

MARINA MAKES MIND YOUR MANNERS RECIPES

SHOPPING LIST

PRODUCE

- 2/3 cups of seedless, red grapes
- 2 tablespoons of diced celery
- 4 cups of your favorite fruit, sliced
(I used strawberries, blueberries, pineapple, grapes)
- Zest and juice of one lime
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MEAT, FISH & POULTRY

- 2 cups of shredded rotisserie (or cooked) chicken
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DAIRY & EGGS

- 1/4 cup of Greek yogurt
- 1 cup of shredded white or orange cheddar cheese
- 1/4 cup of whipped cream cheese
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BAKING, SPICES, OILS & CONDIMENTS

- 1/4 cup of mayonnaise
- 1/4 cup of chopped walnuts
- Salt
- Pepper
- 1 tablespoon of mayonnaise
- 1/2 teaspoon of paprika
- 2 teaspoons of honey
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BREAD, GRAINS & CEREAL

- White or multi-grain sliced bread (2-3 slices per person, depending on how much bread you use)
(GF option: GF bread)
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DRY/CANNED GOODS & PANTRY SNACKS

- 4 oz of diced pimentos
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FROZEN FOODS

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BEVERAGES

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MISCELLANEOUS

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