



Paolo Baiocchi

Advisory Board International Gestalt Institute
Switzerland

Paolo Baiocchi is a medical doctor, psychiatrist and psychotherapist. He was trained for 25 years by Claudio Naranjo as a trainer and then a supervisor, by Erving and Miriam Poster (completed their two months training program in San Diego) and by Paolo Quattrini in Italy. He is director of Istituto Gestalt Trieste which is a Gestalt Training School for psychologists and medical doctors authorized by Italian Ministry of Education and a Gestalt Counselling School recognized by AICO. He is the founder of three patented methods: Comunicazione Sana, Gestalt Empowerment and Le Dodici Meditazioni. He is author of three books: La comunicazione affettiva e il contatto umano, Gestalt Empowerment - Manuale per una rivoluzione culturale e Le Sacre Fonti.

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