 2018). "[Stress is an everyday reality. How do you cope?](#)"

Dow Jones Moneyish. (August 22, 2018). "[Why #MeToo will survive Asia Argento's sexual assault allegation.](#)"

The Arthur Brooks Show. (July 2018). "[Family and Friends](#)" podcast.

Real Simple. (March 2018). "[How to get along with someone you completely disagree with.](#)"

Dow Jones Moneyish. (February 22, 2018). "[Jennifer Lawrence is fine wearing a Versace dress outdoors in February, thanks.](#)"

app./USA Today. (February 21, 2018). "[Politics may actually be stressing you out.](#)"

Get Old. (February 6, 2018). "[Don't borrow worries: 5 tips to help manage stress and focus on what you can control.](#)"

WCMU public radio. (January 25, 2018). "[Study shows worry over future of healthcare is leading cause of stress.](#)"

APA Stress in America Survey "Uncertainty about Health Care"

Radio Media Tour moderated by New Generation. (January 24, 2018). Nine taped radio interviews with both National and Regional Markets across the US on the "*Stress in America Report, with focus on Health Care.*"

Zeit Online. (January 22, 2018). "[This president is dangerous to one's health.](#)"

The Hill. (January 20, 2018). "[Trump, nation reach end of exhausting first year.](#)"

Delaware Online/USA Today. (January 19, 2018). "[Trump & 2017: The year of exhausting angst.](#)"

U.S. News and World Report. (January 17, 2018). "[Making sense of therapy's alphabet soup.](#)"

24/7 Wall St. (January 8, 2018). "[The most stressed-out city in every state.](#)"

Dow Jones Moneyish. (December 17, 2017). "[Why survivors of sexual assault and harassment aren't obligated to share their stories.](#)"

AJ+. (December 14, 2017). "[You found out a close friend sexually assaulted someone. Now what?](#)"

The 21st Show (Illinois Public Radio). (December 14, 2017). "[Managing holiday stress.](#)"

Take Care – WRVO Public Media. (December 9, 2017). "[A safe and happy holiday is within reach.](#)"

Healthline. (December 4, 2017). "[How to cope with the top holiday stressors.](#)"

The Chicago Tribune. (November 30, 2017). "[How do you reconcile your feelings for someone with accusations of sexual misconduct?](#)"

Boston Globe. (November 28, 2017). "[Trauma group offers a community in pain a place to heal.](#)"

New York Times. (November 27, 2017). "[Therapy for Sexual Misconduct? It's Mostly Unproven.](#)"

Self. (November 23, 2017). "[11 Mental Health Tips to Avoid Getting Stressed Out Over the Holidays.](#)"

Facebook Live Video (November 21, 2017). [Holiday Stress: Dealing with Difficult Family Conversations.](#)

Dow Jones Moneyish. (November 21, 2017). "[Your friend was accused of sexual misconduct. What now?](#)"

APA Stress in America Survey "The State of our Nation"

East Oregonian. (November 15, 2017). "[Americans worry about politics, nation's future.](#)"

Huffington Post. (November 8, 2017). "[Americans feel less sad and anxious than when Trump was sworn in.](#)"

Inverse Science. (November 8, 2017). "[If you cried on election day 2016, psychologists say today will be rough.](#)"

Vox. (August 22, 2017). "[Experts agree: Don't avoid political conversations with family members.](#)"

Progress Notes Podcast (August 2017). "[Psychologists, Social Media, and Digital Ethics.](#)"

American Psychological Association Five Minute Videos for Early Career Psychologists. (July 2017). [Talking to the media to promote psychology.](#)

The Baltimore Sun. (June 26, 2017). "[Day passes for vulnerable patients of psychiatric hospitals can have dangerous, even fatal consequences.](#)"

Deseret News. (April 26, 2017). "[This Mormon mother's new documentary addresses frustrations with finding mental health care in America.](#)"

APA Stress in America Survey "Coping with Change" - Part 1: 2017 Post-Election Stress and Part 2: Stress and Technology

TV and Online: [C-SPAN Washington Journal](#) (live February 18, 2017)

[NBC News Regional Broadcasts](#) (taped March 9, 2017; aired March 10, 2017)

Radio: [National Public Radio \(NPR\) 1A show](#) (February 6, 2017).

