

# Helping Boys to be Allies: changing the culture where men's violence is not tolerated

## Thursday 20th May 2021

#### **SPEAKER BIOGRAPHIES**

# Graham Goulden Director, Cultivating Minds UK

Graham Goulden was a Scottish Police for 30 years, the last 8 of which he spent working with the Scottish Violence Reduction Unit. During this time he began to see the many issues that impact disproportionately on boys and men and set about starting important conversations to support boys and men as well as engaging them to see their role in the prevention of all forms of men's violence. He is an



international speaker and trainer working in sports teams, schools, universities, workplaces, prisons and in local communities. Graham is a passionate advocate of the bystander approach and its use to reduce violence as well as to start conversations with boys and men on these issues. For more information see his website https://grahamgoulden.com/

### Dr Martin Robb Senior Lecturer, Faculty of Wellbeing, Education and Language Studies and Academic Lead, MA in Childhood and Youth, The Open University

Dr Martin Robb is a Senior Lecturer in the School of Health, Wellbeing and Social Care at The Open University, where he coordinates the MA in Childhood and Youth Studies. Before joining the OU, Martin organised education projects with



marginalised groups and communities. His academic research has included studies with young men from socially disadvantaged backgrounds, with a particular focus on their experiences of care and relationships. He is co-editor of the journal *Children & Society* and the author of the book *Men, Masculinities and the Care of Children: Images, Ideas and Identities*, published by Routledge in 2020.



### Dr Kirsten Russell Researcher Analyst, Scottish Violence Reduction Unit

Dr Kirsten Russell is a Researcher within the Scottish Violence Reduction Unit. Kirsten is responsible for the design and implementation of research and evaluation projects within the unit and recently produced an evidence summary of "What Works to Prevent Youth Violence" in partnership with Scottish Government analysts. Kirsten is also a Visiting Researcher within the School of Psychological Sciences and Health (University of Strathclyde) where she completed her



PhD examining risk factors for self-harm in young people living in Scotland.

### Susie Heywood Co-founder, Gender Friendly Scotland

Susie Heywood is the co-founder of Gender Friendly Scotland, an initiative which aims to ensure that young children are not limited by harmful gender stereotypes we find across our society. The Gender Friendly approach is grounded in a belief that these stereotypes are harmful to everyone and that they play a role in many of the big public health issues that we are experiencing in Scotland. By taking an equitable approach, providing a counterbalance to these restrictive and binary gender "ideals"



and understanding how they fit within a wider system of inequality, Susie believes we can all benefit.

Susie is an experienced public health professional, with experience around areas such as suicide prevention, mental health, behaviour change, training and education. She is mum to two young children and is passionate about making Scotland a better place for them to grow up in.

