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Helena Kallner, MA, MSc, UKCP registered psychotherapist, practises Gestalt psychotherapy in Stockholm. Helena is a senior teacher and supervisor of Developmental Somatic Psychotherapy, presenting workshops and trainings internationally. She is presently a doctoral student at Metanoia Institute/Middlesex University (UK), researching psychotherapists' use of movement and kinesthetic resonance. Helena works closely with [Ekskäret Foundation](#) (Sweden).  
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