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1 Select a color. Typically, adult Roman men wore an off-white color for their togas. The color was that of un-colored fabric. But other colors were worn, although they usually termed something specific about the person wearing them. For example, if toga was really white because the fabric was bleached, which generally indicated the person was in public office. Dark colors indicated that the person was grieving. White with a purple border was worn by curule judges, while purple with a gold thread around the border was worn, at different times, by generals (although only those who had won battles and wars), kings and emperors. 2 Choose a type of fabric. The Romans wore wool, mainly because it stayed in place better than other fabrics. However, wool can be itchy, as well as very hot. In addition, wool is an expensive fabric. If you want something cheaper, a cotton blend should be fine. [1] Muslin is a good option, as it is light and flowing. Another option is all the flannel that flows. You can find both of these fabrics at your local fabric store. Basically, you don't want anything too smooth because it will slip right off. 3 Get the right length. A true toga requires about 4 to 5 feet (4 to 5 m) of fabric, depending on your height and build. If you are a little bigger, you may want to spring for 6 laps (5.5 m), forever in case. [2] In the fabric store, you can specify how much fabric you want. Sometimes, if you get the end of a bolt, the store will give you a discount on buying the rest of the bolt passed what you ordered to be cut. For example, if you ask for 4 turns and the bolt has 4 3/4 turns, the store can give you a discount if you want that extra 3/4 of a yard. 4 Go for a sheet. Another, simpler option is to use a simple sheet. Even if you don't get as much length as a traditional toga, it can be an easy way to create a toga. [3] A queen has a good size. It's slightly longer than a full one, but it doesn't have as much width as a king. Some people prefer a twin or full because it doesn't add as much bulk. 5 Wash the fabric. It can help to wash and dry the fabric. Washing it makes it softer, which can help it flow better. Try adding a fabric softener to help with the process. You can run it through the washing machine twice if once not soften it enough to drape well. 1 Decide if and how you want to sew your fabric. You can use the fabric just as it is. But you can also sew it to make a toga that is more in line with a traditional shape. Another option is to simply hem the edges. Although it doesn't matter with some fabrics, hemming the edges will keep your toga from abrasion. If you don't care about abrasion, you can skip the hemming process. 2 Cut the toga. The shape of the toga changed over the years. You can cut your toga to be more like a traditional toga, if you like. However, you can simply leave it as a because because which is how you will get it from the store. A shape was a straight line over the top and a curve over the bottom, creating pointed ends. A later shape was more of a hexagon, with a straight line over the top, with two lines skewed down to points. The bottom was a straight line with two lines slanted up to the same points, although these are slightly curved. This shape is flatter than a regular hexagon. [4] If you want any of these shapes, cut the fabric with fabric scissors, leaving about 2 1.4 inches (5.7 cm) around the sides to fold the fabric. 3 Hem edges. Whether you're hemming the edges of the rectangle or of the toga you cut out, you can use a simple double-folded hem. [5] If you have any curved edges, you may need to take an extra step to sew along it before folding. [6] Iron the edge. To hem the raw edges, fold the fabric into about 3.4 inches (1.9 cm). [7] If you're hemming a curved edge, you can make this part easier by sewing along the edge first, about 3/4 of an inch in, then folding it along that line. [8] Iron the edge. Fold it in again, this time about 1 1/2 of an inch in. Iron it again. [9] Sew along the inside edge. To tick down the hem, sew it down, closer to the inside edge than the outer edge. [10] You can also sew small weights in the hem to help it hang better. [11] 4 Use fabric glue. If you prefer not to sew, you can use fabric glue. Iron the hem first, fold it over twice as you would if you sew. Then either use a liquid glue or an iron-hem tape to glue it down. [12] If you use the hem band, you probably need to iron the outside of the fabric to get it stuck. Make sure not to make the glue too thick, or it may show through the other side. Try it first to see what it looks like. 1 Start with your left arm. Take a corner or edge, and fold it over your left arm from the back. It should hang down pretty far, past your knee. [13] If you used the hexagon shape, you must fold it in half first. [14] The Romans usually wore at least one tunic under their togas. You can wear a shirt and shorts/pants or a skirt to cover up. [15] 2 Drape the other part around the back. Pull the rest of the fabric around your back. The part that drapes around the top of your shoulder/arm should also be on top when it comes around your