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## La fitness personal trainer cost reddit

Hey, guys. I'm trying to get in shape. I was a bit chubby, went on a Keto diet for a month and got quite skinny. I am ready to become serious and start a very steady and clean growth. I'm curious if anyone has experience of personal training over at Los Angeles Fitness? If they have any specific requirements for their coaches, the quality of their training programs, etc... I want to have a coach to start me and help me grow at least until the end of the year. I'm just looking for recommendations and testimonies. Thank you! Page 2 10 comments So I read around and I have a small idea for the limited choices I have here and I hope (prayer) that someone can provide me with a little help finding other options. Situation: Got talked into registering at LA Fitness. 52 weeks \$250 a month, personal workout. Why? Because I had never been to the gym, wanted to get in shape and was ignorant and stupid. So signed up with this seemingly good 20-year-old kid, only bought the reason I loved it and I commissioned sales as well so I felt for the guy even though I had this question in my head whether I could afford it. I bring up objections, perhaps not being able to afford it, he says good personal health is important, and people tend to spend it on things like fast food (I spend a lot there) and such. Great tipping. We say he mentions his wife, I talk about my baby, dude knows how to build a personal relationship. In the end I think hey I had some good weeks before, so why not. Don't really understand the contract, since the child kinda glosses over some important details while we're talking, was me initial to receive. I went home, checked my financial situation, realize that it does not fit well into the budget. I'm torn, on the one hand, I want to improve myself, on the other hand, I can not afford it. Read the contract, see the 3-day period of lifting grace, call the guy. I'm telling the guy on the phone, I'm sorry, but hey, I can't afford it, I have to cancel. He certainly tries to persuade me to keep it by telling me that I should cut back on where and that my health is more important. I tell him that I just can't afford it, he that he works for the commission he has an amazing retention rate and I would spoil that and besides, he's already spent the money he's made and will have to pay him back into business. OK at the moment my dilemma is that I like the guy, he seemed cool and I feel for the guy the reason I'm selling and I also hate losing sales, but I can't afford it. Emotions defeat logic and go into budget recycling. I recycle my budget, but no matter what, this square peg doesn't fit into the round that my budget, which is already crammed full of other pegs. I'm calling the guy, there's no answer. I call the gym, it's unavailable, they tell me to leave a message and they'll let him know. The day passes, the answer is no. I'd go in person, but the work schedule won't allow me to be there when he or the general manager was there. So basically the guy was waiting for my calls and because of my 12-hour workday I wasn't able to go in person, I also didn't realize there was a mailing option. So I think it's great that I. Once again the emotion rationalizes that hey! I work off the commission, I just have to work harder to do the job! This is unfortunately not the brightest thought, since I am a single father who has a child who costs me \$150 a week for kindergarten. Basically I've struggled to pay for it so far. I like that I get great results, but I can't afford it. I constantly stress over my financial health because if something goes wrong financially, I'm. So 6 months, barely forcing him to work with a few good weeks here and there, get your head down just to be behind again. I went this week (doubting that this would work) to explain my situation to my coach that I should cancel, since I almost could not afford to pay kindergarten, he realizes being a father says he will cancel it (hopefully). I ask that in writing, he tells me that we should talk to GM (worry again), the guy says you can redeem your contract for \$960. The cancellation fee is more than unreasonable its ridiculous, not even cable or cell as bad as it is. I can't afford monthly payments, how should I afford it? Options: Canceling a debit card or account, let it fall on debtors and ruin my credit (which I just started to build) and chased my collectors! read on a similar post the guy filed with little prenest and since the gym didn't show his default in his favor or pay it off due to termination options include paralysis or death, forcing the gym to get out of the business either (not related to TX (I live there), or so GM claims) a move to another state that does not provide LA Fitness within 25 miles. HELP ME, PLEASE! TL: DR I'm an idiot who signed up for LA Fitness personal training and I'm financially sinking faster than Titanic. Cancellation is \$960, can not afford that or monthly payments (maybe if I did not pay kindergarten however sorry, but the child comes first). I live in Texas, too. Page 2 Hello everyone, I basically lied about many aspects of the agreement that I signed. I know it's my fault, so please, I don't need a lecture. It really was a lesson. From now on I will stay in the institution for a few hours with a magnifying glass reading and understanding every detail of what I am about to sign. What I need from you is advice on what I can do in the future. What happened is that I signed up for this gym. I knew I wanted to train. I got my first session and mine was completely kicked. Now I see that it was a scam tactic for the coach to strongly insist that we have a session and then talk money later. He pushed me so hard I thought I was to collapse. Windward and in pain, I ended up signing off. I was lied to about the price (it's \$100 more expensive each month) and about it, being on a monthly basis without a penalty for early cancellation. It was just a lie. The only piece of evidence I have is that the person who signed me gave me his personal camera. The very day after check-in I noticed that I was charged \$100 more. He admitted it and said he wasn't sure what happened, but he'd fix it. It's been a solid month getting a run! And not just from the person I signed up with, his manager, vice president, customer service representatives, they all gave me half assed answers and decided nothing for a month!!! I'm in RI. I found some resources about the places to call to file a complaint and to investigate. Are any of you familiar with the RI law? Did a text message (somewhat actually) that admitted that we were talking about another agreement to help