Portland First Addition KPAM Radio (2/15), Bloomberg Radio (2/16), Baltimore WBAL Radio (2/16), Texas 710 KURV Radio (2/16; 2/28), The BradCast w/ Brad Friedman (2/28), Wisconsin Public Radio, *the Joy Cardin Show* (April 7, 2017)

Radio Media Tour moderated by New Generation. (February 23, 2017). Sixteen taped radio interviews with both National and Regional Markets across the US on the "[Stress in America Report, with focus on Technology.](#)"

Print The Washington Post (February 15, 2017) "[Americans are seriously stressed out about the future of the country, survey finds.](#)"

Bloomberg (February 9, 2017) <https://www.bloomberg.com/news/articles/2017-02-09/inside-the-daily-american-panic-attack> and (February 15, 2017) <https://www.bloomberg.com/news/articles/2017-02-15/americans-just-broke-the-psychologists-stress-record>

Huffington Post (February 15, 2017) http://www.huffingtonpost.com/entry/donald-trumps-white-house-is-really-stressing-americans-out_us_58a3265de4b03df370da6428 and (March 16, 2017) http://www.huffingtonpost.com/entry/politics-driving-you-crazy-mental-health-conundrum_us_58c98238e4b02c0695732940

US News and World Report (February 15, 2017). <http://health.usnews.com/wellness/health-buzz/articles/2017-02-15/survey-stress-in-america-increases-for-the-first-time-in-10-years>

Quartz (February 16, 2017). <https://qz.com/912436/americans-just-clocked-their-biggest-spike-in-stress-in-a-decade/>

Reuters (February 27, 2017) <http://www.reuters.com/article/us-health-stress-politics-idUSKBN1662EV> and (March 22, 2017) <http://www.reuters.com/article/us-health-compulsions-mobilephone-idUSKBN16T2S3>

Washington Post Express (March 30, 2017). <https://www.washingtonpost.com/express/wp/2017/03/30/d-c-s-post-election-freakout-is-bipartisan-and-ongoing-heres-how-were-coping/>

Vogue (February 10, 2017). <http://www.vogue.com/article/trump-era-outrage-overload-news-anxiety>

Vanity Fair, Connecticut Post, New England Psychologist, The Oregonian, Spokesman Review, Upgruv, Consumer Reports, Dignity Health

APA Stress in America Survey Reveals 2016 Presidential Election Source of Significant Stress for More than Half of Americans press release in October 2016.

TV and Online: Today Show (aired November 7, 2016).

<http://www.today.com/video/why-have-so-many-americans-have-come-down-with-election-depression-802692163962>

Gray Television (taped October 28, 2016).

<http://www.graydc.com/content/news/Election-season-causes-stress-for-most-Americans-400056911.html>

CNN Politics Facebook Live Video (October 26, 2016).

<https://www.facebook.com/cnnpolitics/videos/1328364747205355/>

WUSA9 5pm News October 19, 2016 (CBS Regional channel in DC, Maryland, and Virginia)

<http://mms.tveyes.com/Transcript.asp?StationID=270&DateTime=10%2F19%2F2016+5%3A04%3A43+PM&Term=%22American+Psychological+Association%22+%2Dformer&PlayClip=TRUE>

Voice of America (taped October 27, 2016); Canadian TV (CTV) live panel (November 2, 2016.)

Radio: CBS Radio (Los Angeles, New York, & National). (October 13 and 14, 2016).

<http://mms.tveyes.com/Transcript.asp?StationID=150&DateTime=10%2F16%2F2016+12%3A42%3A21+PM&Term=%22American+Psychological+Association%22+%2Dformer&PlayClip=TRUE>

Radio Sputnik (Moscow; October 14, 2016).

<https://soundcloud.com/radiosputnik/theres-an-increase-of-people-in-the-us-who-say-that-they-feel-extreme-stress-vaile-wright>

BYU Radio (October 21, 2016). <https://www.byuradio.org/episode/85c6c10b-4c6a-4509-b601-de64463b1585/the-matt-townsend-show-hillary-s-trust-problem-election-causing-significant-stress-parent-previews?playhead=3816&autoplay=true>

Wisconsin Public Radio. (October 13, 2016); Seattle KIRO Radio (October 21, 2016); Denmark Radio24seven (October 25, 2016); WNYC (October 25, 2016); CBS Local Public Affairs Show (October 25, 2016); Chicago WBEZ Worldview (November 8, 2016).

