

GREEK SALAD DINNER

Matrix Code CB203 for StartOver.xyz (revised 9 December 2018 by Clinton Callahan)

(serves as many as you invite)

INTRODUCTION:

Greek salad is the equivalent of a good time: light food, Mediterranean weather, eating outside in the fresh air with lots of friends. There are no measurements for the ingredients below because each chef has their own taste, their own favorite way to make vinaigrette salad dressing, and their own favorite condiments. This recipe is more to remind you that you could serve a Greek Salad Dinner today, and here are some basic ingredients you might need to put one together. The rest is up to you!

SALAD INGREDIENTS:

Feta cheese from goats or sheep (not from cows)
Black olives (e.g. Kalamata, not the dried wrinkled kind)
Sliced tomatoes (cherry tomatoes go wonderfully here)
Sliced cucumber with the skins on
Sliced yellow and red bell peppers, or green if you like
Red onion sliced in rings
2 kinds of lettuce (not iceberg)

DRESSING:

Red wine vinegar vinaigrette and olive oil dressing, perhaps with oregano. Use your favorite recipe. Consider this:

1 tablespoon dried oregano
1/4 cup red wine vinegar
1 cup extra virgin olive oil
2 large garlic cloves, mashed
Salt
Freshly ground black pepper

PRESENTATION:

Serve with an assortment of the following:
Dolmades – rice rolled in grape leaves
Eggplant lightly sautéed in olive oil and herbs
Zucchini lightly sautéed in olive oil and herbs
Eggplant dip
Greek bread
Capers or Pepperoncini if you like
Any other Greek condiments or dishes you enjoy and would like to share