back. In other words, you don't want it to twist. Pull it around so that it comes around your right side, under your arm. You may need some help at this stage, because the fabric is so long. 3 Wrap it over the front of the body. Pull the fabric around the front of your body, leaving enough to drape down your right side. Throw the rest of the fabric over your shoulder. Make sure the fabric drapes around the hip. You don't want it to be too hard. In addition, this step makes the length of your toga, so make sure it is long enough. The next step will be partly your upper body. 4 Wrap it around again. Come around your right side a second time, again under your right arm. Let it drape down your right side, a little higher than the first time. Throw the end over your shoulder again. [16] The point should be a little higher in the back than it is in front. 5 Adjust the toga. Look in the mirror, and adjust the draping. You may need to drag it in places so it covers more. Extend or shorten the ends as needed. You can also attach it to help stay in place. [17] A good place to pin it is on the left shoulder. Although the Romans usually do not pin their togas, attaching it will give you more freedom to move, because the toga was quite restrictive. You can also use a belt to help keep it in place. 6 Accessorize your toga. You can use plastic swords and shields that can be purchased at a dollar store, toy store, or costume store. You can also look for fake gold chains, jewelry, or amulets to accessorize your toga. Wear sandals to complete the look. Another option is to create a false laurel wreath. Unfurl a wire coat hanger, and transform it into a wreath around the head. Get plastic sheets from an art supply store or collect real leaves and glue them or wrap around the thread. Make sure you let the glue dry. Be liberal when applying the leaves to cover the thread. 1 Fold the sheet. How far you go it depends on what you prefer. Nevertheless, it should be folded approximately lengthwise. [18] If you use a twin or an entire sheet, you do not need to fold the toga. [19] If you fold it exactly in half, you will make a very short toga. [20] For a longer toga, don't go all the way down when folding it. Fold it on a different path. [21] Remember, togas were generally worn over tunics, so you can wear it over a shirt or any other type of garment or even your regular clothes. Using a sheet, in particular, creates a pretty stingy toga, so you probably want to wear something under it. 2 Drape one end over left arm. You can drape the entire edge over your left arm. This end will hang down in front. [22] Another option is just draping the top corner over so it forms a point. [23] If you drape the toga yourself, the easiest way to do this step is to throw the entire sheet over your shoulders like a coat, lengthwise. On your left side, pull it so just the end hangs over your arm, then pull up the slack on the other side. [24] 3 Pull it under your right arm. Now that you've got it draped on the left side, pull it under your right arm. [25] You can leave it over your right arm, as the Romans sometimes wore togas almost like a sling, but you get more movement if you drag it underneath. [26] Try to gently week the part that goes under the arm. That is, when it comes around the hip from the back, use your hands to fold the fabric back and forth, so it drapes into small folds. [27] 4 Throw the rest over your shoulder. Finally, take and push it over over left shoulder. Try to get as much of it over your shoulder, while pulling the right side down over your hip slightly. [28] Though the Romans don't usually pin their togas, you can use a safety pin to attach it to the shaft. That way, it won't slip off. [29] Add New Question Question Does This Really Work? Yes, this works as long as the sheet is the right size. For an adult, a queen size sheet should work fine as long as you are under 6 feet tall. If you are taller, use a king sized sheet. Ask What if you don't have a sheet? You can try looking at a thrift store for an old sheet, or ask your friends/parents/grandparents if they have an extra. Question Can I dress like Poseidon while wearing a sea green toga? Yes. It's a good costume idea. Ask a question This article was co-authored by our trained team of editors and researchers who validated it for accuracy and comprehensive. wikiHow's Content Management Team closely monitors the work of our editorial team to ensure that each article is backed by trusted research and meets our high quality standards. This article has been viewed 340,862 times. Co-authors: 10 Updated: September 11, 2020 Views: 340,862 Categories: Togas Print Send fan letters to authors Thanks to all authors for creating a page that has been read 340,862 times. I was looking for a quick toga for a one-time Bible reenactment, and this info was exactly what I needed! Thanks! ... more I have no plans for a toga party, I just enjoyed reading all the fun. I'm so happy to know what length of fabric to get and how to make my toga! The others helped too, but I only need the third and fourth parts. Good read and good info. Share your story

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