Print: The Washington Post (October 13, 2016).

https://www.washingtonpost.com/news/inspired-life/wp/2016/10/13/people-are-so-stressed-by-this-election-that-the-american-psychological-association-has-coping-tips/?tid=sm_fb

Men's Health (October 25, 2016). <http://www.menshealth.com/health/reduce-election-stress>

USA Today (November 1, 2016; November 6, 2016).

<http://www.usatoday.com/story/news/politics/elections/2016/10/31/election-exhaustion-is-real/93055344/>

<http://www.usatoday.com/story/news/politics/elections/2016/11/06/12-tips-if-your-presidential-candidate-loses-trump-clinton-healing-america/93170124/>

The Wall Street Journal (November 1, 2016). <http://www.wsj.com/articles/we-really-are-losing-sleep-over-the-election-1478015295>

Business Insider (November 4, 2016). <http://www.businessinsider.com/lower-stress-election-day-2016-11>

ABC News (November 8, 2016). <http://abcnews.go.com/Health/stay-calm-election-day/story?id=43382932>

New York Times (11/23/2016). http://www.nytimes.com/2016/11/23/us/california-today-thanksgiving-election-politics.html?_r=0

BBC World Service Brazil; NPR; Naples Daily News; La Presse; La Opinion; Democrat & Chronicle; Washington Jewish Week; New York Daily News; the Economist

Facebook Live Video (October 6, 2016). [National Depression Screening Day](#).

APAPO Practice Update (July 21, 2016). [Running Start to a Great Career: Overcoming self-doubt](#).

Prevention Magazine. (July 2016). "The 10-second anti-anxiety trick." [Print only].

The Commonwealth Fund – Transforming Care: Reporting on Health System Improvement. (June 29, 2016). ["In Focus: Recognizing Trauma as a means of Engaging Patients."](#)

Radio Media Tour moderated by New Generation. (June 16, 2016). Fifteen taped radio interviews with both National and Regional Markets across the US on the *"Stress in America Report, with focus on Discrimination."*

Sample audio from Broadcast News Resource

<http://www.broadcastnewsresource.com/news/APA-Stress-In-America-Survey-2016>
and from WCMU <https://wcmu.org/news/?p=24144>

Family Life Podcast (July 25, 2016). [Stress and Discrimination](#) (taped).

IHeartRadio Interview (taped). (June 14, 2016). "Stress in America: The Impact of Discrimination in LGBT adults."

New England Psychologist. (June 2016). ["Stress in America Survey 2015: The impact of discrimination."](#)

Kansas Health Institute. (May 31, 2016). [Grant provides funds for mental health kiosks in western Kansas](#).

Good Housekeeping Magazine. (May 2016). "Get ready to erase your stress." [Print only.]

Buzzfeed. (April 21, 2016). "[Here's what it's actually like to live with Bipolar Disorder.](#)"

APA Monitor on Psychology. (March 2016). "[5 ways to avoid malpractice.](#)" Vol 47, No 3.

Cosmopolitan Magazine. (March 2016). "[When to Try Online Therapy.](#)"

Salute to Spouses. (October 15, 2015). "[Strategies for stress management.](#)"

WebMD. (September 2015). "[Psychologist or psychiatrist: Which is right for you?](#)"

US News and World Report. (July 23, 2015). "[Apps to mind your mental health: Get the support you need between therapy sessions.](#)"