me get out of that contract anyway? I've also developed tendonitis since training, and today I received a notification that my salary is being cut by \$5 an hour (which is a bad time). Can changes in medical status or income help me in any way? On a side note, I was told that a copy of my contract would email me, it never was. And I get emails from L.A. Fitness all the time. Customer service confirmed to me that they never emailed these, I had to get a print out that night. Does anyone know if these computer gym systems track when contracts are printed? I suppose he could print it and grind it after I left, but if he didn't and the records show that I never got a copy would this information be useful anyway? As the worst-case scenario, how mandatory is a typical gym/training contract? Since I really can't afford this with my recent pay cuts I mean telling my bank not to authorize more payments to them. Will I be at any real risk of being sued or having it go for the collection? Thank you for your time. Any contribution to my best course of action will be appreciated. Page 2 5 comments looking at potentially applying to become a trainer at LA Fitness I belong to now. I have no prior training experience at all. Does LA Fitness have a reputation for hard gym in terms of hiring, giving you clients etc? All that would be very appreciated. Thank you! Page 2 11 comments Hello Everything, I'm new to search FOR PT for myself. I recently signed up for LA Fitness next to me and had my free Eval PT appointment. The quote I got was the following. 1 session per week \$149 \$200/mo for 12 months. OR \$240/mo for 6 months. Are these decent bets? They do provide app recourses and customized workouts from session times as well. But I am very unfamiliar with the prices for these sessions. Any insight would be amazing. Thank you all. I was hoping to get some idea of exactly how personal training at LA Fitness works before I head in for my Background information is a NASM PPC certified earlier this month. This will be my first training job. There is no prior background in fitness or training. So here's the general situation: I need to get out of my current life situation as soon as possible. Not in danger or anything, it's just unbearable. I stay with my family so I don't pay rent or anything like that. The problem is that the area in which I live now has a very high cost of living, so even if I got a bunch of PT jobs here, I wouldn't be able to feed myself and go out for more than 6 months and I can't figure that out. So about two hours or so far more rural college town, which has a low cost of living, short-term apartment rentals, etc. I applied for one in LA Fitness and received a text from the hiring manager the next day asking for an interview that I have on Monday (not in a place like this two hours away, but in one of the places where it works is that closer to me.) The district itself has a bunch of other Big Box Gyms as well (Gold, Anytime) and smaller specialty gyms (Orange Theory, Group Class Facilities) and a bunch of specialty and sports schools (strength and conditioning, sports special training, etc.) I applied for ones that had applications and sent cold contact to those that didn't (Hey, I have a Lego, I have a PTert I would like to talk about how I can get the learning experience with you, etc.). Now, I've done enough research to know LA Fitness is usually considered the worst of the big boxes for PTs. My plan is that if I can get this job, use it as an anchor to get to the area and then start appearing in person with a local address in these other gyms and see what kind of work I can get, what kind of job I think I can get, what kind of work I think that they would be more receptive than some fool sending emails from addresses two hours away. Anyway, before I go for an interview, I would like to know exactly what to expect from LA Fitness so I don't get worked on hiring a manager. I've done as much research as I can, but I sometimes get conflicting information. One of the great things I see time and time again is that coaches aren't sellers. The sales team sells packages, trainers deliver sessions, but don't make commissions and no time of downtime to pay, they basically just guide customers through sessions and fitness evaluations. So, here are my main questions: How is a personal coach planning a job? Will I be scheduled for a shift, or will I only show up when I have clients who have been booked for me? Personal trainers should sell or cool approach on the floor? Or what I read is true, and there is a sales team that does this, and the coaches just training when they are planned? I know the money for sessions is low. Will having a certificate get me any extras? What is a progression coach? I've read some things about Master Coach and other trainer titles, etc?? Should I have my own personal liability insurance or LA coverage coverage I was planning to get some anyway, but I just want to check. All I have to watch out for or fear? I already know that I'm going to make sure the guy knows I'm there to train and not be a sales rep or front desk only who have had other posts about working in that place as well. I'm there to train, otherwise why bother being there. Am I out of my mind? Maybe it's the desperate need to get out of this house, that it's clouding my judgment, but my getting an anchor job, going to other gyms and schools when I get there, scum for shifts and work to get as much experience as a resume padding, move somewhere I really want to live and get a job I really want to make the plan seem like the best option. My long-term career goal is sports performance and performance optimization, but I know I can't just cross the line and start training combines on EXOS. I know I need to start here and grind. Thanks.EDIT - UPDATE POST INTERVIEWThanks for advice to everyone. I really appreciate it. It's a big community. It was a full fucking bust. I walked in, was immediately delivered to the front desk and essentially told the manager within 2 minutes that being a personal trainer at LA Fitness is a waste of time and paying the crap, and what I really want to do is membership sales. I then got a hard sell for all the fabulous money that I could make if I made sales, not, commission goals, closing interest speech, all very rehearsed, all hard to sell. When I raised training again, the manager told me that I couldn't do training and sales, and that I could be a coach if I wanted to not make money and compete with master trainers for clients, but hey I told you how great are membership sales? I make all this money on blah blah blah. So I guess I should start over. Thanks for warning everyone. Page 2 26 comments comments