

**Registration:** <http://nutritioncare.org/cspen>

Or, mail in completed Registration Form below along with your payment via check.

**Hotel Information:** CSPEN has a group rate of \$154/night available at the Spring Hill Suites next to the hospital. The link to register for discounted rooms is available on the CSPEN website at [coloradonutritioncare.org](http://coloradonutritioncare.org). You must book by 10/18/18 to receive the special group rate.

## Registration Form

Nutrition Support Symposium 2018

Name: \_\_\_\_\_  
Credentials: \_\_\_\_\_  
Institution/Affiliation: \_\_\_\_\_  
Position/Title: \_\_\_\_\_  
Email: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Are you a CSPEN member? YES NO  
ASPEN Membership #: \_\_\_\_\_  
Registration Fees  
CSPEN Member / Non-Member:

Early (ends 10/12/18):	\$119 / \$179
Regular (10/13-11/5/18):	\$139 / \$199
Late (11/6-11/9/18):	\$159 / \$219
Student:	\$69 / \$69
Single Session:	\$35

Lunch and refreshments included in full day registration.

Registration Fee Enclosed (make check payable to CSPEN): \$ \_\_\_\_\_

Please detach and return with payment to:

CSPEN Symposium Registration  
8401 Colesville Road, Suite 510  
Silver Spring, MD 20910

By registering for this conference I acknowledge and agree that my voice or image may be recorded for future use by the Chapter.

## Continuing Education

### Course Goal and Target Audience

The CSPEN conference aims to support healthcare professionals as they improve their knowledge of nutrition support through participation in evidence-based discussions. The conference is targeted to nutrition support professionals including but not limited to dietitians, nurses, pharmacists, and physicians.

### Learning Level

The sessions in this conference are planned at the intermediate learning level. Intermediate assumes a general knowledge of the literature and clinical practice within the areas covered. Intermediate sessions are aimed toward individuals wishing to expand their skills and knowledge base.

### Successful Completion

To obtain credit for this course, participants must attend in full each session claimed for credit and complete the evaluations in ASPEN's eLearning Center at [www.nutritioncare.org/elearning](http://www.nutritioncare.org/elearning). Registered attendees may log in with the email and address on file with ASPEN. All evaluations must be completed and credit claimed by December 9, 2018, no exceptions.

### Accreditation

*Nurses, Pharmacists, and Physicians*

In support of improving patient care, this activity has been planned and implemented by the Colorado Society for Parenteral and Enteral Nutrition

(CSPEN) and the American Society for Parenteral and Enteral Nutrition (ASPEN). ASPEN is jointly accredited by Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

A maximum of 6 contact hours/0.6 CEUs may be earned for the CSPEN Nutrition Support Symposium 2018.

ASPEN designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ASPEN is approved by the California Board of Registered Nursing, Provider CEP 3970.

ACPE Universal Activity Numbers (UANs) are provided with individual session information. Sessions not displaying UANs are unavailable for pharmacy credit. Knowledge activities.

### *Dietitians*

ASPEN, Provider AM005, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive a maximum of 4.0 continuing professional education units (CPEUs) for the educational programming. RDs may also receive 1 CPEUs for interacting with exhibitors. Dietitians may post opinions of the program on CDR's website.

### Grievances

Any grievances should be addressed in writing to: ASPEN Director of Education and Research, 8401 Colesville Rd, Suite 510, Silver Spring, MD 20910. You can also email the CSPEN President at [cspen.nutrition@gmail.com](mailto:cspen.nutrition@gmail.com).

### Policies

**Non-Commercialism:** ASPEN subscribes to the ACCME Standards for Commercial Support. ASPEN does not provide programs that constitute advertisement or include promotional materials. ASPEN does not endorse any products.

**Privacy and Confidentiality:** ASPEN respects the privacy of its members and website visitors. Companies that receive personal information from ASPEN in order to execute the business of ASPEN may use personal information only for that purpose. Information regarding discussion of the off label use of products, if any, will be provided in the onsite program materials and/or syllabi, not this brochure.