UNIVERSITY TEACHING EXPERIENCE

Instructor	<i>Advanced Cognitive Behavioral Therapy (PY492)</i> Department of Clinical Psychology The Chicago School of Professional Psychology (DC Campus) Fall 2012; Fall 2013
Instructor	<i>Special Topics: Dialectical Behavior Therapy: Theory & Practice (PY562)</i> Department of Clinical Psychology The Chicago School of Professional Psychology (DC Campus) Summer 2013
Instructor	<i>Cognitive and Behavioral Therapy (CC527)</i> Department of Counseling Psychology The Chicago School of Professional Psychology (DC Campus) Spring 2011; Summer 2011; Spring 2012
Instructor	<i>Psychopathology & Psychopharmacology Lab (CC510/CC511)</i> Department of Counseling Psychology The Chicago School of Professional Psychology (DC Campus) Fall 2010; Spring 2011; Fall 2011
Instructor	<i>Theories of Counseling and Psychotherapy (FO637)</i> Department of Forensic Psychology The Chicago School of Professional Psychology (DC Campus) Fall 2010
Instructor	<i>Introduction to Educational Psychology (EPSY 201)</i> Department of Educational Psychology University of Illinois, Urbana, IL August 2002 – December 2005
Teaching Assistant	<i>Adult Learning and Development (EPSY 362)</i> Department of Educational Psychology University of Illinois, Urbana, IL Summer 2004

HOSPITAL TEACHING EXPERIENCE

Instructor	<i>Individual Psychotherapy Seminar</i> Predoctoral Psychology Interns Saint Elizabeths Hospital, Washington DC
Instructor	Professional Development Seminars – <i>EPPP</i> and <i>Clinical Research and Grant Writing</i> Predoctoral Psychology Interns Saint Elizabeths Hospital, Washington DC
Lecturer	<i>PRITE Statistics Review</i> Psychiatry Residents, Saint Elizabeths Hospital, Washington D.C.
Instructor	Trauma Seminar – <i>Domestic Violence/PTSD</i> Psychiatry Residents; NEOUCOM, Akron OH
Lecturer	Didactic Seminar – <i>Introduction to Dialectical Behavior Therapy</i> Predoctoral Psychology Interns VA Illiana Health Care System, Danville, Illinois

HONORS AND CERTIFICATES

2019	APA Fourth Quarter Service All Star Award
2013	Certificate of Appreciation for DBT Skills Group Therapy Program awarded during the 3 rd Anniversary of the SEH Patient Advisory Council
2008	Participant, American Psychological Association 2008 Federal Advocacy Training and Capital Hill Day for Violence Against Women Act. Washington, D.C.
2007	University of Illinois, Departmental Research Travel Grant
2004 – 2006	University of Illinois Incomplete List of Teachers Rated as Outstanding (Top 10%)
2005	University of Illinois, Departmental Research Travel Grant
2002 – 2004	University of Illinois Incomplete List of Teachers Rated as Excellent
1998 – 2000	Deans List, University of Illinois, Urbana – Champaign
1998 – 2001	University of Illinois Lake County Children of Veterans Scholarship (Full Tuition)

PROFESSIONAL ACTIVITIES

Ad-Hoc Reviewer

American Psychologist
Professional Practice: Research & Policy
Psychological Trauma: Theory, Research, Practice, and Policy
Psychology of Women Quarterly
Journal of Trauma and Dissociation
Journal of Anxiety Disorders
Violence Against Women
Journal of Child Sexual Abuse
Journal of Dual Diagnosis

Committees

Expert Advisory Board for UW ALACRITY Center [R03/R34] (2018 – present)
MACRA Episode-Based Cost Measure for Psychoses Workgroup (2018 – present)
AHRQ RoPR Depression Outcome Measure Harmonization Project (2017 - present)
CMS Technical Expert Panel for Elder Maltreatment Screen and Follow Up (2017 – present)
CMS Technical Expert Panel for Documentation of Current Medications in the Medical record (2016 – present)
Reviewer APF Pearson Early Career Grant (2016 – 2018)
PCORI Team Science Training Program Stakeholder Representative (2016)
APA Stress in America Team (2015 – present)
Saint Elizabeths Hospital (SEH) Continuing Medical Education (CME) Committee (2012 – 2014)
SEH Medical Staff Executive Committee (At-Large 2010-2012)
SEH Department of Psychology Research Committee (Chair 2009 - 2012)
SEH Psychology Labor Union (Vice-President 2011-2012)
SEH “EARN” Steering Committee/Metrics Subcommittee (2009-2011)
SEH Department of Psychology Assessment Committee (2009-2014)

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)
Division Membership: 12, 17, 35, 38, 56
Association for Behavioral and Cognitive Therapies (ABCT)