

Stay Safe While Protesting

6 Tips for Peaceful Participation



1. Be Prepared

- Wear comfortable clothes and walking shoes.
- Leave valuables at home.
- Bring water, sunscreen.

2. Stay Aware

- Keep your eyes and ears open. Know where exits, allies, and law enforcement are.
- Watch for changes in mood or movement in the crowd—trust your instincts.
- Use the buddy system. Agree on a meeting spot in case you get separated.

3. Deescalate Conflict with Counter-Protestors

- Do not engage with hostile individuals. Arguing, or shouting can escalate tension.
- If confronted, stay calm and step back. Turn to face your group or a peacekeeper.
- Have a few de-escalation phrases on hand: “Let’s stay peaceful.” “We’re all neighbors.”
- Silence is powerful. So is song.

4. Stay Peaceful and Grounded

- If you feel overwhelmed, step to the side to breathe or check in with a buddy.

5. Know Your Rights

- You have the right to peacefully assemble and speak freely.
- You do not need a permit as long as you do not block vehicle or pedestrian traffic
- Record incidents if it's safe to do so, but avoid antagonizing others with your phone.

6. Leave No Trace

- Pick up trash, signs, or flyers when the event ends.
- Be respectful of nearby homes and businesses.
- This is a peaceful protest about justice, dignity, and truth. Let’s model these values.



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