# NUTRITION SUPPORT SYMPOSIUM 2018

PRESENTED BY:

**cspen** | COLORADO SOCIETY FOR PARENTERAL  
AND ENTERAL NUTRITION  
A Chapter of the American Society for Parenteral and Enteral Nutrition

**Continuing Education Credits  
will be available for  
MD, RN, RD, and PharmD**

**Friday, November 9, 2018**

**Bruce Shroff Conference Center  
University of Colorado Hospital  
12605 E 16th Ave, Aurora, CO 80045**



## Agenda

### 7:30-8:00am Registration, Exhibits

### 8:00-8:15am Welcome

Cami Tynan, MS, RD, CNSC, CSPEN President

### 8:15-9:15am Morbid Obesity: The Surgical Approach and Nutritional Consequences

Jonathan Schoen, MD, FACS, Associate Professor of Surgery, University of Colorado Hospital, Aurora, CO

Objectives:

- Define indications and contraindications for bariatric surgery
- Review the bariatric surgical options
- Discuss the risks of each procedure
- Examine the potential nutritional consequences especially when there is a complication and explain methods for supplementation

UAN: JA0002345-9999-18-119-L01-P

### 9:15-10:15am Chronic Constipation: The Hard Truth

William Chey, MD, Professor of Internal Medicine, Director, GI Physiology Laboratory, University of Michigan, Ann Arbor, MI

Objectives:

- Describe patient perceptions of chronic constipation.
- Review the pathophysiology of chronic constipation
- Discuss the diagnostic tests available to better understand the pathophysiology of chronic constipation
- Review the treatment options available for patients with chronic constipation

UAN: JA0002345-9999-18-120-L01-P

### 10:15-10:45am Morning Break and Vendor Exhibits

### 10:45-11:45am Management of Enteral Access Devices and Ostomy Site Care

Katina Rahe, BSN, RN, CPN, Nurse Coordinator, Enteral Access Team, Children's Mercy Kansas City, Kansas City, MO

Objectives:

- Identify and manage enteral access devices
- Recognize complications with enteral access devices and discuss appropriate interventions
- Identify ENFit products and issues related to ENFit
- Identify complications at an ostomy site

UAN: JA0002345-9999-18-121-L04-P

### 11:45am-12:15pm Poster Session

### 12:15-1:15pm Lunch, EnFit Hands-On Learning Lab, Vendor Exhibits

### 1:15-2:15pm Pediatric Parenteral Nutrition: Getting It Juuuust Right...

Kristin Brown, MS, RD, Clinical Dietitian, Children's Hospital Colorado, Aurora, CO

Objectives:

- Identify, monitor and adjust micronutrient provision in the pediatric population
- Describe considerations for amino acid selection
- Outline considerations for lipid emulsion selection

UAN: JA0002345-9999-18-122-L04-P

### 2:15-3:15pm Future Directions in Nutritional Screening and Assessment for Hospitalized Patients

Sadeq Quraishi, MD, MHA, MMSc, Associate Director, Nutrition Support Unit, Massachusetts General Hospital, Boston, MA

Objectives:

- Present emerging data on the use of formally trained vs non-trained healthcare professionals in screening for malnutrition.
- Present emerging data on the use of NRS 2002

vs NUTRIC vs PANDORA for malnutrition risk screening in hospitalized patients

- Present emerging data on the use of point-of-care resting energy expenditure devices
- Present emerging data on the use of quantitative computed tomography and ultrasonography for assessing nutritional status

UAN: JA0002345-9999-18-123-L04-P

### 3:15-3:30pm Afternoon Refreshment Break

### 3:30-4:30pm Nutrition and Pharmaceutical Aspects of Oncology Care

Erin Williams, RD, CSO, CNSC, Clinical Dietitian, University of Colorado Cancer Center, Aurora, CO

Objectives:

- Describe the role of the outpatient subspecialty nutrition support clinician
- Identify common challenges the nutrition support clinician faces with managing outpatient oncology patients
- Identify strategies the nutrition support clinician can use to optimize the care of high acuity patients in the home setting

Jeff Kaiser, PharmD, Clinical Pharmacist, University of Colorado Hospital, Aurora, CO

Objectives:

- Describe common chemotherapy/food/dietary supplement interactions
- Describe different categories of cancer therapy; chemotherapy, immunotherapy, and targeted therapy
- List common side effects of cancer therapy and how these side effects are managed

UAN: JA0002345-9999-18-124-L01-P

### 4:30pm Closing Remarks

Cami Tynan, MS, RD, CNSC, CSPEN President

