



2019 Learning to Birth Online Summit

Week 2 Speaker Program

Follow @learntobirth on FB and Insta

Join the community - <http://facebook.com/groups/learntobirth>

Share a review - <http://facebook.com/learntobirth>



**October 28**

### **Anna Horn - Breastfeeding 101**

Anna Horn is a breastfeeding specialist, doula and founder of Every Woman Collective, an online platform showcasing interdisciplinary work on inequalities with women's health. Holding a MSc in social epidemiology and a BA in anthropology,

Anna's main areas of interest include breastfeeding, maternal-child health, infectious diseases in pregnancy and particularly, understanding the social determinants underlying health outcomes for women, their babies and families. Previously, Anna has worked in HIV/sexual health outreach, national maternal-child health surveillance and education.

[www.annahorn.co](http://www.annahorn.co)

IG: @annahorn.co

Contact Anna for a free 15-minute consultation:

<https://www.facebook.com/aetyson89>



**October 29**

**Christine Perez - Neonatal needs**

Over twenty years working as a nurse working in neonatal and pediatrics.  
Internationally certified infant massage.  
Developmental care certified and advocate.  
Teaching healthcare professionals family-centered developmental care.

<https://www.linkedin.com/in/christine-perez-6a40b9153/>

<https://www.instagram.com/nicuthoughtleader/>

<https://twitter.com/NICUthoughts>



**October 30**

**Irene Chain-Kalinowski - Holistic midwifery**

Irene Chain-Kalinowski is a Registered Nurse Midwife, [Author](#), and Lecturer who has travelled through many continents. Her passion for childbirth has taken up most of her life as a “woman’s advocate” and

mentoring women and families with holistic care to sustain a celebrated childbirth experience. Her passion for education has taken her to almost every country in the world, and after nearly 20 years in New Zealand, Irene was presented in 2016 with a unique and rare opportunity to go to China and work from the ground-up developing a Midwifery School System that is sure to set the bar very high in international midwifery circles. She is now in residence in China and doing amazing work with the government and health organizations to spearhead a comprehensive birthing system that is sure to get the attention of a global audience.

My Body My Baby: <https://amzn.to/2oleNeW>

Three Blind Mice, A midwife's tale: <https://amzn.to/33e4U1v>

<https://www.linkedin.com/in/irene-chain-kalinowski-7a333858/>  
[https://www.instagram.com/irene\\_chain\\_kalinowski/](https://www.instagram.com/irene_chain_kalinowski/)



**October 31**

**Michael Charles Klein -  
Evidence-based care**

Dr. Michael C. Klein, author of [The Dissident Doctor](#) is Professor Emeritus of family practice at the University of British Columbia, adjunct professor of family medicine at McGill University and senior scientist emeritus at the BC Children's Hospital Research Institute in Vancouver. He teaches at UBC in family practice and midwifery and is a long-time member of the editorial board of Birth. He was head of a McGill teaching centre and the Department of Family Medicine at a McGill teaching hospital in Montreal for seventeen years, and head of the Department of Family Practice at BC Children's and Women's hospitals in Vancouver for ten years.

Dr. Klein is best known for his landmark RCT of episiotomy that demonstrated that routine episiotomy caused the very problems it was supposed to prevent. This work is credited with leading to a dramatic drop in episiotomy and a parallel drop in severe rectal trauma across Canada and beyond. He has researched low volume issues in family practice maternity care, sustainability of family practice maternity care and the role of attitudes and beliefs in medical decision-making. Semi-retired, he continues to teach midwives, both clinical and research skills and mentors family practice physicians for their research projects. Buy the Book: <https://amzn.to/2VI0nHy>





**November 1**

**Maryn Green - Indie Birth**

"I am a woman, wife and mother. I am a fierce protector of our autonomy as women and as humans. I believe that birth can change us, and that our babies are worth all the internal searching and all the outside education so that they truly can be born in

peace and love. My own births (10 of them! 1 hospital birth and then 9 at home) have been so stupendous and life-altering and have significantly affected how I "midwife". I believe women know, and have always known, and my role is to guide, listen, support and ultimately hold witness to one of life's main initiations." Author of **Indie Birth**

Buy the book: <https://amzn.to/336TQmE>

[Indiebirth.org](http://Indiebirth.org)

<http://www.indiebirth.org/podcastarchives>

<https://www.instagram.com/indiebirth/>



**November 2**

**Nicola Mahdiyyah Goodall -  
Decolonising Birth**

Dip Ed in Antenatal Education with Luton University and the National Childbirth Trust. Worked as a lay-doula in South London in her local community whilst also working as an aromatherapist. As well as

aromatherapy she holds qualifications in holistic and traditional massage, anatomy and physiology and reiki I and II. Alongside this she also has practical experience in acupuncture, counselling and homeopathy, herbs and other traditional birthkeeper skills.

Nicola became the main facilitator on the Mindful Doulas core workshop programme put together by Scottish doula extraordinaire and author Adela Stockton. 2014 saw the launch of Red Tent Doulas which is a radical new preparation program for women who support new families around birth – preparing themselves for the work by self-development and also education. She began this organisation alongside Hannah Winbolt-Lewis in order to share what she had learnt over the last 20 years with the next generation of birthkeepers.

<https://www.youtube.com/watch?v=9uNHnbGkh4s>

<https://redtentdoulas.co.uk>

<https://www.instagram.com/mahdiyyah/>



**November 3**

**Amy Haderer - Birth Innovation**

Amy is a childbirth assistant (doula), artist, birth activist, mother of six, and founder of Motherboard Birth. Ever since the birth of her first daughter, Amy has been passionate about guiding families through the challenging landscape of their birth

experience.

For over a decade, Amy has provided hands-on support to hundreds of families during the childbearing year. Amy saw a need for better education and better communication between parents and their care team. She is passionate about helping parents understand their options and make decisions based on the best available information. **15% off a parent membership using code**

**"LEARNTOBIRTH" (app.motherboardbirth.com)**

<https://www.facebook.com/motherboardbirth/>

Insta: @motherboardbirth

<https://www.linkedin.com/in/amy-haderer/>